

| Platz | Nachname - Vorname | Nation | StNr. | Platz AK | Zeit | Runde 1 | Platz | Runde 2 | Platz | Verein |
|-------|----------------------------|--------|-------|----------|-------------|-------------|-------|-------------|-------|------------------------------------|
| 1 | DEGER Isabelle | | 160 | 1 U14F | 00:20:41.14 | 00:10:05.00 | 8 | 00:10:36.14 | 10 | HTG Bad Homburg |
| 2 | SCHERMULY Carolin | | 098 | 1 W30F | 00:21:24.86 | 00:10:35.17 | 14 | 00:10:49.69 | 11 | keine Angabe |
| 3 | HAFENEGER Greta | | 035 | 1 U16F | 00:21:45.12 | 00:10:24.89 | 12 | 00:11:20.23 | 18 | LG Brechen |
| 4 | VOLKWEIN Jelena | | 126 | 2 W30F | 00:22:33.67 | 00:11:07.96 | 21 | 00:11:25.71 | 21 | keine Angabe |
| 5 | HÜBNER Jenny | | 144 | 1 HKWF | 00:22:35.46 | 00:11:11.51 | 23 | 00:11:23.95 | 19 | Lauftreff Limburg |
| 6 | FRÖHLICH Melanie | | 028 | 1 W40F | 00:23:10.86 | 00:11:18.46 | 26 | 00:11:52.40 | 35 | LG Dornburg |
| 7 | RODENKIRCH Heike | | 092 | 1 W45F | 00:23:33.70 | 00:11:41.55 | 34 | 00:11:52.15 | 34 | TV Kördorf |
| 8 | LORENZ Katharina | | 485 | 3 W30F | 00:23:52.60 | 00:11:45.84 | 37 | 00:12:06.76 | 40 | keine Angabe |
| 9 | TSYMBALYUK Nadiya-Angelika | UKR | 117 | 4 W30F | 00:24:34.36 | 00:11:42.19 | 35 | 00:12:52.17 | 54 | UKROPka |
| 10 | TAMOSCHUS Natalie | | 114 | 5 W30F | 00:25:42.01 | 00:12:49.58 | 61 | 00:12:52.43 | 55 | keine Angabe |
| 11 | KLARE Ann-Kathrin | | 055 | 2 HKWF | 00:25:42.39 | 00:12:49.86 | 63 | 00:12:52.53 | 56 | keine Angabe |
| 12 | WOLF Annette | | 133 | 2 W45F | 00:25:48.59 | 00:12:41.40 | 56 | 00:13:07.19 | 60 | keine Angabe |
| 13 | THESSA Friedrich | | 115 | 1 U18F | 00:26:02.71 | 00:13:18.30 | 77 | 00:12:44.41 | 52 | MSG Altendiez |
| 14 | OHLEMACHER Sibille | | 081 | 1 W50F | 00:26:21.75 | 00:12:49.79 | 62 | 00:13:31.96 | 64 | TuS Niederneisen |
| 15 | FRIEDRICH Thekla | | 027 | 2 W50F | 00:26:25.37 | 00:13:13.43 | 71 | 00:13:11.94 | 61 | keine Angabe |
| 16 | ZABEL Ines | | 137 | 3 W45F | 00:26:28.51 | 00:12:54.92 | 64 | 00:13:33.59 | 65 | keine Angabe |
| 17 | MAJA Krtsch | | 070 | 2 U18F | 00:26:48.00 | 00:13:12.37 | 70 | 00:13:35.63 | 68 | MSG Altendiez |
| 18 | THORN Kathrin | | 150 | 2 U16F | 00:26:50.54 | 00:13:15.52 | 72 | 00:13:35.02 | 67 | keine Angabe |
| 19 | ERWIED Samira | | 021 | 3 HKWF | 00:27:12.81 | 00:12:43.74 | 58 | 00:14:29.07 | 86 | keine Angabe |
| 20 | BECK Iris | | 006 | 3 W50F | 00:27:14.22 | 00:13:43.25 | 82 | 00:13:30.97 | 63 | keine Angabe |
| 21 | SCHLAMANN Sara | | 100 | 4 HKWF | 00:27:19.70 | 00:13:42.07 | 81 | 00:13:37.63 | 70 | keine Angabe |
| 22 | PAULINE Künzler | | 085 | 3 U16F | 00:27:40.58 | 00:13:41.78 | 80 | 00:13:58.80 | 76 | MSG Altendiez |
| 23 | CHARLOTTE Angstmann | | 015 | 3 U18F | 00:27:49.11 | 00:13:17.28 | 75 | 00:14:31.83 | 88 | MSG Altendiez |
| 24 | HAFENEGER Catrin | | 034 | 2 W40F | 00:28:07.00 | 00:13:41.24 | 79 | 00:14:25.76 | 81 | TuS Mensfelden |
| 25 | HÄNSEL-SIRAF Anke | | 149 | 4 W45F | 00:28:12.37 | 00:14:03.09 | 92 | 00:14:09.28 | 78 | TuS Niederneisen |
| 26 | WELTER Joelle Elaine | | 130 | 1 U20F | 00:28:20.80 | 00:13:44.83 | 83 | 00:14:35.97 | 89 | keine Angabe |
| 27 | OST Johanna | | 083 | 4 U18F | 00:28:28.29 | 00:13:16.38 | 74 | 00:15:11.91 | 97 | keine Angabe |
| 28 | RANGLACK Maike | | 091 | 5 U18F | 00:28:28.66 | 00:13:16.29 | 73 | 00:15:12.37 | 98 | keine Angabe |
| 29 | WOLF Kristina | | 145 | 6 W30F | 00:28:46.19 | 00:13:51.12 | 86 | 00:14:55.07 | 94 | CrossFit Limburg |
| 30 | MEINHOLD Katja | | 074 | 3 W40F | 00:28:46.88 | 00:13:52.36 | 88 | 00:14:54.52 | 93 | LT SV Rot-Weiß Hadamar |
| 31 | TÜRK Karin | | 118 | 5 W45F | 00:28:48.55 | 00:13:52.28 | 87 | 00:14:56.27 | 95 | Sportanz und Gymnastikgruppe Ellar |
| 32 | LEA Theis | | 065 | 2 U20F | 00:28:56.97 | 00:14:03.18 | 93 | 00:14:53.79 | 92 | MSG Altendiez |
| 33 | SOPHIE Winkler | | 109 | 6 U18F | 00:28:57.15 | 00:13:17.42 | 76 | 00:15:39.73 | 102 | MSG Altendiez |
| 34 | ZEIDLER Sabine | | 140 | 4 W50F | 00:28:59.82 | 00:14:28.51 | 102 | 00:14:31.31 | 87 | TuS Niederneisen |
| 35 | ANN-MARIE Thorn | | 004 | 4 U16F | 00:29:53.90 | 00:13:54.88 | 90 | 00:15:59.02 | 109 | MSG Altendiez |
| 36 | ANNABELLE Kraus | | 003 | 5 U16F | 00:29:59.61 | 00:14:08.13 | 99 | 00:15:51.48 | 106 | MSG Altendiez |
| 37 | JOHANNA Knoke | | 049 | 6 U16F | 00:30:04.85 | 00:14:08.00 | 98 | 00:15:56.85 | 108 | MSG Altendiez |
| 38 | PARCZANKA Barbara | | 512 | 1 W55F | 00:30:05.32 | 00:14:35.32 | 107 | 00:15:30.00 | 101 | Nörgel Seff |

| Platz | Nachname - Vorname | Nation | StNr. | Platz AK | Zeit | Runde 1 | Platz | Runde 2 | Platz | Verein |
|-------|-----------------------|--------|-------|----------|-------------|-------------|-------|-------------|-------|---------------------------|
| 39 | ALBUS Sabrina | | 001 | 7 W30F | 00:30:32.71 | 00:14:44.41 | 108 | 00:15:48.30 | 105 | Tsv heringen |
| 40 | WALDNER Manuela | | 128 | 6 W45F | 00:31:04.50 | 00:15:08.19 | 113 | 00:15:56.31 | 107 | profidee running |
| 41 | LAUX Jana | | 064 | 7 U18F | 00:31:13.19 | 00:14:29.79 | 103 | 00:16:43.40 | 121 | MSG Altendiez |
| 42 | ALICIA Troschke | | 002 | 8 U18F | 00:31:13.36 | 00:14:29.98 | 104 | 00:16:43.38 | 120 | MSG Altendiez |
| 43 | MARTINEZ Faith | UNI | 071 | 3 U20F | 00:31:47.29 | 00:14:34.17 | 106 | 00:17:13.12 | 125 | Family Crazy |
| 44 | SCHMIDT Sonja | | 103 | 1 W35F | 00:31:49.07 | 00:15:25.42 | 117 | 00:16:23.65 | 116 | keine Angabe |
| 45 | HEUSCHKE Anne | | 042 | 5 HKWF | 00:31:49.12 | 00:15:11.42 | 114 | 00:16:37.70 | 117 | keine Angabe |
| 46 | PARR-STEIL Melanie | | 084 | 8 W30F | 00:32:00.21 | 00:15:05.59 | 111 | 00:16:54.62 | 123 | keine Angabe |
| 47 | VOIGT Yvonne | | 125 | 9 W30F | 00:33:03.45 | 00:16:17.71 | 124 | 00:16:45.74 | 122 | keine Angabe |
| 48 | RUSTER Monika | | 096 | 2 W55F | 00:33:12.39 | 00:16:17.52 | 123 | 00:16:54.87 | 124 | keine Angabe |
| 49 | UNKELBACH Bärbel | | 120 | 3 W55F | 00:33:28.04 | 00:16:01.65 | 122 | 00:17:26.39 | 129 | Cross Fit Limburg |
| 50 | PETERSILIE Jasmin | | 086 | 6 HKWF | 00:33:37.82 | 00:16:59.69 | 135 | 00:16:38.13 | 118 | Fit Studio Katzenelnbogen |
| 51 | MENGEL Kerstin | | 143 | 4 W40F | 00:33:48.92 | 00:16:22.11 | 125 | 00:17:26.81 | 131 | Limburger HV |
| 52 | SCHLOSSER Eva | | 142 | 2 W35F | 00:33:59.77 | 00:16:35.55 | 129 | 00:17:24.22 | 128 | Diezer TSKOranien |
| 53 | LEBER Diana | | 066 | 7 W45F | 00:34:06.32 | 00:16:46.90 | 134 | 00:17:19.42 | 127 | keine Angabe |
| 54 | SCHWARZ Rita | | 107 | 7 HKWF | 00:34:12.02 | 00:16:37.96 | 130 | 00:17:34.06 | 132 | keine Angabe |
| 55 | JOPP Christina | | 050 | 10 W30F | 00:34:27.09 | 00:16:45.19 | 132 | 00:17:41.90 | 133 | keine Angabe |
| 56 | BINDER Penelope Avril | UNI | 010 | 5 W50F | 00:34:27.83 | 00:16:45.37 | 133 | 00:17:42.46 | 134 | keine Angabe |
| 57 | PRESSLER Karin | | 089 | 4 W55F | 00:36:13.59 | 00:17:44.30 | 136 | 00:18:29.29 | 137 | keine Angabe |
| 58 | KRECKEL Luise | | 058 | 5 W40F | 00:36:23.24 | 00:18:07.40 | 137 | 00:18:15.84 | 136 | keine Angabe |
| 59 | FÜRSTENFELDER Nicole | | 029 | 8 W45F | 00:36:23.30 | 00:18:07.60 | 138 | 00:18:15.70 | 135 | keine Angabe |
| 60 | PLEYER Anette | | 087 | 9 W45F | 00:44:46.88 | 00:22:13.71 | 139 | 00:22:33.17 | 141 | keine Angabe |
| 61 | MÜLLER Marie-Luise | | 076 | 5 W55F | 00:44:47.42 | 00:22:14.41 | 140 | 00:22:33.01 | 140 | keine Angabe |
| DNF | CLASON Theresa | | 157 | 0 HKWF | 00:17:04.53 | 00:17:04.53 | - | | - | keine Angabe |
| DNF | KUNATH Daniela | | 062 | 0 W40F | 00:22:43.56 | 00:22:43.56 | - | | - | Laufgruppe Runkel |
| DNF | MÜLLER Rosalie Salome | | 078 | - HKWF | | | - | | - | keine Angabe |

| Platz | Nachname - Vorname | NationStNr. | Platz AK | Zeit | Runde 1 | Platz | Runde 2 | Platz | Verein |
|-------|--------------------|-------------|----------|-------------|-------------|-------|-------------|-------|---------------------------|
| 1 | TESFAYE Kibrom | 544 | 1 HKMM | 00:17:05.68 | 00:08:24.36 | 1 | 00:08:41.32 | 1 | LG Lahn-Aar-Esterau |
| 2 | HOFFMANN Hans | 159 | 1 U20M | 00:17:09.05 | 00:08:25.64 | 2 | 00:08:43.41 | 2 | Sunshine Projekt |
| 3 | POTRATZ Jan | 154 | 2 U20M | 00:17:22.34 | 00:08:28.36 | 3 | 00:08:53.98 | 3 | LG Lahn-Aar-Esterau |
| 4 | FISCHER Fabian | 158 | 2 HKMM | 00:18:36.48 | 00:08:53.48 | 4 | 00:09:43.00 | 4 | Sunshine Projekt |
| 5 | PUISSANT Benjamin | 090 | 1 M30M | 00:18:52.62 | 00:09:02.93 | 5 | 00:09:49.69 | 5 | keine Angabe |
| 6 | STÖCKL Udo | 155 | 1 M45M | 00:19:38.44 | 00:09:36.69 | 6 | 00:10:01.75 | 6 | LG Brechen |
| 7 | HAFENEGER Gustav | 036 | 1 U18M | 00:20:15.45 | 00:09:44.06 | 7 | 00:10:31.39 | 9 | LG Brechen |
| 8 | SCHMIDT Michael | 102 | 3 HKMM | 00:20:27.57 | 00:10:10.80 | 10 | 00:10:16.77 | 7 | SV Rot-Weiß Hadamar |
| 9 | LENSKY Christian | 068 | 2 M45M | 00:20:37.45 | 00:10:09.23 | 9 | 00:10:28.22 | 8 | TuS Dietkirchen |
| 10 | EGENOLF Matthias | 020 | 4 HKMM | 00:21:21.50 | 00:10:20.83 | 11 | 00:11:00.67 | 14 | keine Angabe |
| 11 | KIRCHER Ralf | 054 | 3 M45M | 00:21:25.69 | 00:10:33.59 | 13 | 00:10:52.10 | 12 | CrossFit Limburg |
| 12 | TROST Marius | 116 | 1 U16M | 00:21:44.15 | 00:10:44.50 | 15 | 00:10:59.65 | 13 | TuS Lindenholzhausen |
| 13 | WALLER Uwe | 129 | 4 M45M | 00:21:50.79 | 00:10:47.21 | 16 | 00:11:03.58 | 15 | TV Eschhofen |
| 14 | FELGENHAUER Thomas | 022 | 1 M40M | 00:22:04.84 | 00:10:49.39 | 17 | 00:11:15.45 | 17 | keine Angabe |
| 15 | BERNINGER Markus | 008 | 5 HKMM | 00:22:29.56 | 00:11:03.16 | 18 | 00:11:26.40 | 22 | Fit Studio Katzenelnbogen |
| 16 | STENGER Martin | 113 | 6 HKMM | 00:22:34.50 | 00:11:26.28 | 29 | 00:11:08.22 | 16 | CrossFit Limburg |
| 17 | HOLDERIED Stefan | 046 | 1 M35M | 00:22:39.32 | 00:11:15.00 | 25 | 00:11:24.32 | 20 | keine Angabe |
| 18 | NOLLÉ Andreas | 147 | 7 HKMM | 00:22:52.61 | 00:11:26.08 | 28 | 00:11:26.53 | 23 | Cross Fit Limburg |
| 19 | VOLKWEIN Ralf | 151 | 1 M50M | 00:22:55.33 | 00:11:08.75 | 22 | 00:11:46.58 | 31 | keine Angabe |
| 20 | SCHRÖMGES Steffen | 104 | 2 U16M | 00:22:57.70 | 00:11:06.00 | 20 | 00:11:51.70 | 33 | keine Angabe |
| 21 | HOGREBE Tobias | 045 | 2 M30M | 00:22:58.25 | 00:11:11.78 | 24 | 00:11:46.47 | 29 | keine Angabe |
| 22 | BERNINGER Philipp | 009 | 8 HKMM | 00:22:59.71 | 00:11:04.10 | 19 | 00:11:55.61 | 36 | Fit Studio Katzenelnbogen |
| 23 | HOFMANN Stefan | 161 | 5 M45M | 00:23:02.83 | 00:11:27.28 | 31 | 00:11:35.55 | 25 | keine Angabe |
| 24 | FÖRSTER Mark | 026 | 2 U18M | 00:23:03.50 | 00:11:26.56 | 30 | 00:11:36.94 | 26 | CrossFit Limburg |
| 25 | STEIER Stephen | 111 | 9 HKMM | 00:23:31.74 | 00:11:25.97 | 27 | 00:12:05.77 | 39 | keine Angabe |
| 26 | BJÖRN Dietrich | 011 | 10 HKMM | 00:23:31.80 | 00:12:01.35 | 42 | 00:11:30.45 | 24 | MSG Altendiez |
| 27 | KREß Markus | 061 | 3 M30M | 00:23:44.69 | 00:11:55.91 | 41 | 00:11:48.78 | 32 | keine Angabe |
| 28 | MÜLLER Michael | 077 | 6 M45M | 00:23:45.52 | 00:11:37.32 | 32 | 00:12:08.20 | 42 | Dienstagswürfler |
| 29 | ZEIDLER Oliver | 139 | 3 U20M | 00:23:48.74 | 00:11:45.89 | 38 | 00:12:02.85 | 37 | TuS Niederneisen |
| 30 | HAUSCHILD Markus | 039 | 11 HKMM | 00:23:52.27 | 00:12:07.41 | 45 | 00:11:44.86 | 28 | keine Angabe |
| 31 | KREß Lothar | 060 | 1 M55M | 00:23:58.86 | 00:11:55.44 | 40 | 00:12:03.42 | 38 | ASC Rosellen/Neuss |
| 32 | RODENKIRCH Peter | 093 | 12 HKMM | 00:24:08.67 | 00:11:47.50 | 39 | 00:12:21.17 | 45 | keine Angabe |
| 33 | OHLEMACHER Ulli | 082 | 2 M55M | 00:24:16.32 | 00:12:29.75 | 49 | 00:11:46.57 | 30 | TuS Niederneisen |
| 34 | WILLIG Marcel | 132 | 13 HKMM | 00:24:19.26 | 00:12:34.53 | 51 | 00:11:44.73 | 27 | TuS Niederneisen |
| 35 | HILGERT Jörg | 043 | 7 M45M | 00:24:20.61 | 00:11:45.76 | 36 | 00:12:34.85 | 50 | TV Eschhofen |
| 36 | BULLMANN Dirk | 014 | 8 M45M | 00:24:25.11 | 00:11:37.54 | 33 | 00:12:47.57 | 53 | keine Angabe |
| 37 | BAIER Sascha | 005 | 2 M35M | 00:24:26.53 | 00:12:01.66 | 43 | 00:12:24.87 | 47 | MSG Altendiez |
| 38 | HOFBAUER Dirk | 146 | 9 M45M | 00:24:28.96 | 00:12:21.36 | 48 | 00:12:07.60 | 41 | Cross Fit Limburg |

| Platz | Nachname - Vorname | Nation | StNr. | Platz AK | Zeit | Runde 1 | Platz | Runde 2 | Platz | Verein |
|-------|------------------------|--------|-------|----------|-------------|-------------|-------|-------------|-------|-------------------------------|
| 39 | KLERINGS Christoph | | 056 | 2 M50M | 00:24:45.35 | 00:12:33.52 | 50 | 00:12:11.83 | 43 | Männerbalett Bad Boys Arfurt |
| 40 | KRECKEL Sascha | | 059 | 10 M45M | 00:25:05.88 | 00:12:34.89 | 52 | 00:12:30.99 | 48 | TuS Niederneisen |
| 41 | VOCKE Bernhard | | 124 | 2 M40M | 00:25:06.81 | 00:12:43.71 | 57 | 00:12:23.10 | 46 | keine Angabe |
| 42 | MATT Daniel | | 153 | 4 M30M | 00:25:08.47 | 00:12:49.23 | 59 | 00:12:19.24 | 44 | Hanno-Open |
| 43 | EDEL Ralf | | 019 | 3 M40M | 00:25:09.56 | 00:12:03.31 | 44 | 00:13:06.25 | 59 | keine Angabe |
| 44 | BEHRENDT Sascha | | 007 | 4 M40M | 00:25:11.19 | 00:12:36.97 | 53 | 00:12:34.22 | 49 | TuS Niederneisen |
| 45 | LOURENCO Rui Francisco | POR | 069 | 3 U18M | 00:25:33.89 | 00:12:49.48 | 60 | 00:12:44.41 | 51 | Freiwillige Feuerwehr Limburg |
| 46 | UNKELBACH André | | 119 | 5 M30M | 00:25:36.25 | 00:12:37.45 | 54 | 00:12:58.80 | 58 | CrossFit Limburg |
| 47 | NIEBUHR Jörg | | 080 | 3 M55M | 00:25:49.02 | 00:12:20.36 | 47 | 00:13:28.66 | 62 | ByMySelf Limburg |
| 48 | HELL Fabian | | 041 | 14 HKMM | 00:25:50.29 | 00:12:55.79 | 65 | 00:12:54.50 | 57 | keine Angabe |
| 49 | HANNES Niko | | 446 | 3 M35M | 00:26:18.73 | 00:12:16.46 | 46 | 00:14:02.27 | 77 | keine Angabe |
| 50 | BOUFFIER Steffen | | 012 | 5 M40M | 00:26:58.13 | 00:13:05.98 | 68 | 00:13:52.15 | 71 | Family Crazy |
| 51 | ZABEL Timo | | 138 | 11 M45M | 00:27:05.05 | 00:12:39.23 | 55 | 00:14:25.82 | 82 | keine Angabe |
| 52 | UNKELBACH Marcel | | 122 | 6 M30M | 00:27:10.50 | 00:13:36.35 | 78 | 00:13:34.15 | 66 | CrossFit Limburg |
| 53 | HORNIG Peter | | 152 | 3 M50M | 00:27:21.05 | 00:13:45.02 | 84 | 00:13:36.03 | 69 | keine Angabe |
| 54 | MAYER Matthias | | 073 | 12 M45M | 00:27:23.71 | 00:13:01.35 | 66 | 00:14:22.36 | 80 | keine Angabe |
| 55 | WOLF Matthias | | 134 | 13 M45M | 00:27:33.93 | 00:13:05.05 | 67 | 00:14:28.88 | 85 | keine Angabe |
| 56 | SALZMANN Felix | | 097 | 15 HKMM | 00:28:01.50 | 00:14:05.54 | 94 | 00:13:55.96 | 72 | keine Angabe |
| 57 | LEHMANN Jan | | 067 | 16 HKMM | 00:28:02.53 | 00:14:05.65 | 95 | 00:13:56.88 | 74 | keine Angabe |
| 58 | SCHMIDT Leon | | 101 | 17 HKMM | 00:28:02.72 | 00:14:06.17 | 97 | 00:13:56.55 | 73 | keine Angabe |
| 59 | MAURITZ Dion | | 072 | 18 HKMM | 00:28:03.62 | 00:14:05.85 | 96 | 00:13:57.77 | 75 | keine Angabe |
| 60 | BÜHLER Olaf | | 013 | 14 M45M | 00:28:17.14 | 00:13:50.02 | 85 | 00:14:27.12 | 84 | TuS Niederneisen |
| 61 | SCHLOSSER Markus | | 141 | 6 M40M | 00:28:47.96 | 00:14:08.82 | 100 | 00:14:39.14 | 90 | Diezer TSKOranien |
| 62 | PRESSLER Florian | | 088 | 4 U18M | 00:28:54.72 | 00:13:10.02 | 69 | 00:15:44.70 | 104 | keine Angabe |
| 63 | WALDSCHMIDT Stephan | | 156 | 1 M60M | 00:29:04.49 | 00:14:01.43 | 91 | 00:15:03.06 | 96 | keine Angabe |
| 64 | STENDER Olaf | | 112 | 1 M70M | 00:29:08.87 | 00:14:19.67 | 101 | 00:14:49.20 | 91 | keine Angabe |
| 65 | DEKKER Franz | | 018 | 4 M55M | 00:29:12.50 | 00:14:46.41 | 109 | 00:14:26.09 | 83 | Uniklinik Münster |
| 66 | HAUSKE Jörg | | 040 | 19 HKMM | 00:29:38.62 | 00:15:19.94 | 116 | 00:14:18.68 | 79 | Weyda |
| 67 | VIEHMANN Rainer | | 123 | 15 M45M | 00:29:44.14 | 00:14:30.96 | 105 | 00:15:13.18 | 99 | TuS Niederneisen |
| 68 | ROTH Alexander | | 094 | 4 M35M | 00:30:09.51 | 00:13:52.72 | 89 | 00:16:16.79 | 115 | keine Angabe |
| 69 | KALECK Alexander | | 052 | 7 M30M | 00:30:56.92 | 00:15:32.26 | 120 | 00:15:24.66 | 100 | keine Angabe |
| 70 | IFFLAND Matthias | | 048 | 4 M50M | 00:31:04.56 | 00:14:53.68 | 110 | 00:16:10.88 | 113 | profidee running |
| 71 | SCHUSTER Hans | | 106 | 1 M65M | 00:31:18.79 | 00:15:06.86 | 112 | 00:16:11.93 | 114 | keine Angabe |
| 72 | GRABINSKI Peter | | 033 | 2 M65M | 00:31:19.00 | 00:15:17.14 | 115 | 00:16:01.86 | 110 | keine Angabe |
| 73 | RUMP Thomas | | 095 | 5 M50M | 00:31:33.07 | 00:15:30.30 | 119 | 00:16:02.77 | 111 | TuS Niederneisen |
| 74 | WOLFF Mathias | | 135 | 16 M45M | 00:31:33.42 | 00:15:30.23 | 118 | 00:16:03.19 | 112 | TuS Niederneisen |
| 75 | HASSELBÄCHER Frank | | 038 | 7 M40M | 00:32:14.88 | 00:16:33.57 | 128 | 00:15:41.31 | 103 | keine Angabe |
| 76 | SCHULTE Björn | | 105 | 5 M35M | 00:33:06.25 | 00:16:23.09 | 126 | 00:16:43.16 | 119 | keine Angabe |

| Platz | Nachname - Vorname | NationStNr. | Platz AK | Zeit | Runde 1 | Platz | Runde 2 | Platz | Verein |
|-------|--------------------|-------------|----------|-------------|-------------|-------|-------------|-------|-------------------|
| 77 | UNKELBACH Bernhard | 121 | 2 M60M | 00:33:27.91 | 00:16:01.50 | 121 | 00:17:26.41 | 130 | Cross Fit Limburg |
| 78 | SCHERMULY Thomas | 148 | 6 M50M | 00:33:38.03 | 00:16:24.37 | 127 | 00:17:13.66 | 126 | keine Angabe |
| 79 | GIRARDI Tino | 032 | 20 HKMM | 00:35:44.29 | 00:16:39.75 | 131 | 00:19:04.54 | 138 | keine Angabe |
| 80 | DA CONCEICAO Toni | 016 | 8 M40M | 00:44:48.00 | 00:22:44.75 | 141 | 00:22:03.25 | 139 | run2yourself.com |