

| Platz | Nachname - Vorname | NationStNr. | Platz AK | Zeit | SWIM | Platz | RUN | Platz | Verein |
|-------|-------------------------|-------------|----------|-------------|-------------|-------|-------------|-------|--------------------------|
| 1 | PARL Franziska | 019 | 1 SwBF | 00:08:20.87 | 00:03:40.07 | 5 | 00:04:40.80 | 5 | Schwimmverein Gelnhausen |
| 2 | MONCEYRON Maya Carlotta | 016 | 2 SwBF | 00:08:25.51 | 00:04:03.23 | 8 | 00:04:22.28 | 3 | SV Gelnhausen |
| 3 | HESSBERGER Lenja | 011 | 3 SwBF | 00:08:35.15 | 00:03:25.09 | 2 | 00:05:10.06 | 11 | SV Gelnhausen |
| 4 | SCHMIDT Mira | 023 | 4 SwBF | 00:08:36.52 | 00:03:46.28 | 6 | 00:04:50.24 | 7 | SV Gelnhausen |
| 5 | GERING Charlotte | 013 | 5 SwBF | 00:10:24.91 | 00:05:19.85 | 11 | 00:05:05.06 | 10 | keine Angabe |
| 6 | BÖTTCHER Lara Madeleine | 017 | 6 SwBF | 00:10:44.67 | 00:05:41.24 | 12 | 00:05:03.43 | 9 | TV 1862 Langen |
| 7 | HARDER Charlotte | 014 | 7 SwBF | 00:11:24.84 | 00:05:59.63 | 14 | 00:05:25.21 | 13 | keine Angabe |
| 8 | KIEBLING Giulia | 027 | 1 SwAF | 00:12:11.11 | 00:05:51.24 | 13 | 00:06:19.87 | 14 | Laufteam Gelnhausen e.V. |

| Platz | Nachname - Vorname | NationStNr. | Platz AK | Zeit | SWIM | Platz | RUN | Platz | Verein |
|-------|---------------------|-------------|----------|-------------|-------------|-------|-------------|-------|--------------------------|
| 1 | THANSCHIEDT Matthis | 012 | 1 SmBM | 00:07:09.91 | 00:03:23.91 | 1 | 00:03:46.00 | 2 | SV Gelnhausen |
| 2 | MÖLLER Samuel | 020 | 2 SmBM | 00:07:13.96 | 00:03:36.56 | 4 | 00:03:37.40 | 1 | Tri Team Gießen |
| 3 | WIEDERSUM Marcel | 015 | 3 SmBM | 00:08:04.84 | 00:03:36.54 | 3 | 00:04:28.30 | 4 | SV Gelnhausen |
| 4 | DIEHL Erik | 022 | 4 SmBM | 00:08:43.38 | 00:03:51.60 | 7 | 00:04:51.78 | 8 | SV Gelnhausen |
| 5 | LAKUS Marlon | 026 | 1 SmAM | 00:09:39.45 | 00:04:54.23 | 10 | 00:04:45.22 | 6 | Laufteam Gelnhausen e.V. |
| 6 | STAAB Niklas | 062 | 5 SmBM | 00:10:05.30 | 00:04:46.61 | 9 | 00:05:18.69 | 12 | RFC Roßbach |