

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Runde 1	Platz	Runde 2	Platz	Runde 3	Platz	Runde 4	Platz	Verein
1	SPRIESTERSBACH Marek		539	1 HKMM	00:32:35.25	00:07:58.27	1	00:08:10.44	1	00:08:13.53	1	00:08:13.01	1	LG Lahn-Aar-Esterau
2	EICHLER Christoph		432	1 M30M	00:34:04.36	00:08:12.65	2	00:08:37.75	2	00:08:41.11	2	00:08:32.85	2	Team Triathlon Dreikirchen
3	NUSSER Manuel		507	2 HKMM	00:37:02.43	00:08:47.50	3	00:09:22.28	3	00:09:31.22	3	00:09:21.43	3	TuS Niederneisen.
4	BRUMM Maximilian		415	1 U20M	00:38:36.65	00:08:52.26	4	00:09:46.69	6	00:09:59.85	7	00:09:57.85	10	TUS 03 Weilminster
5	BREIDENBACH Tobias		414	1 U18M	00:38:41.71	00:09:24.50	5	00:09:43.81	5	00:09:53.87	5	00:09:39.53	5	keine Angabe
6	DETHIER Bernd		423	1 M45M	00:38:50.86	00:09:26.80	6	00:09:41.09	4	00:09:53.88	6	00:09:49.09	8	SV Fischbach 1912 e.V.
7	MÜLLER Mathias		502	3 HKMM	00:39:40.49	00:10:00.54	13	00:09:58.06	7	00:10:02.91	8	00:09:38.98	4	keine Angabe
8	DORBACH Andreas		426	2 M30M	00:39:48.66	00:09:53.15	11	00:10:02.64	9	00:10:07.00	9	00:09:45.87	7	Limburger Club für Wassersport
9	ZIEGLER Till		564	1 M35M	00:40:41.73	00:09:42.97	9	00:10:16.15	10	00:10:27.37	11	00:10:15.24	12	R+V Triathlon Team
10	MÖBUS Jens		498	2 M45M	00:40:44.54	00:10:35.29	26	00:10:30.18	15	00:09:53.51	4	00:09:45.56	6	Tilemannschule Limburg
11	KREIS Marvin		473	1 U16M	00:40:56.95	00:10:33.58	22	00:10:00.49	8	00:10:15.60	10	00:10:07.28	11	SV Poseidon Limburg
12	BLEUTGE Lars		409	4 HKMM	00:41:19.24	00:10:11.56	15	00:10:33.06	16	00:10:39.44	17	00:09:55.18	9	running gags
13	KRESSIG Franz		476	5 HKMM	00:41:22.80	00:09:51.94	10	00:10:33.51	17	00:10:30.45	13	00:10:26.90	16	keine Angabe
14	STEIL Heiko		542	2 M35M	00:41:24.70	00:10:13.23	16	00:10:23.09	11	00:10:30.45	14	00:10:17.93	13	keine Angabe
15	STAHL Bastian-Dominic		540	6 HKMM	00:41:36.54	00:09:36.97	8	00:10:56.68	25	00:10:35.56	15	00:10:27.33	17	keine Angabe
16	JACOBI Birgit		455	1 W50F	00:41:42.26	00:09:58.20	12	00:10:28.35	14	00:10:35.95	16	00:10:39.76	19	Bike Villa Limburg
17	SCHLITT David		525	7 HKMM	00:41:42.98	00:10:06.17	14	00:10:34.20	18	00:10:42.66	18	00:10:19.95	14	running gags
18	YILMAZ Selim		557	8 HKMM	00:41:55.96	00:09:36.38	7	00:10:57.24	26	00:10:28.16	12	00:10:54.18	22	keine Angabe
19	WIESER Jörg		553	3 M35M	00:42:26.81	00:10:33.75	23	00:10:41.49	20	00:10:46.22	19	00:10:25.35	15	TuS Dietkirchen
20	GÜNTHER Leon		445	2 U16M	00:42:37.62	00:10:34.34	24	00:10:28.11	13	00:10:46.72	20	00:10:48.45	20	SV Poseidon Limburg
21	KÖLSCH Christian		470	3 M30M	00:43:03.67	00:10:43.81	28	00:10:26.30	12	00:10:55.24	21	00:10:58.32	25	keine Angabe
22	REUBOLD Christian		573	1 M40M	00:43:23.52	00:11:01.02	40	00:10:50.62	22	00:10:57.41	22	00:10:34.47	18	LL Mengerskirchen
23	GOLDFISCH Jens		442	2 M40M	00:43:37.95	00:10:55.40	37	00:10:51.20	24	00:10:57.91	23	00:10:53.44	21	keine Angabe
24	RIZZUTO Marianna		519	1 W30F	00:43:40.62	00:10:55.34	36	00:10:50.88	23	00:10:57.94	24	00:10:56.46	23	ASICS Frontrunner/Spiridon Frankfurt
25	SCHRAUT Alexander		534	9 HKMM	00:43:52.35	00:10:31.19	18	00:10:40.95	19	00:11:12.98	27	00:11:27.23	33	keine Angabe
26	MÜLLER Alexander		500	4 M35M	00:43:52.81	00:10:45.00	30	00:11:03.39	29	00:11:06.32	25	00:10:58.10	24	keine Angabe
27	LANGE Gunnar		481	3 M40M	00:43:56.14	00:10:31.49	20	00:11:10.07	31	00:11:12.25	26	00:11:02.33	26	keine Angabe
28	SCHMIDT Thaddäus		527	1 M60M	00:44:02.44	00:10:34.48	25	00:10:50.15	21	00:11:21.81	28	00:11:16.00	29	SV Rot-Weiß Hadamar
29	FAULHABER Benno		434	1 M55M	00:44:50.28	00:10:29.57	17	00:11:13.72	32	00:11:34.28	33	00:11:32.71	35	keine Angabe
30	WALZ Marcus		552	3 M45M	00:44:50.75	00:10:45.79	31	00:11:04.18	30	00:11:26.86	29	00:11:33.92	38	Boxerschnauzenverein
31	ILTISBERGER Mario		454	1 M50M	00:45:08.08	00:10:46.10	33	00:11:17.01	33	00:11:42.85	39	00:11:22.12	31	Tischtennis Dietkirchen
32	SANTEN Marvin		520	10 HKMM	00:45:11.11	00:10:31.48	19	00:11:17.89	36	00:11:38.30	36	00:11:43.44	42	Lg-Lahn-Aar-Esterau
33	STEIDL Horst		541	4 M40M	00:45:12.41	00:10:58.01	38	00:11:17.34	34	00:11:32.57	32	00:11:24.49	32	keine Angabe
34	KNOWLECH Johann		468	4 M30M	00:45:13.51	00:10:45.90	32	00:11:01.23	27	00:11:36.73	35	00:11:49.65	44	keine Angabe
35	KÄCKERMANN Julian		457	11 HKMM	00:45:25.65	00:10:58.82	39	00:11:17.50	35	00:11:32.47	31	00:11:36.86	40	Team Air Run
36	KREKEL Bodo		474	4 M45M	00:45:32.37	00:11:03.95	41	00:11:03.11	28	00:11:34.31	34	00:11:51.00	45	keine Angabe
37	OPITZ Thorsten		510	5 M45M	00:45:48.07	00:10:32.35	21	00:11:36.33	45	00:11:41.17	37	00:11:58.22	49	Rettert
38	WAHLER Patrizia		549	2 W30F	00:45:49.93	00:11:25.27	46	00:11:18.99	37	00:11:31.65	30	00:11:34.02	39	Cross Fit Limburg
39	OTTO Patrick		511	6 M45M	00:46:00.14	00:10:53.98	35	00:11:20.87	38	00:11:57.54	44	00:11:47.75	43	keine Angabe
40	WINKELS Martin		554	5 M30M	00:46:01.02	00:10:40.38	27	00:11:37.83	46	00:11:45.23	43	00:11:57.58	48	Grün-Weiß Lederkutte
41	RAABE Joachim		516	5 M40M	00:46:11.48	00:10:44.45	29	00:11:30.53	41	00:12:00.31	45	00:11:56.19	46	Liv Johanneum Herborn
42	UKAJ Valon		569	6 M30M	00:46:23.30	00:11:17.42	43	00:11:48.38	48	00:11:44.40	41	00:11:33.10	37	keine Angabe
43	FACHINGER Carsten		433	6 M40M	00:46:25.22	00:11:35.74	49	00:11:33.27	43	00:11:43.65	40	00:11:32.56	34	vereinslos
44	REICH Christian		517	7 M30M	00:46:25.57	00:11:37.04	50	00:11:30.97	42	00:11:44.54	42	00:11:33.02	36	keine Angabe
45	DÖNGES Jan		424	2 U20M	00:46:43.82	00:11:40.05	52	00:11:57.72	53	00:12:01.79	47	00:11:04.26	27	Tilemannschule Limburg
46	DÖNGES Nils		425	2 U18M	00:46:51.75	00:11:43.77	56	00:11:53.74	50	00:12:03.09	48	00:11:11.15	28	Tilemannschule Limburg
47	MADERNER Larissa		488	1 HKWF	00:46:52.90	00:11:51.64	60	00:11:37.91	47	00:11:42.83	38	00:11:40.52	41	keine Angabe
48	HARNISCH Sebastian		447	5 M35M	00:47:09.17	00:11:18.31	44	00:11:34.37	44	00:12:01.40	46	00:12:15.09	55	keine Angabe
49	UKAJ Egzon		570	12 HKMM	00:47:20.69	00:11:17.21	42	00:11:48.71	49	00:12:17.61	53	00:11:57.16	47	SV Elz

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Runde 1	Platz	Runde 2	Platz	Runde 3	Platz	Runde 4	Platz	Verein
50	BEHLAU Johannes		562	3 U18M	00:47:24.76	00:11:40.88	54	00:11:27.03	39	00:12:07.00	51	00:12:09.85	53	VfR Limburg 07
51	SEIP Elena		536	1 U18F	00:47:24.84	00:11:41.10	55	00:11:27.13	40	00:12:06.87	50	00:12:09.74	52	keine Angabe
52	BAULIG Björn		404	6 M35M	00:48:03.06	00:11:33.73	47	00:11:54.69	51	00:12:22.39	54	00:12:12.25	54	Kettenhunde
53	WAGNER Seraphine		548	2 HKWF	00:48:10.74	00:10:48.32	34	00:12:15.39	60	00:12:35.25	58	00:12:31.78	62	keine Angabe
54	KLOFKORN Lisa		464	3 W30F	00:48:11.42	00:11:34.02	48	00:11:55.14	52	00:12:17.14	52	00:12:25.12	60	Cross Fit Limburg
55	SCHUH Karl-Heinz		561	1 M65M	00:48:18.99	00:11:24.59	45	00:12:11.22	58	00:12:25.69	56	00:12:17.49	57	LF-87 Villmar
56	KLINSING Udo		463	7 M45M	00:48:19.60	00:12:04.66	66	00:12:03.68	56	00:12:05.93	49	00:12:05.33	51	SG Deutsche Bank
57	MEURER Felix		495	13 HKMM	00:48:28.30	00:11:50.00	58	00:12:12.57	59	00:12:25.56	55	00:12:00.17	50	keine Angabe
58	SCHNARR Alexander		529	7 M35M	00:48:50.18	00:11:40.60	53	00:12:00.62	54	00:12:27.44	57	00:12:41.52	65	nurderfcm.de
59	MACHOCZEK Florian		487	4 U18M	00:48:59.07	00:11:38.52	51	00:12:06.35	57	00:12:53.92	64	00:12:20.28	59	TuS Lindenholzhausen
60	MALETZKI Dominik		489	14 HKMM	00:49:11.93	00:11:44.63	57	00:12:01.97	55	00:13:07.83	70	00:12:17.50	58	Martial Arts Diez
61	SCHOEMAKERS Dirk		533	8 M45M	00:49:17.85	00:11:50.06	59	00:12:21.69	61	00:12:37.40	59	00:12:28.70	61	Kanzlei Arnold ,Partner
62	MOOG Maximilian		499	3 U20M	00:49:20.51	00:12:54.68	86	00:12:29.70	62	00:12:38.88	61	00:11:17.25	30	keine Angabe
63	CHARLOTTE Wuth		419	1 U20F	00:50:19.56	00:12:54.50	85	00:12:29.78	63	00:12:39.22	62	00:12:16.06	56	MSG Altendiez
64	SCHNEIDER Katharina		532	3 HKWF	00:51:07.90	00:12:40.54	80	00:12:40.88	65	00:12:57.03	67	00:12:49.45	68	Jogging Cat
65	KRAFFT Harald		472	7 M40M	00:51:15.65	00:13:05.36	91	00:12:51.41	73	00:12:38.80	60	00:12:40.08	63	Unterstützer JU Hadamar
66	EGENOLF Michael		430	15 HKMM	00:51:15.66	00:13:05.57	92	00:12:50.63	67	00:12:39.30	63	00:12:40.16	64	JU Hadamar
67	KLINKE Christina		462	1 W35F	00:51:16.33	00:12:40.80	81	00:12:43.53	66	00:13:03.19	68	00:12:48.81	67	keine Angabe
68	URBAN Thomas		547	9 M45M	00:51:26.74	00:12:23.56	69	00:12:56.40	76	00:12:55.87	65	00:13:10.91	83	Team Urban
69	KOCH Andreas		469	2 M50M	00:51:42.45	00:12:04.41	65	00:12:55.44	74	00:13:22.84	76	00:13:19.76	87	keine Angabe
70	SCHÄFER Marie		522	1 U16F	00:51:54.57	00:12:39.76	78	00:12:50.97	69	00:13:25.19	79	00:12:58.65	70	TuS Obertiefenbach
71	BEHLAU Maïke		563	2 U16F	00:51:54.78	00:12:39.67	77	00:12:50.94	68	00:13:25.06	78	00:12:59.11	71	TSU Obertiefenbach
72	SÜSS Martine		543	3 U16F	00:51:55.22	00:12:39.77	79	00:12:51.01	70	00:13:25.03	77	00:12:59.41	72	TuS Obertiefenbach
73	SIMON-KNIERIM Martin		538	8 M40M	00:51:56.76	00:12:32.38	72	00:12:56.41	77	00:13:25.37	80	00:13:02.60	74	keine Angabe
74	SCHARDT Ralf		523	10 M45M	00:51:56.97	00:12:15.80	68	00:13:30.04	94	00:13:10.20	72	00:13:00.93	73	keine Angabe
75	CASPARI Julian		418	16 HKMM	00:52:09.20	00:12:00.46	63	00:13:02.87	81	00:13:45.55	96	00:13:20.32	88	keine Angabe
76	KÄMTNER Christoph		459	8 M35M	00:52:19.32	00:13:10.63	94	00:12:51.34	72	00:13:07.81	69	00:13:09.54	82	keine Angabe
77	FENNIG Sascha		435	9 M40M	00:52:19.45	00:13:10.78	95	00:12:51.28	71	00:13:07.86	71	00:13:09.53	81	keine Angabe
78	SCHMIDT Armin		526	3 M50M	00:52:28.45	00:12:58.90	87	00:12:29.97	64	00:13:29.46	83	00:13:30.12	93	keine Angabe
79	MÜNCH Nicole		504	1 W40F	00:52:32.27	00:13:14.40	97	00:12:56.88	78	00:13:12.90	74	00:13:08.09	76	keine Angabe
80	PERKONS Juris		560	10 M40M	00:52:42.89	00:12:51.99	84	00:13:11.96	85	00:13:17.90	75	00:13:21.04	89	LG Schluckebier
81	GRABINSKI Stefan		444	17 HKMM	00:52:44.53	00:13:18.38	101	00:13:02.31	80	00:13:32.18	85	00:12:51.66	69	Red Lantern
82	DAHMEN Anna-Lena		421	4 HKWF	00:52:44.78	00:13:54.60	112	00:12:55.45	75	00:13:10.52	73	00:12:44.21	66	Grün-Weiß Lederkutte
83	SCHELLHORN Biggi		524	1 W45F	00:52:45.14	00:12:32.63	73	00:13:01.07	79	00:13:27.27	81	00:13:44.17	105	keine Angabe
84	GIHR Carlos		441	18 HKMM	00:52:45.50	00:11:56.34	61	00:13:04.77	82	00:13:47.23	97	00:13:57.16	110	Team Urban
85	PIJLS Wolfgang		514	2 M55M	00:52:56.73	00:12:32.06	71	00:13:21.78	88	00:13:32.00	84	00:13:30.89	94	keine Angabe
86	DEMME Michael		422	11 M45M	00:53:01.83	00:13:17.59	100	00:13:11.15	83	00:13:29.19	82	00:13:03.90	75	keine Angabe
87	SCHMIED Wolfgang	AUS	528	12 M45M	00:53:15.90	00:12:39.44	75	00:13:39.99	98	00:13:40.45	91	00:13:16.02	85	keine Angabe
88	NIKOLAY Evtimov	BUL	506	11 M40M	00:53:17.34	00:12:39.47	76	00:13:40.36	99	00:13:40.49	92	00:13:17.02	86	keine Angabe
89	GEIS Tobias		440	19 HKMM	00:53:29.49	00:11:57.72	62	00:14:01.01	112	00:14:02.54	103	00:13:28.22	91	Geise
90	BAUMGÄRTNER Wolfgang		405	4 M50M	00:53:37.14	00:13:06.78	93	00:13:23.61	89	00:13:38.20	87	00:13:28.55	92	Naturheilpraxis-Westenwald
91	BURKERT Christoph		416	9 M35M	00:53:45.37	00:13:16.39	99	00:13:11.74	84	00:13:39.39	88	00:13:37.85	101	keine Angabe
92	BURKERT Tanja		417	2 W35F	00:53:46.97	00:13:16.09	98	00:13:13.57	86	00:13:39.57	89	00:13:37.74	100	keine Angabe
93	HEIDLER Andreas		448	12 M40M	00:53:57.06	00:13:35.78	106	00:13:16.68	87	00:13:39.66	90	00:13:24.94	90	keine Angabe
94	SCHNEIDER Fabienne		531	5 HKWF	00:54:03.27	00:13:51.15	109	00:13:26.18	90	00:13:37.78	86	00:13:08.16	77	keine Angabe
95	PETER Tatjana		513	2 W40F	00:54:11.38	00:13:13.43	96	00:13:30.04	93	00:13:47.50	99	00:13:40.41	102	keine Angabe
96	BOHLSCHIED Patrick		410	13 M40M	00:54:12.33	00:13:03.22	89	00:13:36.32	97	00:13:47.47	98	00:13:45.32	106	keine Angabe
97	IDELBERGER Michael		453	5 M50M	00:54:14.23	00:13:03.22	90	00:13:36.06	96	00:13:47.66	100	00:13:47.29	107	keine Angabe
98	URBAN Noah		546	3 U16M	00:54:27.36	00:12:35.21	74	00:13:26.31	91	00:14:02.63	104	00:14:23.21	118	Team Urban

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Runde 1	Platz	Runde 2	Platz	Runde 3	Platz	Runde 4	Platz	Verein
99	URBAN Hannah		545	2 U20F	00:54:29.31	00:12:25.57	70	00:13:35.63	95	00:14:20.38	110	00:14:07.73	112	Team Urban
100	MAI Theresa		568	6 HKWF	00:54:39.28	00:14:44.80	136	00:13:26.76	92	00:12:56.52	66	00:13:31.20	95	keine Angabe
101	KAISER Markus		458	13 M45M	00:54:45.59	00:13:31.05	105	00:13:41.41	103	00:13:56.00	101	00:13:37.13	99	TV Eschhofen
102	BELEY Matthias		406	8 M30M	00:54:48.05	00:12:47.59	83	00:13:51.78	106	00:14:20.41	111	00:13:48.27	108	keine Angabe
103	HÖLZER Jens		452	9 M30M	00:54:50.64	00:13:19.47	102	00:14:16.55	121	00:14:05.21	105	00:13:09.41	79	keine Angabe
104	WOLF Jessica		555	4 W30F	00:54:58.39	00:14:02.67	121	00:13:41.17	102	00:13:43.29	93	00:13:31.26	96	keine Angabe
105	ASTOR Géraldine		401	5 W30F	00:54:58.50	00:14:02.73	122	00:13:40.95	100	00:13:43.48	94	00:13:31.34	97	keine Angabe
106	MÜLLER Sandra		503	3 W35F	00:55:04.97	00:13:27.67	103	00:13:44.07	104	00:13:56.05	102	00:13:57.18	111	keine Angabe
107	DÖRNER Niklas		427	20 HKMM	00:55:05.02	00:13:02.58	88	00:14:16.49	120	00:14:11.95	107	00:13:34.00	98	Team Air Run
108	KLEIN Iris		461	6 W30F	00:55:09.25	00:14:02.49	120	00:13:41.11	101	00:13:44.22	95	00:13:41.43	104	keine Angabe
109	SCHNEIDER Dominik		530	5 U18M	00:55:20.69	00:12:05.32	67	00:15:40.56	136	00:14:21.23	112	00:13:13.58	84	Tilemannschule Limburg
110	GEIS Stephan		439	21 HKMM	00:55:59.39	00:12:02.99	64	00:13:57.02	108	00:15:05.63	127	00:14:53.75	124	Geise
111	WÖRSCHING Milena		556	7 HKWF	00:56:03.03	00:13:38.24	107	00:14:12.81	116	00:14:31.36	119	00:13:40.62	103	keine Angabe
112	LITZINGER Max		566	1 U12M	00:56:13.48	00:14:01.58	118	00:14:14.58	117	00:14:48.08	122	00:13:09.24	78	keine Angabe
113	LITZINGER Oliver		565	14 M40M	00:56:13.68	00:14:01.73	119	00:14:14.60	118	00:14:47.92	121	00:13:09.43	80	keine Angabe
114	HÖLTKEN Thomas		451	14 M45M	00:56:29.19	00:12:41.32	82	00:13:52.64	107	00:14:39.80	120	00:15:15.43	131	keine Angabe
115	FRICKE Katharina		571	7 W30F	00:56:31.41	00:13:55.34	114	00:14:03.85	114	00:14:16.78	109	00:14:15.44	114	Limburger Club für Wassersport
116	KLEIN Esther		460	4 W35F	00:56:33.53	00:13:51.75	110	00:13:48.96	105	00:14:05.82	106	00:14:47.00	123	keine Angabe
117	EHLING Martin		431	2 M60M	00:56:35.23	00:13:56.06	116	00:14:00.01	111	00:14:25.74	116	00:14:13.42	113	keine Angabe
118	GEIS Elvi		438	2 W50F	00:56:39.60	00:13:46.72	108	00:13:58.19	110	00:14:30.22	117	00:14:24.47	120	Geise
119	MÜLLER Heike		501	3 W50F	00:56:43.55	00:13:54.39	111	00:14:02.17	113	00:14:30.89	118	00:14:16.10	115	Speedteam Alzenau e.V.
120	JUNG Heike		456	4 W50F	00:56:46.21	00:13:55.57	115	00:14:04.24	115	00:14:22.56	114	00:14:23.84	119	AOK-Laufschule Limburg
121	KRÜGER Mike		477	15 M40M	00:56:50.01	00:14:22.53	132	00:14:25.02	124	00:14:12.48	108	00:13:49.98	109	Team Wadenkrampf
122	MALETZKI Klaus		490	3 M55M	00:57:03.93	00:14:03.00	123	00:13:58.17	109	00:14:23.42	115	00:14:39.34	122	Flaming Stars Hessen
123	GARCON Gerd		437	4 M55M	00:57:06.55	00:14:06.30	127	00:14:16.13	119	00:14:21.79	113	00:14:22.33	116	SV Hertha Nievern
124	MAUR Eva		492	8 HKWF	00:58:15.49	00:13:30.25	104	00:14:38.16	125	00:15:07.56	129	00:14:59.52	127	keine Angabe
125	SCHÄFER Henrike		521	9 HKWF	00:58:17.97	00:14:05.14	126	00:14:22.43	123	00:14:52.11	124	00:14:58.29	125	keine Angabe
126	BIRK Maria		408	10 HKWF	00:58:18.13	00:14:05.13	125	00:14:22.13	122	00:14:52.10	123	00:14:58.77	126	keine Angabe
127	BENDER Dominik		407	10 M35M	00:59:04.22	00:14:13.35	129	00:14:42.37	127	00:15:08.79	131	00:14:59.71	128	keine Angabe
128	HERR Mike		450	16 M40M	00:59:04.45	00:14:13.50	130	00:14:42.21	126	00:15:08.70	130	00:15:00.04	129	keine Angabe
129	DROSTE Manfred		429	6 M50M	00:59:29.46	00:14:24.01	133	00:14:52.37	128	00:15:06.59	128	00:15:06.49	130	keine Angabe
130	MENGES Katrin		493	5 W50F	01:00:12.63	00:15:24.83	146	00:15:26.03	135	00:14:58.82	125	00:14:22.95	117	keine Angabe
131	SEIP Stefan		537	7 M50M	01:00:12.78	00:15:07.46	142	00:15:23.59	132	00:15:02.49	126	00:14:39.24	121	keine Angabe
132	KLEMENT Marc		255	17 M40M	01:00:18.35	00:14:26.05	134	00:15:08.87	129	00:15:22.04	133	00:15:21.39	132	RSV Weyer
133	BACH Klaus		402	8 M50M	01:00:22.65	00:14:01.24	117	00:15:17.71	131	00:15:40.69	135	00:15:23.01	133	keine Angabe
134	BRANDT Marieke		413	11 HKWF	01:00:39.63	00:13:54.73	113	00:15:23.73	133	00:15:39.91	134	00:15:41.26	136	Grün-Weiß Lederkutte
135	NEUKIRCH Sabine		505	2 W45F	01:01:01.67	00:14:49.71	138	00:15:11.69	130	00:15:21.47	132	00:15:38.80	135	keine Angabe
136	HEIDLER Margarete		449	6 W50F	01:02:23.03	00:14:44.49	135	00:15:25.28	134	00:16:00.98	136	00:16:12.28	142	keine Angabe
137	ZIMMERMANN Heike		558	3 W45F	01:03:21.40	00:14:56.70	140	00:16:12.00	142	00:16:26.62	142	00:15:46.08	137	keine Angabe
138	SCHUPP Irina		535	5 W35F	01:03:27.93	00:15:23.36	144	00:15:57.74	140	00:16:06.41	137	00:16:00.42	138	keine Angabe
139	KÖPPER Antje		471	4 W45F	01:03:54.89	00:15:18.62	143	00:16:13.77	144	00:16:16.16	138	00:16:06.34	139	AOK-Laufschule Marienstatt
140	KLEADAMY Parinaz		567	12 HKWF	01:04:00.66	00:14:45.06	137	00:16:22.85	146	00:16:28.77	143	00:16:23.98	144	keine Angabe
141	MEURER Alexandra		494	7 W50F	01:04:06.53	00:15:34.25	148	00:15:56.93	138	00:16:23.65	141	00:16:11.70	140	keine Angabe
142	MEURER Peter		497	9 M50M	01:04:06.54	00:15:34.09	147	00:15:57.15	139	00:16:23.23	140	00:16:12.07	141	keine Angabe
143	MEURER Linda		496	13 HKWF	01:04:06.74	00:14:03.63	124	00:17:27.58	151	00:16:23.20	139	00:16:12.33	143	keine Angabe
144	BÖHM Christina		411	14 HKWF	01:04:07.15	00:14:09.58	128	00:16:12.67	143	00:16:49.59	144	00:16:55.31	145	keine Angabe
145	BÖHM Susanne		412	8 W50F	01:04:13.52	00:14:22.27	131	00:16:00.23	141	00:16:49.82	145	00:17:01.20	146	keine Angabe
146	LÜCKHOF Kevin		486	22 HKMM	01:04:36.57	00:14:57.55	141	00:16:36.35	149	00:17:25.98	150	00:15:36.69	134	keine Angabe
147	MARTIN Lara		491	15 HKWF	01:04:44.99	00:14:54.16	139	00:15:45.35	137	00:16:57.61	146	00:17:07.87	147	keine Angabe

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Runde 1	Platz	Runde 2	Platz	Runde 3	Platz	Runde 4	Platz	Verein
148	LÖHR Ulrich		484	10 M50M	01:06:34.14	00:15:37.06	149	00:16:33.18	148	00:17:01.13	147	00:17:22.77	149	TuS Griesheim
149	SCHMIDT Ellisa		572	6 W35F	01:06:34.18	00:15:37.56	150	00:16:33.13	147	00:17:01.13	148	00:17:22.36	148	keine Angabe
150	OPITZ Daniela		509	3 W40F	01:07:34.36	00:15:24.67	145	00:16:41.72	150	00:17:30.07	152	00:17:57.90	151	Rettert
151	WALTER Wiebke		551	3 U20F	01:07:51.05	00:16:26.28	152	00:16:19.75	145	00:17:20.03	149	00:17:44.99	150	keine Angabe
152	KNAUER Horst		466	15 M45M	01:09:05.03	00:15:54.21	151	00:17:33.91	152	00:17:26.04	151	00:18:10.87	152	keine Angabe
153	LEYDECKER Jupp		482	11 M50M	01:13:59.24	00:17:26.16	154	00:18:22.42	154	00:18:56.93	153	00:19:13.73	153	keine Angabe
154	LEYDECKER Sabine		483	5 W45F	01:13:59.91	00:17:26.20	155	00:18:22.34	153	00:18:57.14	154	00:19:14.23	154	keine Angabe
155	WALTER Mareike		550	4 U20F	01:14:50.26	00:17:02.80	153	00:18:27.07	155	00:19:43.17	155	00:19:37.22	155	keine Angabe
DNF	KNAACK Thomas		465	0 M45M	00:25:28.69	00:12:58.85	-	00:12:29.84	-	-	-	-	-	keine Angabe
DNF	FRIEHMELT Sonja		436	0 W30F	00:13:20.11	00:13:20.11	-	-	-	-	-	-	-	Red Lantern
DNF	PUHL Tatjana		515	0 HKWF	00:30:55.25	00:30:55.25	-	-	-	-	-	-	-	keine Angabe

