

Platz	Nachname - Vorname	StNr.	Jg.	Platz M/W	Zeit (Brutto)	Platz AK	Rückstand	Zeit (Netto)	Team / Verein
1	FRÖHLICH Emily	581	02	1 F	00:21:18.77	1 U18		00:21:12.19	Radhaus Pacak
2	SCHERMULY Julia	505	99	2 F	00:23:33.90	1 HK	+ 2m16s	00:23:30.12	Bischöfliches Ordinariat Limburg 3
3	STEFANIE Scholz	527	94	3 F	00:24:43.27	2 HK	+ 3m25s	00:24:36.49	HTI Hortmann KG
4	HUBER Katharina	571	89	4 F	00:24:44.17	1 W30	+ 3m26s	00:24:36.69	MOBA Mobile Automation AG
5	EISENKOPF Christine	451	87	5 F	00:24:51.06	2 W30	+ 3m33s	00:24:42.09	Albert Weil AG Team 1
6	SCHWAB Renate	516	89	6 F	00:24:55.57	3 W30	+ 3m37s	00:24:51.19	FITNESS-pur GmbH
7	THOME Michelle	588	95	7 F	00:25:28.16	3 HK	+ 4m10s	00:25:19.54	Reha-Zentrum Meuser
8	BRONS Jana	467	93	8 F	00:25:33.34	4 HK	+ 4m15s	00:25:31.90	Amadeus 2
9	WEIMER Lisa	599	90	9 F	00:25:34.62	5 HK	+ 4m16s	00:25:31.21	Stadtverwaltung Limburg Team 2
10	DULSON Helena	612	75	10 F	00:26:28.24	1 W40	+ 5m10s	00:26:22.84	WM AG
11	GÖRNER Natascha	511	84	11 F	00:26:52.30	1 W35	+ 5m34s	00:26:48.55	FITFUN Sportpark
12	IMMEL Franziska	515	97	12 F	00:27:03.42	6 HK	+ 5m45s	00:26:59.69	FITNESS-pur GmbH
13	KUNZ Alex	513	79	13 F	00:27:09.18	2 W40	+ 5m51s	00:27:04.94	FITFUN Sportpark
14	HUFESKY Ann-Cathrin	512	94	14 F	00:27:09.22	7 HK	+ 5m51s	00:27:05.72	FITFUN Sportpark
15	KURFELS Denise	586	93	15 F	00:27:16.60	8 HK	+ 5m58s	00:27:06.69	Reha-Zentrum Meuser
16	WENTA Sabrina	483	85	16 F	00:27:47.24	4 W30	+ 6m29s	00:27:35.03	be+ p OLDIES
17	HOMBERG Anna	488	85	17 F	00:27:47.29	5 W30	+ 6m29s	00:27:38.82	be+p LADYPower
18	BREMM Nicole	607	89	18 F	00:28:19.92	6 W30	+ 7m02s	00:28:14.69	Volksbank Rhein-Lahn-Limburg eG
19	ZIMMER Yvonne	460	88	19 F	00:28:20.65	7 W30	+ 7m02s	00:28:11.02	Albert Weil AG Team 3
20	DANNEWITZ Linda	623	99	20 F	00:28:38.84	9 HK	+ 7m21s	00:28:30.76	Brillen Platz
21	BURGGRAF Julia	468	91	21 F	00:29:02.60	10 HK	+ 7m44s	00:29:01.04	Amadeus 2
22	MOLSBERGER Katrin	479	83	22 F	00:29:08.20	2 W35	+ 7m50s	00:29:00.76	Autohaus Limburg
23	EICHHORN Lina	585	01	23 F	00:29:12.67	1 U20	+ 7m54s	00:29:04.49	Reha-Zentrum Meuser
24	SCHMITT Felicia	572	97	24 F	00:29:32.26	11 HK	+ 8m14s	00:29:23.55	MOBA Mobile Automation AG
25	SYHA Laura	517	97	25 F	00:30:46.80	12 HK	+ 9m28s	00:30:41.81	FITNESS-pur GmbH
26	BÜTTNER Eva	584	89	26 F	00:30:57.83	8 W30	+ 9m40s	00:30:48.63	Reha-Zentrum Meuser
27	WEISS Petra	606	72	27 F	00:31:18.08	1 W45	+ 10m00s	00:31:11.39	Stadtverwaltung Limburg Team 3
28	EUFINGER Stefanie	487	73	28 F	00:31:20.52	2 W45	+ 10m02s	00:31:12.06	be+p LADYPower
29	WAGNER Petra	560	74	29 F	00:31:31.63	3 W45	+ 10m13s	00:31:25.85	Lebenshilfe Limburg Diez and Friends
30	GERHEIM Elisabeth	555	63	30 F	00:31:31.98	1 W55	+ 10m14s	00:31:26.24	Lebenshilfe Limburg Diez and Friends
31	OTTO Jutta	559	65	31 F	00:31:31.98	1 W50	+ 10m14s	00:31:26.17	Lebenshilfe Limburg Diez and Friends
32	ISTEL Andrea	604	81	32 F	00:31:47.99	3 W35	+ 10m30s	00:31:43.83	Stadtverwaltung Limburg Team 3
33	REIFENBERG Esther	565	68	33 F	00:31:51.52	2 W50	+ 10m33s	00:31:40.07	Leo-Sternberg-Schule 1
34	BRAUN Claudia	563	64	34 F	00:31:52.47	2 W55	+ 10m34s	00:31:42.00	Leo-Sternberg-Schule 1
35	WIEDER Rita	566	56	35 F	00:31:53.48	1 W60	+ 10m35s	00:31:41.84	Leo-Sternberg-Schule 1
36	LANZEL Desirée	564	89	36 F	00:31:53.95	9 W30	+ 10m36s	00:31:42.12	Leo-Sternberg-Schule 1
37	SCHIMITZEK Carmen	489	67	37 F	00:32:03.84	3 W50	+ 10m46s	00:31:53.34	be+p LADYPower
38	KUNZ Sabrina	605	91	38 F	00:32:28.41	13 HK	+ 11m10s	00:32:23.95	Stadtverwaltung Limburg Team 3
39	SCHNEIDER Elena	502	95	39 F	00:32:34.88	14 HK	+ 11m17s	00:32:32.15	Bischöfliches Ordinariat Limburg 2
40	NADINE Wodniok	504	97	40 F	00:32:35.60	15 HK	+ 11m17s	00:32:31.65	Bischöfliches Ordinariat Limburg 3
41	SCHERZ Heike	625	70	41 F	00:32:46.06	4 W45	+ 11m28s	00:32:37.19	Brillen Platz
42	RAU Jacqueline	551	00	42 F	00:32:47.62	2 U20	+ 11m29s	00:32:44.15	Lebenshilfe Limburg Diez and Friends
43	GUNNEMANN Ruth	499	93	43 F	00:33:17.93	16 HK	+ 12m00s	00:33:15.80	Bischöfliches Ordinariat Limburg 2
44	BURGARD Carmen	603	71	44 F	00:33:24.42	5 W45	+ 12m06s	00:33:18.03	Stadtverwaltung Limburg Team 3
45	NERAT-LOHMANN Susanne	500	70	45 F	00:34:51.95	6 W45	+ 13m34s	00:34:50.18	Bischöfliches Ordinariat Limburg 2
46	BALDUS Jenny	591	81	46 F	00:35:08.38	4 W35	+ 13m50s	00:35:02.81	Spreyer Werkzeug-Technik GmbH
47	SCHMIDT Theresa	583	94	47 F	00:35:08.86	17 HK	+ 13m51s	00:34:59.43	Reha-Zentrum Meuser
48	BETZ Petra	539	67	48 F	00:35:49.80	4 W50	+ 14m31s	00:35:44.89	Lebenshilfe Limburg Diez and Friends
49	LUKAS Chantal	540	01	49 F	00:36:24.52	3 U20	+ 15m06s	00:36:23.03	Lebenshilfe Limburg Diez and Friends
50	MÜLLER Sophie Katharina	503	98	50 F	00:36:34.31	18 HK	+ 15m16s	00:36:30.41	Bischöfliches Ordinariat Limburg 3
51	STARKLOFF Frauke	620	70	51 F	00:36:42.06	7 W45	+ 15m24s	00:36:35.92	Lebenshilfe
52	SCHULD Andrea	490	72	52 F	00:37:10.18	8 W45	+ 15m52s	00:37:00.92	be+p LADYPower
53	SCHÄFER Christine	456	89	53 F	00:37:14.05	10 W30	+ 15m56s	00:37:04.33	Albert Weil AG Team 2
54	GLASNER Raluca	459	91	54 F	00:37:14.18	19 HK	+ 15m56s	00:37:04.49	Albert Weil AG Team 3
55	KIRSCH-WOLF Barbara	455	72	55 F	00:37:38.21	9 W45	+ 16m20s	00:37:28.26	Albert Weil AG Team 2
56	MATEOS-CALVENTE Natalja	614	81	56 F	00:37:56.07	5 W35	+ 16m38s	00:37:49.86	WM AG
57	BACH Sonja	482	60	57 F	00:38:33.84	3 W55	+ 17m16s	00:38:26.45	Autohaus Limburg
DNF	CANTARELLA Talissa	611	90	F	00:00:00.00	DNF HK			WM AG

Platz	Nachname - Vorname	StNr.	Jg.	Platz M/W	Zeit (Brutto)	Platz AK	Rückstand	Zeit (Netto)	Team / Verein
1	ZAMANI Nasser	542	98	1 M	00:18:49.17	1 HK		00:18:48.31	Lebenshilfe Limburg Diez and Friends
2	SCHÄFER Marius	462	92	2 M	00:19:37.16	2 HK	+ 48s	00:19:29.30	Albert Weil AG Team 3
3	WANGEROW Boris	579	88	3 M	00:19:53.43	1 M30	+ 1m05s	00:19:50.64	Radhaus Pacak
4	AL MOHAMMAD Hamudi	561	97	4 M	00:20:07.97	3 HK	+ 1m19s	00:20:06.68	Lebenshilfe Limburg Diez and Friends
5	STÖCKL Udo	598	70	5 M	00:20:13.74	1 M45	+ 1m25s	00:20:12.80	Stadtverwaltung Limburg Team 1
6	DRAHEIM Fabian	507	84	6 M	00:20:14.06	1 M35	+ 1m25s	00:20:10.00	BIWAK Outdoor-Shop Limburg
7	PACAK Philipp	582	89	7 M	00:21:06.09	2 M30	+ 2m17s	00:21:02.62	Radhaus Pacak
8	STAHL Luis Noah	510	02	8 M	00:21:15.02	1 U18	+ 2m26s	00:21:11.75	BIWAK Outdoor-Shop Limburg
9	RYSTWEJ Josef	594	67	9 M	00:21:35.41	1 M50	+ 2m47s	00:21:31.43	Spreyer Werkzeug-Technik GmbH
10	KREMER Marco	600	81	10 M	00:21:44.82	2 M35	+ 2m56s	00:21:41.98	Stadtverwaltung Limburg Team 2
11	KRAMM Luca	543	01	11 M	00:21:54.21	1 U20	+ 3m05s	00:21:53.92	Lebenshilfe Limburg Diez and Friends
12	WEBER Patrick	550	90	12 M	00:21:55.13	4 HK	+ 3m06s	00:21:50.47	Lebenshilfe Limburg Diez and Friends
13	LAMBERTZ Roderick	509	89	13 M	00:21:56.46	3 M30	+ 3m08s	00:21:51.36	BIWAK Outdoor-Shop Limburg
14	GOLDFISCH Jens	609	73	14 M	00:21:58.22	2 M45	+ 3m09s	00:21:52.39	Volksbank Rhein-Lahn-Limburg eG
15	MAX FERDINAND Bauer	528	95	15 M	00:22:00.24	5 HK	+ 3m12s	00:21:52.56	HTI Hortmann KG
16	PICKEL Dimitri	465	97	16 M	00:22:03.07	6 HK	+ 3m14s	00:22:01.04	Amadeus 1
17	PFASSE Luis	545	02	17 M	00:22:09.74	2 U18	+ 3m21s	00:22:07.74	Lebenshilfe Limburg Diez and Friends
18	TÜRK Stefan	501	95	18 M	00:22:42.58	7 HK	+ 3m54s	00:22:38.38	Bischöfliches Ordinariat Limburg 2
19	STARKLOFF Kai	621	97	19 M	00:22:59.33	8 HK	+ 4m11s	00:22:59.08	Lebenshilfe
20	OEZMEN Mustafa	601	80	20 M	00:23:10.32	3 M35	+ 4m22s	00:23:01.83	Stadtverwaltung Limburg Team 2
21	HILB Julian	496	92	21 M	00:23:14.69	9 HK	+ 4m26s	00:23:14.10	Bischöfliches Ordinariat Limburg 1
22	METTERNICH Jonas	498	92	22 M	00:23:15.01	10 HK	+ 4m26s	00:23:14.27	Bischöfliches Ordinariat Limburg 1
23	MIKELAT Jens	597	72	23 M	00:23:19.42	3 M45	+ 4m31s	00:23:16.79	Stadtverwaltung Limburg Team 1
24	GERHEIM Klaus-Peter	556	59	24 M	00:23:20.10	1 M60	+ 4m31s	00:23:11.88	Lebenshilfe Limburg Diez and Friends
25	FRINK Patrick	463	77	25 M	00:23:22.69	1 M40	+ 4m34s	00:23:21.35	Amadeus 1
26	WALDHERR Heiko	514	72	26 M	00:23:28.85	4 M45	+ 4m40s	00:23:25.17	FITFUN Sportpark
27	SPITZ Tobias	558	81	27 M	00:23:30.29	4 M35	+ 4m42s	00:23:24.51	Lebenshilfe Limburg Diez and Friends
28	GEMMER Clemens	595	90	28 M	00:23:47.61	11 HK	+ 4m59s	00:23:45.83	Stadtverwaltung Limburg Team 1
29	BILL Matthias	453	80	29 M	00:23:49.16	5 M35	+ 5m00s	00:23:38.39	Albert Weil AG Team 1
30	WAHNEL Nils	508	84	30 M	00:23:51.04	6 M35	+ 5m02s	00:23:45.38	BIWAK Outdoor-Shop Limburg
31	KASSEM Azad	485	98	31 M	00:24:06.34	12 HK	+ 5m18s	00:23:55.92	be+ p OLDIES
32	SAUM Christopher	602	82	32 M	00:24:13.81	7 M35	+ 5m25s	00:24:12.50	Stadtverwaltung Limburg Team 2
33	SEYFFERT Jannis	546	90	33 M	00:24:23.22	13 HK	+ 5m34s	00:24:19.55	Lebenshilfe Limburg Diez and Friends
34	HEEP Daniel	610	94	34 M	00:24:35.30	14 HK	+ 5m47s	00:24:30.09	Volksbank Rhein-Lahn-Limburg eG
35	ROSENFELD Yannick	466	92	35 M	00:24:35.72	15 HK	+ 5m47s	00:24:35.05	Amadeus 1
36	VORLÄNDER Colin	474	05	36 M	00:24:44.00	1 U16	+ 5m55s	00:24:43.29	Amadeus 3
37	SEHNER Benedikt	577	91	37 M	00:24:44.24	16 HK	+ 5m56s	00:24:37.39	MOBA Mobile Automation AG
38	VORLÄNDER Dirk	470	69	38 M	00:24:45.45	2 M50	+ 5m57s	00:24:44.42	Amadeus 2
39	ULLAH Habib	578	83	39 M	00:24:54.32	8 M35	+ 6m06s	00:24:46.39	MOBA Mobile Automation AG
40	GROSS Hans Dieter	619	61	40 M	00:24:55.20	1 M55	+ 6m06s	00:24:54.49	Lebenshilfe
41	KAISER Marvin	548	02	41 M	00:24:57.58	3 U18	+ 6m09s	00:24:56.10	Lebenshilfe Limburg Diez and Friends
42	HOF Thomas	596	58	42 M	00:25:03.83	2 M60	+ 6m15s	00:25:01.94	Stadtverwaltung Limburg Team 1
43	BENDEL Claus	452	68	43 M	00:25:10.99	3 M50	+ 6m22s	00:25:00.32	Albert Weil AG Team 1
44	PREBENTOW Jos	549	02	44 M	00:25:28.03	4 U18	+ 6m39s	00:25:25.32	Lebenshilfe Limburg Diez and Friends
45	DILLER Clint	469	86	45 M	00:25:31.83	4 M30	+ 6m43s	00:25:29.72	Amadeus 2
46	KRELL Johannes	622	01	46 M	00:25:33.26	2 U20	+ 6m45s	00:25:31.77	Lebenshilfe
47	ROHLETTTER Benedikt	458	96	47 M	00:25:33.95	17 HK	+ 6m45s	00:25:26.09	Albert Weil AG Team 2
48	SCHLIFFER Daniel	576	83	48 M	00:25:38.11	9 M35	+ 6m49s	00:25:31.18	MOBA Mobile Automation AG
49	FAßBENDER Holger	608	65	49 M	00:25:44.34	4 M50	+ 6m56s	00:25:38.39	Volksbank Rhein-Lahn-Limburg eG
50	BACHMANN Daniel	506	91	50 M	00:25:50.32	18 HK	+ 7m02s	00:25:47.28	Bischöfliches Ordinariat Limburg 3
51	BALDUS Florian	592	86	51 M	00:26:02.73	5 M30	+ 7m14s	00:25:56.82	Spreyer Werkzeug-Technik GmbH
52	JUNG Stefan	484	67	52 M	00:26:20.47	5 M50	+ 7m32s	00:26:07.75	be+ p OLDIES
53	ZWICK Marius	494	01	53 M	00:26:26.23	3 U20	+ 7m38s	00:26:13.93	be+ p YOUNGSTERS
54	SCHWARZ Patrick	518	88	54 M	00:26:27.79	6 M30	+ 7m39s	00:26:23.56	FITNESS-pur GmbH
55	KÖTTER Lukas	464	97	55 M	00:26:43.36	19 HK	+ 7m55s	00:26:41.61	Amadeus 1
56	PACAK Eberhard	580	70	56 M	00:26:47.62	5 M45	+ 7m59s	00:26:41.29	Radhaus Pacak
57	SCHLAGE Tim	473	94	57 M	00:26:52.98	20 HK	+ 8m04s	00:26:50.66	Amadeus 3
58	MAIK Edinger	575	77	58 M	00:26:55.92	2 M40	+ 8m07s	00:26:47.34	MOBA Mobile Automation AG
59	HÖLZER Sebastian	590	86	59 M	00:27:08.47	7 M30	+ 8m20s	00:26:57.34	Reha-Zentrum Meuser
60	BLOOS Michael	589	87	60 M	00:27:16.64	8 M30	+ 8m28s	00:27:06.72	Reha-Zentrum Meuser
61	RÖHL Christoph	587	80	61 M	00:27:17.33	10 M35	+ 8m29s	00:27:07.26	Reha-Zentrum Meuser
62	WENTA Maurice	486	84	62 M	00:27:47.47	11 M35	+ 8m59s	00:27:34.75	be+ p OLDIES
63	EBENAU Christian	573	87	63 M	00:28:06.64	9 M30	+ 9m18s	00:27:59.24	MOBA Mobile Automation AG
64	THORN Carsten	454	65	64 M	00:28:37.03	6 M50	+ 9m48s	00:28:28.96	Albert Weil AG Team 1
65	MENCHE Oliver	491	95	65 M	00:28:39.83	21 HK	+ 9m51s	00:28:27.30	be+ p YOUNGSTERS

Platz	Nachname - Vorname	StNr.	Jg.	Platz M/W	Zeit (Brutto)	Platz AK	Rückstand	Zeit (Netto)	Team / Verein
66	ALIBRAHIM Abdulmajid	480	93	66 M	00:29:07.92	22 HK	+ 10m19s	00:29:00.98	Autohaus Limburg
67	SCHMIDT Peter	481	71	67 M	00:29:08.34	6 M45	+ 10m20s	00:29:00.30	Autohaus Limburg
68	MERZ Florian	523	92	68 M	00:29:22.63	23 HK	+ 10m34s	00:29:14.97	HTI Eisen-Rieg KG
69	SCHULZE Leon	553	02	69 M	00:29:37.54	5 U18	+ 10m49s	00:29:34.43	Lebenshilfe Limburg Diez and Friends
70	GHANDI Annu	552	02	70 M	00:29:44.33	6 U18	+ 10m56s	00:29:41.63	Lebenshilfe Limburg Diez and Friends
71	SCHULDES Philipp	525	84	71 M	00:29:48.04	12 M35	+ 10m59s	00:29:40.46	HTI Eisen-Rieg KG
72	MANN Clemens	497	83	72 M	00:29:49.04	13 M35	+ 11m00s	00:29:44.42	Bischöfliches Ordinariat Limburg 1
73	RITTER Stefan	524	69	73 M	00:30:01.40	7 M50	+ 11m13s	00:29:55.21	HTI Eisen-Rieg KG
74	LEITSCH Benjamin	457	80	74 M	00:30:02.32	14 M35	+ 11m14s	00:29:53.26	Albert Weil AG Team 2
75	WAGENER Daniel	526	79	75 M	00:31:08.91	3 M40	+ 12m20s	00:31:01.69	HTI Eisen-Rieg KG
76	STOLL Marco	624	76	76 M	00:31:24.80	4 M40	+ 12m36s	00:31:16.73	Brillen Plaz
77	HANNAPPEL Michael	557	89	77 M	00:31:25.98	10 M30	+ 12m37s	00:31:16.57	Lebenshilfe Limburg Diez and Friends
78	KORN-KINKEL Mathias	562	64	78 M	00:31:31.70	2 M55	+ 12m43s	00:31:22.03	Lebenshilfe Limburg Diez and Friends
79	FORTE Attilio	567	68	79 M	00:31:52.16	8 M50	+ 13m03s	00:31:40.67	Leo-Sternberg-Schule 2
80	MINNIG Sebastian	570	86	80 M	00:31:52.50	11 M30	+ 13m04s	00:31:41.41	Leo-Sternberg-Schule 2
81	KURZ Simon	569	91	81 M	00:31:53.35	24 HK	+ 13m05s	00:31:42.35	Leo-Sternberg-Schule 2
82	GRÄBER Kevin	568	87	82 M	00:31:53.66	12 M30	+ 13m05s	00:31:42.25	Leo-Sternberg-Schule 2
83	CIROTTA Giacomo	535	01	83 M	00:32:50.57	4 U20	+ 14m02s	00:32:48.42	Lebenshilfe Limburg Diez and Friends
84	GRAF Robin	472	02	84 M	00:32:50.98	7 U18	+ 14m02s	00:32:48.29	Amadeus 3
85	PLAZ Attila	626	55	85 M	00:32:56.95	3 M60	+ 14m08s	00:32:49.06	Brillen Plaz
86	MÜLLER Wolfgang	617	60	86 M	00:33:21.75	3 M55	+ 14m33s	00:33:15.51	WM AG
87	MÜLLER Christian	493	99	87 M	00:34:07.33	25 HK	+ 15m19s	00:33:54.12	be+p YOUNGSTERS
88	MENCHE Tom	492	94	88 M	00:34:20.80	26 HK	+ 15m32s	00:34:08.52	be+p YOUNGSTERS
89	YILDIZ Barran	554	02	89 M	00:34:51.76	8 U18	+ 16m03s	00:34:48.56	Lebenshilfe Limburg Diez and Friends
90	FLOCK Sebastian	477	99	90 M	00:35:24.59	27 HK	+ 16m36s	00:35:21.44	Amadeus 4
91	STEFAN Heider	529	89	91 M	00:36:15.28	13 M30	+ 17m27s	00:36:08.01	HTI Hortmann KG
92	YANNIK Wieseler	530	94	92 M	00:36:15.35	28 HK	+ 17m27s	00:36:06.79	HTI Hortmann KG
93	MAAS Paul	541	02	93 M	00:36:24.79	9 U18	+ 17m36s	00:36:24.11	Lebenshilfe Limburg Diez and Friends
94	EGENOLF Alexander	471	00	94 M	00:36:57.44	5 U20	+ 18m09s	00:36:54.84	Amadeus 3
95	REIBIG Rene	461	91	95 M	00:37:14.19	29 HK	+ 18m25s	00:37:02.97	Albert Weil AG Team 3
96	FROGH Zeleiman	616	89	96 M	00:38:37.44	14 M30	+ 19m49s	00:38:32.52	WM AG
DSQ	KAYMAK Hamza	538	02	M	00:00:00.00	DSQ U18		00:13:37.06	Lebenshilfe Limburg Diez and Friends