

U18 - weiblich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|--------------------|-------|-----|-------------|-----------|-------------|---------------------------|
| 1 | BLAUE Cora | 1324 | 24 | 00:39:06.27 | | 00:39:04.81 | Erfurter LAC |
| 2 | JUNGHANNß Ada | 1791 | 53 | 00:41:55.47 | + 2m50s | 00:41:52.55 | LSV Schmölln |
| 3 | SACHSE Marit | 1583 | 290 | 00:50:38.18 | + 11m32s | 00:50:11.67 | SV Sömmerda e.V. Radsport |
| 4 | UTTRODT Angelina | 1655 | 467 | 00:56:15.51 | + 17m10s | 00:56:03.30 | Mühlhausen |
| 5 | THIELEN Lena | 1641 | 589 | 01:00:30.38 | + 21m25s | 00:59:51.48 | Hennefer TV |

U18 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|---------------------|-------|-----|-------------|-----------|-------------|---------------------------|
| 1 | FÖRSTER Tom | 1384 | 5 | 00:32:39.86 | | 00:32:39.10 | LG Vogtland |
| 2 | SELLE Hagen | 1826 | 14 | 00:35:58.86 | + 3m19s | 00:35:58.34 | Sv 1899 Mühlhausen |
| 3 | FISCHER Leon | 1375 | 30 | 00:40:07.62 | + 7m28s | 00:40:04.06 | HSV Weimar |
| 4 | KNAUF Oliver | 1831 | 39 | 00:40:47.97 | + 8m09s | 00:40:36.85 | TSV Schleißheim |
| 5 | HOFMANN Cedric | 1810 | 108 | 00:44:57.35 | + 12m18s | 00:44:48.61 | SC Impuls Erfurt e.V. |
| 6 | WYSOCKI Maurice | 1685 | 129 | 00:45:31.18 | + 12m52s | 00:45:19.62 | VfB Torpedo Ichershausen |
| 7 | KLATTE Philip | 1463 | 134 | 00:45:40.23 | + 13m01s | 00:45:27.68 | RV Elxleben |
| 8 | MÖRSTEDT Dennis | 1832 | 199 | 00:48:04.12 | + 15m25s | 00:48:04.09 | LSV Neunheilingen |
| 9 | HOFFMANN Franz | 1180 | 220 | 00:48:23.64 | + 15m44s | 00:47:46.49 | keine Angabe |
| 10 | LANGE John | 1489 | 266 | 00:49:48.93 | + 17m10s | 00:49:36.85 | SV Sömmerda e.V. Radsport |
| 11 | LAUSCHAM Nelson Uwe | 1079 | 293 | 00:50:41.89 | + 18m02s | 00:50:04.08 | keine Angabe |
| 12 | ADAMS Victor | 1018 | 301 | 00:51:06.19 | + 18m27s | 00:50:56.70 | keine Angabe |
| 13 | EBELT Conrad | 1181 | 321 | 00:51:49.37 | + 19m10s | 00:51:07.03 | keine Angabe |
| 14 | THIELEN Philipp | 1642 | 385 | 00:53:58.75 | + 21m19s | 00:53:39.85 | TTC DJK Hennef |
| 15 | GÖRNHARDT Paul | 1407 | 398 | 00:54:12.85 | + 21m33s | 00:54:02.90 | Roadrunner Schmira |
| 16 | PRESCHE Moritz | 1795 | 497 | 00:56:57.94 | + 24m19s | 00:56:43.55 | USV Erfurt |
| 17 | HOFFMANN Karl | 1179 | 585 | 01:00:22.47 | + 27m43s | 00:59:42.68 | keine Angabe |
| 18 | REITBERGER Peter | 1563 | 619 | 01:02:21.69 | + 29m42s | 01:01:46.73 | Die Bärenbrüder |
| 19 | HOFFMANN Mats | 1178 | 664 | 01:06:44.04 | + 34m05s | 01:06:01.71 | keine Angabe |
| 20 | LÖFFLER Julian | 1506 | 687 | 01:13:54.67 | + 41m15s | 01:13:20.99 | Die Bärenbrüder |

U20 - weiblich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|---------------------|-------|-----|-------------|-----------|-------------|------------------|
| 1 | RICHTER Anna Maria | 1783 | 116 | 00:45:12.38 | | 00:45:11.46 | WSV Oberhof 05 |
| 2 | BRILL Nikkeline | 1184 | 189 | 00:47:37.49 | + 2m26s | 00:47:19.84 | ASV Erfurt |
| 3 | HUTH Denise | 1438 | 393 | 00:54:05.22 | + 8m53s | 00:53:39.53 | Decathlon Erfurt |
| 4 | REIF Ariane | 1185 | 508 | 00:57:23.52 | + 12m12s | 00:57:05.76 | keine Angabe |
| 5 | FURMANN Lisa | 1775 | 509 | 00:57:26.45 | + 12m15s | 00:57:19.29 | LC Jena |
| 6 | ELSÄSSER Clara | 1364 | 603 | 01:01:06.52 | + 15m55s | 01:00:59.69 | TSSC Erfurt |
| DNF | SCHAEFER Anne Marie | 1855 | DNF | 00:00:00.00 | | | TSSC Erfurt |

U20 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|--------------------|-------|-----|-------------|-----------|-------------|---------------------------|
| 1 | FREITAG Roman | 1381 | 6 | 00:32:42.63 | | 00:32:42.49 | Erfurter LAC |
| 2 | RUDOLPH Sascha | 1574 | 8 | 00:35:09.99 | + 2m28s | 00:35:09.96 | Sv 1899 Mühlhausen |
| 3 | SCHMIDT Moritz | 1594 | 13 | 00:35:57.26 | + 3m15s | 00:35:56.59 | Erfurter LAC |
| 4 | JÄGELER Paul | 1801 | 43 | 00:40:54.33 | + 8m12s | 00:40:38.21 | - ohne - |
| 5 | SACHSE Jan- Erik | 1581 | 55 | 00:42:02.46 | + 9m20s | 00:41:51.89 | SV Sömmerda e.V. Radsport |
| 6 | KOLARZIK Tim | 1470 | 72 | 00:43:01.98 | + 10m20s | 00:42:47.35 | sportreha.ERFURT |
| 7 | KALLENBACH Lorenzo | 1451 | 158 | 00:46:40.55 | + 13m58s | 00:46:33.92 | keine Angabe |
| 8 | WILHELM Max | 1676 | 194 | 00:47:51.94 | + 15m10s | 00:47:09.01 | ASV Erfurt |
| 9 | DROEMER Lukas | 1356 | 265 | 00:49:45.94 | + 17m04s | 00:49:40.46 | TSSC Erfurt |

U20 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|--------------------|-------|-----|-------------|-----------|-------------|--------------|
| 10 | RÖDER Linus | 1576 | 567 | 00:59:35.87 | + 26m54s | 00:59:01.38 | keine Angabe |

F20 - weiblich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|-----------------------|-------|-----|-------------|-----------|-------------|---------------------------|
| 1 | FISCHER Anna Kristin | 1374 | 22 | 00:38:22.52 | | 00:38:22.09 | SC DHfK Leipzig |
| 2 | VOIGTMANN Katja | 1662 | 57 | 00:42:08.55 | + 3m46s | 00:42:00.25 | VfB Torpedo Ichershausen |
| 3 | RUSCHKE Franziska | 1575 | 215 | 00:48:21.58 | + 10m00s | 00:48:01.58 | Ninja |
| 4 | KAISER Melanie | 1821 | 305 | 00:51:12.85 | + 12m51s | 00:51:00.58 | - ohne - |
| 5 | FINDEIS Miriam | 1372 | 340 | 00:52:24.14 | + 14m02s | 00:51:57.97 | keine Angabe |
| 6 | BUCKWITZ Bettina | 1336 | 396 | 00:54:10.92 | + 15m49s | 00:54:02.33 | Die drei Drachen |
| 7 | WEGERICH Marie-Theres | 1136 | 435 | 00:55:20.27 | + 16m58s | 00:54:32.89 | keine Angabe |
| 8 | BECK Rebecca | 1315 | 525 | 00:58:00.61 | + 19m39s | 00:57:28.35 | Team Fitness-Mama |
| 9 | STARK Carolin | 1627 | 535 | 00:58:20.10 | + 19m58s | 00:57:46.89 | Team Klausstraße |
| 10 | GERLACH Lena | 1768 | 579 | 01:00:12.99 | + 21m51s | 00:59:24.58 | FC Vollgas |
| 11 | SCHMIDT Clarissa | 1592 | 625 | 01:02:30.79 | + 24m09s | 01:02:06.01 | keine Angabe |
| 12 | HECHT Annemarie | 1415 | 630 | 01:02:50.78 | + 24m29s | 01:02:23.44 | N3 Sportverein e.V. |
| 13 | KRANZ Lena | 1474 | 645 | 01:04:40.36 | + 26m18s | 01:04:01.11 | keine Angabe |
| 14 | SKIBA Claudia | 1617 | 654 | 01:05:40.87 | + 27m19s | 01:04:58.84 | Sparkasse Mittelthüringen |

M20 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|-------------------------|-------|-----|-------------|-----------|-------------|-------------------------------------|
| 1 | TESFAZGHI HAYALU Samsom | 1638 | 2 | 00:32:03.22 | | 00:32:03.19 | SV Sömmerda e.V. |
| 2 | HÄßNER Philipp | 1762 | 3 | 00:32:15.05 | + 12s | 00:32:15.02 | SC Impuls Erfurt e.V. |
| 3 | SPARBROD Moritz | 1169 | 7 | 00:32:46.91 | + 44s | 00:32:46.32 | SC Impuls Erfurt e.V. |
| 4 | PANSE Adrian | 1760 | 9 | 00:35:12.36 | + 3m10s | 00:35:10.63 | USV Erfurt |
| 5 | ZENKER Florian | 1687 | 10 | 00:35:42.51 | + 3m40s | 00:35:40.82 | Marineclub Gotha |
| 6 | REUß Phil | 1820 | 12 | 00:35:54.43 | + 3m52s | 00:35:52.93 | Militärischer Fünfkampf Deutschland |
| 7 | SCHERWITZ Jakob | 1588 | 16 | 00:37:49.03 | + 5m46s | 00:37:47.07 | keine Angabe |
| 8 | BOOKS Christian | 1706 | 17 | 00:38:00.88 | + 5m58s | 00:37:58.74 | Altmärker Jungs |
| 9 | KELLNER Tobias | 1460 | 18 | 00:38:03.46 | + 6m01s | 00:38:02.70 | keine Angabe |
| 10 | KARIMI Khalid | 1454 | 23 | 00:38:32.35 | + 6m30s | 00:38:32.32 | keine Angabe |
| 11 | HOFFMANN Erik | 1147 | 33 | 00:40:19.37 | + 8m17s | 00:40:16.83 | keine Angabe |
| 12 | THIELMANN Till | 1152 | 36 | 00:40:29.23 | + 8m26s | 00:40:27.68 | keine Angabe |
| 13 | HEROLD Christian | 1425 | 38 | 00:40:41.91 | + 8m39s | 00:40:40.05 | Läuferbund Schwarzenberg 90 e.V. |
| 14 | SCHALLER Marvin | 1585 | 52 | 00:41:49.16 | + 9m46s | 00:41:40.79 | USV Erfurt |
| 15 | KNEIST Hans | 1786 | 56 | 00:42:06.68 | + 10m04s | 00:42:02.09 | 1. SC Pectoralis 03 |
| 16 | WESTERWELLE Alexander | 1767 | 80 | 00:43:39.08 | + 11m36s | 00:42:50.46 | FC Vollgas |
| 17 | PONICK Julius | 1021 | 95 | 00:44:23.65 | + 12m21s | 00:44:13.83 | keine Angabe |
| 18 | DITTMAR Tom | 1354 | 97 | 00:44:34.86 | + 12m32s | 00:44:18.95 | keine Angabe |
| 19 | GRÜTZNER Jan Philipp | 1700 | 106 | 00:44:52.42 | + 12m50s | 00:44:47.01 | Erfurter LAC |
| 20 | MÜLLER Martin | 1708 | 113 | 00:45:08.41 | + 13m06s | 00:45:05.40 | Altmärker Jungs |
| 21 | VOGT Philipp | 1660 | 136 | 00:45:59.39 | + 13m57s | 00:45:37.40 | Kenias |
| 22 | WILHELM Paul | 1677 | 155 | 00:46:36.33 | + 14m34s | 00:45:53.04 | ASV Erfurt |
| 23 | BEHR Felix | 1312 | 159 | 00:46:40.56 | + 14m38s | 00:46:20.42 | Grundschule Ohrdruf |
| 24 | KOPP Eric | 1072 | 162 | 00:46:50.68 | + 14m48s | 00:46:45.71 | keine Angabe |
| 25 | REITBERGER Enrico | 1562 | 181 | 00:47:26.56 | + 15m24s | 00:46:53.59 | Die Bärenbrüder |
| 26 | BEDNARZYK Sebastian | 1317 | 202 | 00:48:06.40 | + 16m04s | 00:47:58.15 | SWE-Laufteam |
| 27 | HEGEMANN Peter | 1418 | 207 | 00:48:11.58 | + 16m09s | 00:47:47.40 | Decathlon Erfurt |
| 28 | FUNKE Felix | 1076 | 210 | 00:48:15.36 | + 16m13s | 00:47:26.33 | keine Angabe |
| 29 | LEWJEW Eric | 1495 | 226 | 00:48:41.78 | + 16m39s | 00:48:26.70 | N3 Sportverein e.V. |
| 30 | KAUFMANN Max | 1456 | 228 | 00:48:46.14 | + 16m43s | 00:48:11.91 | Die Bärenbrüder |
| 31 | NACHTWEY Niklas | 1126 | 242 | 00:49:09.49 | + 17m07s | 00:48:24.34 | spg Kreuzebra/Zella |

M20 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|--------------------|-------|-----|-------------|-----------|-------------|------------------------|
| 32 | LINKE Friedemann | 1499 | 256 | 00:49:37.16 | + 17m34s | 00:49:20.86 | keine Angabe |
| 33 | JANKE Kai | 1071 | 264 | 00:49:45.75 | + 17m43s | 00:49:40.74 | TSSC Erfurt |
| 34 | HENSCHKE Kevin | 1133 | 296 | 00:50:46.39 | + 18m44s | 00:50:20.65 | TSV 1861 Bad Tennstedt |
| 35 | BEUTH Jonas | 1083 | 315 | 00:51:33.78 | + 19m31s | 00:51:24.14 | Volkssport Erfurt |
| 36 | POLZIN Marco | 1707 | 324 | 00:51:55.39 | + 19m53s | 00:51:41.39 | Altmärker Jungs |
| 37 | WINGE Daniel | 1678 | 330 | 00:52:07.61 | + 20m05s | 00:51:18.35 | keine Angabe |
| 38 | PAWLIK Karsten | 1548 | 331 | 00:52:13.82 | + 20m11s | 00:51:51.87 | keine Angabe |
| 39 | HAMM Manuel | 1411 | 337 | 00:52:23.20 | + 20m20s | 00:51:56.96 | keine Angabe |
| 40 | JANCA Nicholas | 1443 | 346 | 00:52:30.54 | + 20m28s | 00:52:22.00 | Janca-Runners |
| 41 | WEIDNER Daniel | 1123 | 354 | 00:52:45.02 | + 20m42s | 00:51:58.26 | keine Angabe |
| 42 | HOTZE Henryk | 1726 | 372 | 00:53:29.12 | + 21m26s | 00:52:44.81 | Walschberg Runners |
| 43 | VOLKMER Florian | 1663 | 392 | 00:54:05.04 | + 22m02s | 00:53:39.50 | Decathlon Erfurt |
| 44 | BATTES Benedict | 1150 | 498 | 00:57:01.00 | + 24m58s | 00:56:14.47 | Schutzblech Geilsdorf |
| 45 | HÖRENZ Patrick | 1845 | 605 | 01:01:23.18 | + 29m20s | 01:00:28.78 | - ohne - |

F30 - weiblich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|--------------------------|-------|-----|-------------|-----------|-------------|---|
| 1 | KOCH Jessica | 1467 | 66 | 00:42:38.92 | | 00:42:34.22 | keine Angabe |
| 2 | ZSCHOCH Mandy | 1692 | 193 | 00:47:49.36 | + 5m11s | 00:47:40.81 | Fit mit Schmidt |
| 3 | DIETRICH Katharina | 1055 | 216 | 00:48:22.28 | + 5m44s | 00:48:09.52 | keine Angabe |
| 4 | MARBACH Susanne | 1514 | 225 | 00:48:40.44 | + 6m02s | 00:48:31.50 | Laufwerk Würzburg |
| 5 | MANNIG Maria | 1512 | 230 | 00:48:47.92 | + 6m09s | 00:48:28.21 | keine Angabe |
| 6 | DINORT Sandy | 1351 | 245 | 00:49:15.65 | + 6m37s | 00:49:10.08 | LTV Erfurt |
| 7 | ZÖLLNER Christin | 1694 | 277 | 00:50:13.92 | + 7m35s | 00:49:39.68 | Laufgruppe Treffurt |
| 8 | SCHÖNFELD Jana | 1001 | 312 | 00:51:30.02 | + 8m52s | 00:50:50.70 | Q running |
| 9 | KNAUER Janina | 1466 | 319 | 00:51:46.17 | + 9m08s | 00:51:17.18 | keine Angabe |
| 10 | DARR Claudia | 1049 | 322 | 00:51:49.46 | + 9m11s | 00:51:13.58 | die flinken Flitzer |
| 11 | WOLTER Gabi | 1157 | 328 | 00:52:00.39 | + 9m22s | 00:51:20.32 | SG Urbich |
| 12 | BRÜCKNER Madlen | 1119 | 355 | 00:52:45.03 | + 10m07s | 00:52:35.65 | keine Angabe |
| 13 | HEDWIG Diana | 1417 | 363 | 00:52:57.31 | + 10m19s | 00:52:37.68 | SG Sieg Laufftreff Do. 18.30 |
| 14 | SKROWNY Ivonne | 1619 | 376 | 00:53:30.17 | + 10m52s | 00:53:07.14 | keine Angabe |
| 15 | POHLE Sabrina | 1553 | 388 | 00:54:02.14 | + 11m24s | 00:53:50.68 | keine Angabe |
| 16 | SILVA RAMIREZ Ana Isabel | 1613 | 391 | 00:54:05.04 | + 11m27s | 00:53:39.16 | Decathlon Erfurt |
| 17 | PATRICIA EVA Liebmann | 1173 | 402 | 00:54:20.37 | + 11m42s | 00:53:52.48 | LTV Erfurt |
| 18 | KÖPKE Stefanie | 1488 | 412 | 00:54:45.97 | + 12m07s | 00:54:37.78 | keine Angabe |
| 19 | UNGEFUK Tatjana | 1797 | 413 | 00:54:46.83 | + 12m08s | 00:54:16.51 | - ohne - |
| 20 | MARTIN Julia | 1515 | 422 | 00:55:00.14 | + 12m22s | 00:54:49.18 | Laufgruppe Erfurt/Dillstädt |
| 21 | FISCHER Julia | 1718 | 426 | 00:55:06.87 | + 12m28s | 00:54:22.78 | - ohne - |
| 22 | HEIDI Schlegel | 1419 | 433 | 00:55:18.92 | + 12m40s | 00:54:57.30 | Flamingos Jena |
| 23 | NICOLE Fischer | 1538 | 434 | 00:55:19.55 | + 12m41s | 00:54:58.09 | Flamingos Jena |
| 24 | WEISHAAR Annemarie | 1137 | 437 | 00:55:22.05 | + 12m44s | 00:54:44.81 | keine Angabe |
| 25 | VOIGT Marie | 1661 | 440 | 00:55:30.02 | + 12m52s | 00:55:06.66 | keine Angabe |
| 26 | KUMPF Anett | 1483 | 449 | 00:55:40.02 | + 13m02s | 00:55:04.73 | keine Angabe |
| 27 | HOLIGHAUS Claudia | 1839 | 456 | 00:55:56.54 | + 13m18s | 00:55:37.05 | Fit mit Schmidt |
| 28 | JANKE Adelheid | 1060 | 470 | 00:56:18.24 | + 13m40s | 00:55:50.38 | keine Angabe |
| 29 | MEYER Bianka | 1772 | 475 | 00:56:29.29 | + 13m51s | 00:56:20.56 | - ohne - |
| 30 | NOLTE Luisa | 1778 | 493 | 00:56:53.57 | + 14m15s | 00:56:00.00 | ILVERS Musicbar ERFURT |
| 31 | BRUHNE Natalie | 1332 | 499 | 00:57:03.47 | + 14m25s | 00:56:47.88 | - |
| 32 | OSWALD Mandy | 1544 | 500 | 00:57:03.50 | + 14m25s | 00:56:34.94 | LTV Erfurt |
| 33 | KRUG Franziska | 1751 | 511 | 00:57:30.98 | + 14m53s | 00:56:34.31 | SRLV |
| 34 | KUHLES Elisa Anne | 1482 | 513 | 00:57:33.77 | + 14m55s | 00:57:00.89 | keine Angabe |
| 35 | VOTAPEK-KIRCHNER Julia | 1096 | 517 | 00:57:43.91 | + 15m05s | 00:57:21.07 | Roarunners |
| 36 | PÖLCK Anja | 1070 | 528 | 00:58:09.46 | + 15m31s | 00:57:47.54 | keine Angabe |
| 37 | HÜBNER Tina | 1440 | 529 | 00:58:10.38 | + 15m32s | 00:57:32.20 | Sportverein RW50 Wundersleben - Fitness |
| 38 | TRÜBENBACH Theresa | 1143 | 536 | 00:58:20.62 | + 15m42s | 00:58:09.68 | Breakletics |

F30 - weiblich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|-----------------------|-------|-----|-------------|-----------|-------------|-------------------------------|
| 39 | GEYER Corina | 1803 | 551 | 00:58:44.60 | + 16m06s | 00:58:14.45 | - ohne - |
| 40 | FRANZ Katja | 1722 | 560 | 00:59:21.69 | + 16m43s | 00:58:38.02 | DCR Squad Erfurt |
| 41 | FEHR Julia | 1371 | 583 | 01:00:19.80 | + 17m41s | 00:59:44.25 | SV Mihla |
| 42 | SALWIK Andrea | 1139 | 587 | 01:00:26.47 | + 17m48s | 00:59:41.00 | keine Angabe |
| 43 | RAUSCHENBERG Corinna | 1058 | 590 | 01:00:32.07 | + 17m54s | 00:59:54.57 | keine Angabe |
| 44 | OCHANINE Verena | 1540 | 594 | 01:00:51.84 | + 18m13s | 01:00:15.19 | keine Angabe |
| 45 | MENZER Claudia | 1523 | 595 | 01:00:52.76 | + 18m14s | 01:00:14.41 | Tennisverein Wunderleben e.V. |
| 46 | PETERMANN Carina | 1550 | 599 | 01:01:02.50 | + 18m24s | 01:00:10.26 | Kompetenz ohne Talent |
| 47 | KEILWERTH Franziska | 1458 | 602 | 01:01:04.89 | + 18m26s | 01:00:33.76 | keine Angabe |
| 48 | DROSZEZ Luisa | 1357 | 612 | 01:02:07.80 | + 19m29s | 01:01:36.78 | Team Atemnot |
| 49 | KLÄRIG-JACKSON Ulrike | 1103 | 613 | 01:02:13.19 | + 19m35s | 01:01:42.68 | keine Angabe |
| 50 | GARTHOFF Juliane | 1170 | 616 | 01:02:20.29 | + 19m42s | 01:01:47.81 | keine Angabe |
| 51 | GROSSE-RÖLLIG Ulrike | 1101 | 649 | 01:05:08.64 | + 22m30s | 01:04:19.51 | linksgrünverschitzt |
| 52 | LIPPOLD Yvonne | 1500 | 651 | 01:05:19.31 | + 22m41s | 01:04:36.31 | Mühlhäuser Röblinglauf e. V. |
| 53 | LIU Zheng | 1504 | 675 | 01:09:02.72 | + 26m24s | 01:08:25.81 | keine Angabe |
| 54 | USLAUB Katrin | 1654 | 678 | 01:10:22.38 | + 27m44s | 01:09:43.73 | Team Fitness-Mama |
| 55 | ADERHOLD Fatima | 1026 | 680 | 01:10:51.51 | + 28m13s | 01:10:00.08 | keine Angabe |
| 56 | TRÖDER Nadine | 1865 | 682 | 01:11:16.93 | + 28m38s | 01:10:22.88 | - ohne - |
| 57 | CAHMI Sarah | 1125 | 683 | 01:11:21.44 | + 28m43s | 01:10:57.51 | keine Angabe |
| 58 | LIPS Sandra | 1503 | 689 | 01:14:09.90 | + 31m31s | 01:13:27.31 | keine Angabe |
| 59 | MATTHYS Konstanze | 1124 | 691 | 01:14:46.40 | + 32m08s | 01:14:22.41 | keine Angabe |
| 60 | KNAPPE Anne | 1129 | 692 | 01:14:47.65 | + 32m09s | 01:14:23.67 | keine Angabe |
| 61 | LIEBERENZ Constanze | 1496 | 694 | 01:15:24.46 | + 32m46s | 01:14:45.98 | MP > HM L |
| DNF | SCHÜLLER Christiane | 1604 | DNF | 00:00:00.00 | | | keine Angabe |

M30 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|--------------------|-------|-----|-------------|-----------|-------------|---------------------------------------|
| 1 | BRÄUTIGAM Marcel | 1335 | 1 | 00:31:30.91 | | 00:31:30.88 | GutsMuths-Rennsteiglaufverein e.V |
| 2 | MERRBACH Frank | 1796 | 4 | 00:32:39.10 | + 1m09s | 00:32:38.53 | LG Nord Berlin Ultrateam |
| 3 | SKROWNY Andre | 1618 | 11 | 00:35:45.61 | + 4m15s | 00:35:44.70 | Guthsmuths-Rennsteiglaufverein/Lg Süd |
| 4 | MURDOCH Douglas | 1530 | 15 | 00:37:44.37 | + 6m14s | 00:37:41.74 | keine Angabe |
| 5 | KANOLD Michael | 1453 | 26 | 00:39:32.11 | + 8m02s | 00:39:30.71 | Erfurter SSC |
| 6 | WEISE Mario | 1867 | 27 | 00:39:36.39 | + 8m06s | 00:39:31.56 | Triathlon Club Vaduz |
| 7 | GENTZEL Philipp | 1699 | 35 | 00:40:25.43 | + 8m55s | 00:40:23.84 | Erfurter LAC |
| 8 | FUHRMANN Martin | 1120 | 37 | 00:40:31.93 | + 9m01s | 00:40:21.96 | Laufladen Erfurt |
| 9 | TROST Stefan | 1713 | 41 | 00:40:52.91 | + 9m22s | 00:40:49.43 | - ohne - |
| 10 | MODEREGGER Wieland | 1088 | 47 | 00:41:12.89 | + 9m42s | 00:41:07.57 | Ratsrunners Erfurt |
| 11 | KOHLIS Dennis | 1469 | 48 | 00:41:22.68 | + 9m52s | 00:41:19.90 | Laufwerk Sömmerda |
| 12 | KÖPKE Marcel | 1487 | 49 | 00:41:35.96 | + 10m05s | 00:41:28.71 | keine Angabe |
| 13 | THORHAUER Swen | 1645 | 50 | 00:41:42.34 | + 10m12s | 00:41:34.19 | SWE-Laufteam |
| 14 | BÖRSCH Christian | 1715 | 54 | 00:41:56.07 | + 10m26s | 00:41:00.90 | Team BSR |
| 15 | FRITSCH Steve | 1727 | 62 | 00:42:27.54 | + 10m57s | 00:42:16.15 | Walschberg Runners |
| 16 | SOPPART Daniel | 1622 | 63 | 00:42:30.79 | + 11m00s | 00:42:15.02 | VfB Torpedo Ictershausen |
| 17 | MALZAHN Helger | 1510 | 64 | 00:42:35.59 | + 11m05s | 00:42:31.92 | keine Angabe |
| 18 | HLAVATY Oliver | 1432 | 68 | 00:42:46.20 | + 11m16s | 00:42:39.11 | N3 Sportverein Arnstadt e.V |
| 19 | EMMERICH Marc | 1365 | 69 | 00:42:46.44 | + 11m16s | 00:42:35.91 | keine Angabe |
| 20 | SCHEFFLER Marcel | 1127 | 79 | 00:43:23.70 | + 11m53s | 00:43:04.08 | keine Angabe |
| 21 | ENGEL Rayk | 1367 | 81 | 00:43:45.88 | + 12m15s | 00:43:25.51 | Kenias letzte Reserve |
| 22 | RÖDIGER Frank | 1714 | 86 | 00:43:55.49 | + 12m25s | 00:43:43.15 | Naturfreunde Thüringen |
| 23 | LECHNER Manuel | 1491 | 89 | 00:43:59.43 | + 12m29s | 00:43:45.60 | Rad Art Gotha // Easy Riders |
| 24 | BRAUN Dennis | 1330 | 91 | 00:44:14.65 | + 12m44s | 00:44:09.76 | keine Angabe |
| 25 | MÄURER Marcel | 1838 | 93 | 00:44:18.72 | + 12m48s | 00:44:01.14 | - ohne - |
| 26 | FABIAN Lars | 1712 | 96 | 00:44:34.15 | + 13m04s | 00:44:29.75 | - ohne - |
| 27 | SIEGMUND Kay | 1611 | 98 | 00:44:36.10 | + 13m06s | 00:44:18.00 | keine Angabe |
| 28 | LÜCKEMANN Patrick | 1508 | 99 | 00:44:42.60 | + 13m12s | 00:44:15.54 | Team ultraSports |

M30 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|-------------------------|-------|-----|-------------|-----------|-------------|-----------------------------------|
| 29 | KLÖPPNER Norman | 1732 | 103 | 00:44:49.27 | + 13m19s | 00:44:35.30 | - ohne - |
| 30 | CZEKALLA Sebastian | 1733 | 104 | 00:44:49.48 | + 13m19s | 00:44:36.10 | SV Empor Erfurt e.V. |
| 31 | GODEHARDT Björn | 1769 | 107 | 00:44:54.85 | + 13m24s | 00:44:50.50 | SVW Eisenach Triathlon |
| 32 | DOPPING Matthias | 1711 | 111 | 00:45:03.00 | + 13m33s | 00:44:50.45 | - ohne - |
| 33 | DONATH Lars | 1355 | 119 | 00:45:14.93 | + 13m44s | 00:45:08.65 | Roadrunners for Andi |
| 34 | GOLLHARDT Tobias | 1393 | 120 | 00:45:17.32 | + 13m47s | 00:45:07.81 | keine Angabe |
| 35 | ARMBRUST Patrick | 1306 | 128 | 00:45:29.04 | + 13m59s | 00:45:19.78 | Laufwerk WÜ |
| 36 | HELD-ENGELBRECHT Andre | 1421 | 131 | 00:45:33.44 | + 14m03s | 00:45:27.93 | TSSC Erfurt |
| 37 | WENNRICH Maik | 1673 | 135 | 00:45:57.17 | + 14m27s | 00:45:45.46 | Brandenläufer |
| 38 | BECK Jens | 1314 | 138 | 00:46:03.46 | + 14m33s | 00:45:47.14 | keine Angabe |
| 39 | MERSCHER Dirk | 1524 | 146 | 00:46:22.07 | + 14m52s | 00:46:05.40 | Auto Flügel GmbH |
| 40 | MÖPERT Christian | 1532 | 148 | 00:46:25.64 | + 14m55s | 00:46:12.45 | keine Angabe |
| 41 | WERNER Thomas Christian | 1054 | 154 | 00:46:35.26 | + 15m05s | 00:46:12.85 | keine Angabe |
| 42 | MUELLER Peter | 1528 | 165 | 00:47:01.91 | + 15m31s | 00:46:16.90 | Melexis Erfurt Laufclub |
| 43 | KOPPRASCH Jens | 1750 | 167 | 00:47:03.66 | + 15m33s | 00:46:07.02 | SRLV |
| 44 | HERZIGER Stefan | 1106 | 169 | 00:47:08.05 | + 15m38s | 00:46:53.12 | keine Angabe |
| 45 | CLEEM Marcus | 1107 | 170 | 00:47:08.10 | + 15m38s | 00:46:53.91 | keine Angabe |
| 46 | MÜLLER Eric | 1116 | 173 | 00:47:15.73 | + 15m45s | 00:46:46.00 | keine Angabe |
| 47 | BRÄSKE Tino | 1334 | 175 | 00:47:17.22 | + 15m47s | 00:47:14.23 | GutsMuths-Rennsteiglaufverein e.V |
| 48 | GAWRON Sebastian | 1387 | 177 | 00:47:22.78 | + 15m52s | 00:47:01.52 | keine Angabe |
| 49 | SIEGMUND Lars | 1870 | 180 | 00:47:24.65 | + 15m54s | 00:47:15.99 | Die drei Drachen |
| 50 | HOLLAND-MORITZ Daniel | 1434 | 184 | 00:47:29.04 | + 15m59s | 00:47:12.08 | keine Angabe |
| 51 | SCHULZ Christopher | 1065 | 185 | 00:47:29.56 | + 15m59s | 00:47:17.69 | keine Angabe |
| 52 | SCHADE Ronny | 1804 | 186 | 00:47:30.67 | + 16m00s | 00:46:43.63 | SV Rennsteig Ernstthal |
| 53 | SCHMIDT Oliver | 1806 | 187 | 00:47:31.90 | + 16m01s | 00:46:45.60 | SV Rennsteig Ernstthal |
| 54 | BERLS Johannes | 1781 | 188 | 00:47:34.45 | + 16m04s | 00:47:21.58 | - ohne - |
| 55 | MÜLLER Torsten | 1057 | 191 | 00:47:38.28 | + 16m08s | 00:47:23.45 | keine Angabe |
| 56 | PREY Marcel | 1554 | 196 | 00:47:55.57 | + 16m25s | 00:47:49.53 | TSSC Erfurt |
| 57 | DÖHLER Cornelius | 1840 | 200 | 00:48:04.40 | + 16m34s | 00:47:46.47 | - ohne - |
| 58 | LENZ Florian | 1494 | 201 | 00:48:05.11 | + 16m35s | 00:47:54.98 | SC rapid Erfurt e.V |
| 59 | FIEBACH Maik | 1053 | 203 | 00:48:06.58 | + 16m36s | 00:47:44.56 | keine Angabe |
| 60 | LÜDECKE Andy | 1509 | 205 | 00:48:09.10 | + 16m39s | 00:48:02.04 | N3 Sportverein e.V. |
| 61 | LÖSCHNER Christoph | 1507 | 206 | 00:48:10.08 | + 16m40s | 00:47:52.03 | keine Angabe |
| 62 | MEYER Thorben | 1081 | 211 | 00:48:15.89 | + 16m45s | 00:48:03.24 | keine Angabe |
| 63 | HEßLAND Thomas | 1046 | 212 | 00:48:16.84 | + 16m46s | 00:48:00.87 | keine Angabe |
| 64 | LUDWIG Marcus | 1747 | 214 | 00:48:21.30 | + 16m51s | 00:47:54.61 | - ohne - |
| 65 | WOLFF Martin | 1682 | 219 | 00:48:23.14 | + 16m53s | 00:48:03.77 | Ninja Turtles |
| 66 | WEISE Thomas | 1866 | 221 | 00:48:33.02 | + 17m03s | 00:48:26.05 | BCE Erfurt |
| 67 | WAGNER Jens | 1664 | 232 | 00:48:52.63 | + 17m22s | 00:48:44.46 | SWE-Laufteam |
| 68 | TOST David | 1044 | 237 | 00:48:57.48 | + 17m27s | 00:48:55.45 | keine Angabe |
| 69 | RENSCH Alexander | 1566 | 241 | 00:49:08.55 | + 17m38s | 00:48:29.34 | #wttracingteam |
| 70 | MENGE Jan | 1520 | 250 | 00:49:26.68 | + 17m56s | 00:48:37.51 | Sparkasse Mittelthüringen |
| 71 | JOHN Marco | 1117 | 259 | 00:49:41.45 | + 18m11s | 00:49:10.95 | keine Angabe |
| 72 | BAUCHSPIß Mario | 1311 | 260 | 00:49:42.11 | + 18m12s | 00:49:29.59 | SWE-Laufteam |
| 73 | BELTZ Michael | 1318 | 263 | 00:49:45.47 | + 18m15s | 00:49:04.11 | Mühlhäuser Röblinglauf e. V. |
| 74 | GÖRING Martin | 1403 | 270 | 00:49:58.82 | + 18m28s | 00:49:54.93 | Auto Flügel GmbH |
| 75 | AHRENS André | 1301 | 271 | 00:50:01.11 | + 18m31s | 00:49:31.15 | TSV Motor Gisperleben |
| 76 | THIEME Nico | 1643 | 272 | 00:50:02.06 | + 18m32s | 00:49:32.18 | TSV Motor Gisperleben |
| 77 | KAUFMANN Patrick | 1118 | 273 | 00:50:04.78 | + 18m34s | 00:49:31.59 | FSV 06 Ohratal |
| 78 | SOMMER Erik | 1015 | 279 | 00:50:17.25 | + 18m47s | 00:49:35.83 | keine Angabe |
| 79 | SILGE Alexander | 1799 | 280 | 00:50:19.06 | + 18m49s | 00:50:01.02 | Feuerwehrverein Neuhaus/Rwg |
| 80 | GÖBEL Simon | 1402 | 283 | 00:50:20.41 | + 18m50s | 00:49:48.38 | Team Atemnot |
| 81 | SCHNEIDER Patrick | 1716 | 286 | 00:50:25.31 | + 18m55s | 00:49:35.34 | - ohne - |
| 82 | RAU Thorsten | 1559 | 288 | 00:50:36.34 | + 19m06s | 00:50:06.19 | Team Atemnot |
| 83 | LAUTSCHAM Stefan | 1078 | 294 | 00:50:42.38 | + 19m12s | 00:50:02.64 | keine Angabe |
| 84 | BUCHHOLZ Till | 1869 | 299 | 00:50:52.14 | + 19m22s | 00:50:42.54 | Die drei Drachen |
| 85 | KARTUSCHEWSKY Lars | 1455 | 308 | 00:51:14.78 | + 19m44s | 00:50:47.75 | keine Angabe |

M30 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|-----------------------|-------|-----|-------------|-----------|-------------|--------------------------------|
| 86 | MLINARSKY Michael | 1527 | 310 | 00:51:15.97 | + 19m46s | 00:50:48.94 | Die flinken Gerataler |
| 87 | KIRCHNER Martin | 1097 | 314 | 00:51:31.93 | + 20m01s | 00:51:10.21 | Roadrunners |
| 88 | RICHTER Anton | 1567 | 320 | 00:51:48.37 | + 20m18s | 00:51:18.78 | TC Merseburg |
| 89 | GÜLSENDORFF Florian | 1408 | 326 | 00:51:57.98 | + 20m28s | 00:51:35.67 | keine Angabe |
| 90 | SCHACKE Falk | 1087 | 327 | 00:51:59.79 | + 20m29s | 00:51:33.41 | SV Fortuna Ballhausen |
| 91 | WEINERT Marco | 1671 | 329 | 00:52:07.29 | + 20m37s | 00:51:17.13 | Sparkasse Mittelthüringen |
| 92 | PFITZENREUTER Markus | 1551 | 332 | 00:52:14.65 | + 20m44s | 00:51:33.16 | keine Angabe |
| 93 | ERNEMANN Sebastian | 1368 | 335 | 00:52:21.40 | + 20m51s | 00:52:03.97 | Kirmesverein Wüllersleben e.V. |
| 94 | GROß David | 1399 | 338 | 00:52:23.47 | + 20m53s | 00:52:01.02 | keine Angabe |
| 95 | KÖHLER Sebastian | 1484 | 344 | 00:52:29.92 | + 20m59s | 00:52:21.69 | Janca-Runners |
| 96 | SCHUBERT Daniel | 1598 | 345 | 00:52:30.02 | + 21m00s | 00:52:21.81 | Janca-Runners |
| 97 | EHRHARDT Lars | 1360 | 352 | 00:52:40.81 | + 21m10s | 00:51:50.44 | Sparkasse Mittelthüringen |
| 98 | STEMPEL Alexander | 1142 | 353 | 00:52:41.71 | + 21m11s | 00:52:06.89 | Robtixrunner |
| 99 | SCHULDT Sebastian | 1600 | 356 | 00:52:46.30 | + 21m16s | 00:52:21.77 | keine Angabe |
| 100 | BREITHAUPT Robert | 1331 | 362 | 00:52:55.77 | + 21m25s | 00:52:27.38 | keine Angabe |
| 101 | SCHÖNTEICH Daniel | 1603 | 369 | 00:53:13.40 | + 21m43s | 00:52:56.35 | keine Angabe |
| 102 | REICHENBÄCHER Steffen | 1561 | 371 | 00:53:24.23 | + 21m54s | 00:53:09.47 | SWE-Laufteam |
| 103 | KERST Alexander | 1728 | 374 | 00:53:29.30 | + 21m59s | 00:52:45.20 | Walschberg Runners |
| 104 | BLUMENTRITT Andreas | 1327 | 381 | 00:53:50.83 | + 22m20s | 00:53:05.72 | Melexis Erfurt Laufclub |
| 105 | GRUNE Sascha | 1080 | 386 | 00:53:59.41 | + 22m29s | 00:53:22.66 | keine Angabe |
| 106 | BÜCHS Georg | 1341 | 397 | 00:54:11.57 | + 22m41s | 00:53:50.27 | Cant hurt me |
| 107 | NÖTZOLDT Mike | 1539 | 399 | 00:54:15.28 | + 22m45s | 00:53:32.97 | Sparkasse Mittelthüringen |
| 108 | BRATER Martin | 1329 | 410 | 00:54:37.98 | + 23m08s | 00:53:56.53 | keine Angabe |
| 109 | DIMITROVICI Martin | 1736 | 414 | 00:54:48.22 | + 23m18s | 00:54:07.15 | - ohne - |
| 110 | ELSTNER Marcus | 1363 | 417 | 00:54:50.93 | + 23m20s | 00:54:15.29 | Kegelverein Bad Langensalza |
| 111 | LEDER Patrick | 1132 | 423 | 00:55:00.90 | + 23m30s | 00:54:35.11 | keine Angabe |
| 112 | GALER Steven | 1719 | 425 | 00:55:05.95 | + 23m35s | 00:54:22.97 | - ohne - |
| 113 | JEHNES Michael | 1446 | 427 | 00:55:07.43 | + 23m37s | 00:54:36.69 | Hannover Runners |
| 114 | PROBST Christopher | 1555 | 428 | 00:55:10.04 | + 23m40s | 00:54:41.29 | keine Angabe |
| 115 | KELLNER Christian | 1459 | 429 | 00:55:10.91 | + 23m40s | 00:54:29.75 | keine Angabe |
| 116 | HOLLBURG Christian | 1435 | 441 | 00:55:31.75 | + 24m01s | 00:55:15.15 | LG Rudelsburg Bad Kösen |
| 117 | KIRCHHOF Jano | 1824 | 447 | 00:55:39.01 | + 24m09s | 00:55:14.51 | Institut Dr. Wanek |
| 118 | ZÖGE Gerald | 1748 | 450 | 00:55:41.06 | + 24m11s | 00:54:50.38 | keine Angabe |
| 119 | MENZEL Michael | 1522 | 457 | 00:55:56.88 | + 24m26s | 00:55:55.84 | Gebrüder Menzel |
| 120 | MENZEL Benjamin | 1521 | 458 | 00:55:56.92 | + 24m26s | 00:55:56.13 | Gebrüder Menzel |
| 121 | SCHIRCH Daniel | 1591 | 460 | 00:56:02.73 | + 24m32s | 00:55:30.79 | Faule Socken |
| 122 | KLUBA Tom | 1465 | 465 | 00:56:12.51 | + 24m42s | 00:56:01.04 | keine Angabe |
| 123 | SCHENKER Frank | 1100 | 474 | 00:56:26.18 | + 24m56s | 00:55:38.24 | linksgrünverschwitz |
| 124 | REIß Christian | 1153 | 483 | 00:56:42.86 | + 25m12s | 00:56:26.85 | keine Angabe |
| 125 | WERNEBURG Christian | 1674 | 484 | 00:56:43.46 | + 25m13s | 00:56:22.81 | FC Bayern München |
| 126 | HEBIG Michael | 1414 | 490 | 00:56:49.79 | + 25m19s | 00:56:17.82 | keine Angabe |
| 127 | BAER Daniel | 1309 | 491 | 00:56:51.97 | + 25m22s | 00:56:25.23 | DBDB |
| 128 | BECKER David | 1316 | 492 | 00:56:52.78 | + 25m22s | 00:56:26.22 | DBDB |
| 129 | BRÜCKNER Oliver | 1084 | 503 | 00:57:08.44 | + 25m38s | 00:56:31.44 | keine Angabe |
| 130 | VOGEL Johannes | 1658 | 515 | 00:57:39.27 | + 26m09s | 00:57:19.21 | FC Bayern München |
| 131 | GRAUEL Daniel | 1146 | 519 | 00:57:48.95 | + 26m18s | 00:57:44.46 | keine Angabe |
| 132 | SCHMIDT Daniel | 1593 | 523 | 00:57:57.30 | + 26m27s | 00:57:06.86 | Kompetenz ohne Talent |
| 133 | MEDING Mirko | 1779 | 530 | 00:58:10.43 | + 26m40s | 00:57:16.54 | ILVERS Musicbar ERFURT |
| 134 | SCHROEDER Patrick | 1596 | 534 | 00:58:19.89 | + 26m49s | 00:57:47.49 | Team Klausstraße |
| 135 | ENGE Jakob | 1841 | 540 | 00:58:26.44 | + 26m56s | 00:57:52.46 | - ohne - |
| 136 | HELBOLDT Sascha | 1121 | 541 | 00:58:29.99 | + 27m00s | 00:57:44.42 | CF Erfurt |
| 137 | SIEBENHÜNER Daniel | 1609 | 542 | 00:58:30.16 | + 27m00s | 00:57:46.02 | Feuerwehr Reinsdorf |
| 138 | MÖNCH Sven | 1122 | 543 | 00:58:30.30 | + 27m00s | 00:57:44.81 | TSG Reinsdorf |
| 139 | HELLWIG Alexander | 1422 | 553 | 00:58:55.14 | + 27m25s | 00:58:30.20 | keine Angabe |
| 140 | QUERNDT Pierre | 1190 | 559 | 00:59:16.84 | + 27m46s | 00:58:41.54 | ASV Erfurt |
| 141 | BÄTGE Robert | 1339 | 563 | 00:59:23.20 | + 27m53s | 00:58:51.72 | keine Angabe |
| 142 | GANß Thomas | 1812 | 564 | 00:59:23.48 | + 27m53s | 00:58:52.83 | - ohne - |

M30 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|--------------------|-------|-----|-------------|-----------|-------------|-------------------------------|
| 143 | VILLANUEVA Antonio | 1656 | 572 | 00:59:53.05 | + 28m23s | 00:59:14.70 | keine Angabe |
| 144 | HASSEIM Stephan | 1764 | 573 | 00:59:53.42 | + 28m23s | 00:59:04.39 | - ohne - |
| 145 | COTT Rene | 1343 | 582 | 01:00:19.56 | + 28m49s | 00:59:44.03 | keine Angabe |
| 146 | STARK Christoph | 1037 | 596 | 01:00:53.10 | + 29m23s | 01:00:19.45 | keine Angabe |
| 147 | MÜLLER Stephan | 1176 | 598 | 01:00:55.62 | + 29m25s | 01:00:09.93 | FSG Sulza/ Nordhausen Fußball |
| 148 | KRAFT Jacob | 1473 | 607 | 01:01:28.49 | + 29m58s | 01:01:05.94 | keine Angabe |
| 149 | TRAUTE Oliver | 1648 | 608 | 01:01:42.97 | + 30m13s | 01:00:58.71 | keine Angabe |
| 150 | SCHOLZE Marcus | 1016 | 609 | 01:01:48.92 | + 30m18s | 01:01:06.99 | keine Angabe |
| 151 | GRABE Sebastian | 1191 | 610 | 01:01:56.07 | + 30m26s | 01:01:20.28 | ASV Erfurt |
| 152 | LEHMANN Michael | 1492 | 631 | 01:03:04.65 | + 31m34s | 01:02:37.42 | keine Angabe |
| 153 | KUHRT Alexander | 1172 | 634 | 01:03:14.63 | + 31m44s | 01:02:26.46 | keine Angabe |
| 154 | SIEBERT Tim | 1610 | 646 | 01:04:41.28 | + 33m11s | 01:03:47.81 | Kompetenz ohne Talent |
| 155 | SCHÜLLER Mario | 1605 | 659 | 01:06:23.81 | + 34m53s | 01:05:58.76 | keine Angabe |
| 156 | KRETSCHMER Nico | 1477 | 661 | 01:06:28.56 | + 34m58s | 01:06:02.15 | keine Angabe |
| 157 | IRMER Matthias | 1441 | 672 | 01:07:43.15 | + 36m13s | 01:06:59.26 | keine Angabe |
| 158 | KAISER Fabian | 1027 | 681 | 01:10:54.22 | + 39m24s | 01:10:02.72 | keine Angabe |
| 159 | LIPS Markus | 1501 | 688 | 01:14:09.79 | + 42m39s | 01:13:25.66 | keine Angabe |
| 160 | LIEBERENZ Dominik | 1497 | 693 | 01:15:24.43 | + 43m54s | 01:14:46.29 | MP > HM L |
| DSQ | LIEBMANN David | 1174 | DSQ | 00:00:00.00 | | | keine Angabe |

F40 - weiblich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|------------------------|-------|-----|-------------|-----------|-------------|-------------------------------------|
| 1 | REICHEL Katja | 1560 | 100 | 00:44:42.83 | | 00:44:35.30 | ESSV Erfurt |
| 2 | KAUFMANN Katrin | 1717 | 143 | 00:46:19.15 | + 1m37s | 00:46:14.91 | LTV Erfurt |
| 3 | REINHÖFER Frances | 1757 | 172 | 00:47:15.29 | + 2m33s | 00:46:59.56 | LTV Erfurt |
| 4 | STRUNZE Doreen | 1859 | 192 | 00:47:42.42 | + 3m00s | 00:47:26.32 | - ohne - |
| 5 | BEYER Nicole | 1025 | 195 | 00:47:52.57 | + 3m10s | 00:47:12.81 | trailrunning crew |
| 6 | SCHÖNEMANN Jana | 1050 | 231 | 00:48:49.60 | + 4m07s | 00:48:13.16 | die flinken Flitzer |
| 7 | BUCKAN Kathrin | 1189 | 243 | 00:49:11.41 | + 4m29s | 00:48:52.57 | keine Angabe |
| 8 | SCHARF Sylvia | 1586 | 244 | 00:49:12.70 | + 4m30s | 00:49:02.39 | Sparkasse Mittelthüringen |
| 9 | PIKARSKI Jessica | 1552 | 248 | 00:49:20.49 | + 4m38s | 00:49:12.37 | SV Sömmerda |
| 10 | KILIAN Ulrike | 1734 | 268 | 00:49:50.81 | + 5m08s | 00:49:44.57 | keine Angabe |
| 11 | GOETHE Ina | 1038 | 284 | 00:50:21.02 | + 5m39s | 00:50:06.16 | keine Angabe |
| 12 | HAHN Annette | 1409 | 304 | 00:51:11.85 | + 6m29s | 00:50:55.43 | Sparkasse Mittelthüringen |
| 13 | THIELEN Alexandra | 1639 | 307 | 00:51:14.59 | + 6m32s | 00:50:55.47 | LAZ Puma Rhein-Sieg |
| 14 | BUCH Aniane | 1075 | 318 | 00:51:45.10 | + 7m03s | 00:51:41.43 | WSV Brotterode |
| 15 | HOFER Christine | 1817 | 334 | 00:52:16.07 | + 7m34s | 00:52:08.33 | SV 1930 Frauensee |
| 16 | HESSE Peggy | 1426 | 336 | 00:52:22.69 | + 7m40s | 00:52:02.73 | Udestedt |
| 17 | KNOTHE Simone | 1843 | 348 | 00:52:32.28 | + 7m50s | 00:52:03.36 | Team Knothe |
| 18 | KLATTE Michaela | 1462 | 357 | 00:52:47.85 | + 8m05s | 00:52:24.43 | RV Elxleben |
| 19 | SACHSE Juliane | 1582 | 378 | 00:53:38.61 | + 8m56s | 00:52:57.91 | SV Sömmerda e.V. Radsport |
| 20 | BRODFÜHRER Simone | 1085 | 395 | 00:54:09.02 | + 9m27s | 00:53:40.82 | keine Angabe |
| 21 | KALLENBERG Nadine | 1452 | 403 | 00:54:27.48 | + 9m45s | 00:53:50.69 | Stiftung Wadentest |
| 22 | GRIEBENOW Anja | 1397 | 416 | 00:54:50.32 | + 10m08s | 00:54:13.04 | Rudersportverein Krakow am See e.V. |
| 23 | SCHIRMBACHER Odette | 1023 | 430 | 00:55:11.25 | + 10m29s | 00:54:31.38 | Thüringen-Park Erfurt |
| 24 | FROMMBERGER Anke | 1834 | 431 | 00:55:11.41 | + 10m29s | 00:54:54.22 | SG Oberlichtenau |
| 25 | RADCHE Sybille | 1703 | 445 | 00:55:36.17 | + 10m54s | 00:55:07.19 | - ohne - |
| 26 | FEDERBUSCH Manu | 1721 | 461 | 00:56:06.59 | + 11m24s | 00:56:01.99 | - ohne - |
| 27 | ANSCHÜTZ-THOMS Daniela | 1305 | 485 | 00:56:44.24 | + 12m02s | 00:56:42.83 | ESC - Eissportclub Erfurt e.V. |
| 28 | HEINZE Katrin | 1051 | 488 | 00:56:48.46 | + 12m06s | 00:56:37.41 | keine Angabe |
| 29 | JELSCH Silke | 1135 | 495 | 00:56:56.44 | + 12m14s | 00:56:18.12 | keine Angabe |
| 30 | MÜLLER Ina | 1534 | 496 | 00:56:57.22 | + 12m15s | 00:56:23.18 | Weimar |
| 31 | HAHN Silke | 1410 | 510 | 00:57:27.41 | + 12m45s | 00:57:10.39 | keine Angabe |
| 32 | JUNGHANS Heike | 1450 | 512 | 00:57:33.64 | + 12m51s | 00:57:00.62 | keine Angabe |
| 33 | VOCK Stefanie | 1657 | 521 | 00:57:55.05 | + 13m13s | 00:57:37.72 | keine Angabe |

F40 - weiblich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|----------------------|-------|-----|-------------|-----------|-------------|------------------------|
| 34 | SCHUBERL Susette | 1095 | 527 | 00:58:09.14 | + 13m27s | 00:57:45.59 | Roadrunners |
| 35 | HERRLING Tina | 1725 | 538 | 00:58:24.96 | + 13m43s | 00:57:42.15 | Walschberg Runners |
| 36 | SCHULZ-HEINRICH Jana | 1730 | 539 | 00:58:25.50 | + 13m43s | 00:57:41.19 | Walschberg Runners |
| 37 | WEHNEMANN Melanie | 1854 | 545 | 00:58:36.80 | + 13m54s | 00:57:51.31 | - ohne - |
| 38 | SCHUMANN Anja | 1753 | 547 | 00:58:40.79 | + 13m58s | 00:58:00.03 | - ohne - |
| 39 | GILLE Romy | 1392 | 549 | 00:58:42.14 | + 14m00s | 00:57:59.20 | keine Angabe |
| 40 | WEFERS Inga | 1670 | 550 | 00:58:42.18 | + 14m00s | 00:57:59.31 | keine Angabe |
| 41 | THOMZYK Angela | 1644 | 555 | 00:59:03.69 | + 14m21s | 00:58:39.07 | keine Angabe |
| 42 | SCHÄDDRICH Caroline | 1602 | 571 | 00:59:52.88 | + 15m10s | 00:59:31.80 | Arena Erfurt |
| 43 | GÖRLACH Simone | 1406 | 581 | 01:00:16.34 | + 15m34s | 00:59:57.51 | Fit mit Schmidt |
| 44 | BOBLENZ Jacqueline | 1328 | 600 | 01:01:03.04 | + 16m21s | 01:00:11.29 | Kompetenz ohne Talent |
| 45 | KÜHNERT Nicole | 1098 | 606 | 01:01:23.64 | + 16m41s | 01:01:00.59 | Roadrunners |
| 46 | SOMMERFELD Sylvia | 1010 | 611 | 01:01:59.45 | + 17m17s | 01:01:38.65 | keine Angabe |
| 47 | NEUBAUER Cornelia | 1808 | 617 | 01:02:20.98 | + 17m39s | 01:01:57.73 | VfL Gladbeck |
| 48 | SINGER Angelika | 1616 | 623 | 01:02:25.32 | + 17m43s | 01:02:09.28 | Südthuringentrail e.V. |
| 49 | GENZEL Andrea | 1391 | 629 | 01:02:41.05 | + 17m59s | 01:01:56.35 | keine Angabe |
| 50 | ORLAMÜNDER Jeannette | 1541 | 632 | 01:03:05.82 | + 18m23s | 01:02:43.19 | TEAM IRON MIND |
| 51 | WULLSCHLÄGER Heike | 1684 | 638 | 01:04:06.14 | + 19m24s | 01:03:16.56 | keine Angabe |
| 52 | LORY Ariane | 1002 | 640 | 01:04:14.98 | + 19m33s | 01:03:26.72 | Brown Nuggets |
| 53 | PIETSCH Simone | 1696 | 641 | 01:04:16.20 | + 19m34s | 01:03:57.03 | - ohne - |
| 54 | SCHULZ Manuela | 1112 | 642 | 01:04:29.57 | + 19m47s | 01:04:10.27 | DLRG |
| 55 | PAUSCH Nancy | 1034 | 647 | 01:04:58.54 | + 20m16s | 01:04:18.00 | keine Angabe |
| 56 | FISCHBACH Doreen | 1756 | 655 | 01:05:42.12 | + 21m00s | 01:05:00.24 | - ohne - |
| 57 | SCHÜTTIG Mandy | 1606 | 658 | 01:06:03.46 | + 21m21s | 01:05:19.58 | keine Angabe |
| 58 | DUPHORN Sandra | 1111 | 663 | 01:06:41.59 | + 21m59s | 01:06:26.69 | HSC Erfurt |
| 59 | SEIFERT Annett | 1607 | 673 | 01:07:53.56 | + 23m11s | 01:07:01.38 | keine Angabe |
| 60 | RUDEL Bettina | 1089 | 686 | 01:13:44.72 | + 29m02s | 01:13:25.82 | keine Angabe |

M40 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|------------------------|-------|-----|-------------|-----------|-------------|-------------------------------------|
| 1 | SCHMIDT Daniel | 1852 | 19 | 00:38:09.50 | | 00:38:07.88 | - ohne - |
| 2 | MALZAHN Kai | 1511 | 20 | 00:38:16.63 | + 8s | 00:38:14.20 | keine Angabe |
| 3 | KÜHHIRT Marco | 1074 | 21 | 00:38:20.56 | + 12s | 00:38:16.81 | Team ERDINGER Alkoholfrei |
| 4 | STUTZIG Henrik | 1632 | 25 | 00:39:08.72 | + 1m00s | 00:39:04.49 | Katholische Laufjugend Arnstadt |
| 5 | HOPFER Hendrik | 1092 | 28 | 00:40:01.25 | + 1m52s | 00:39:59.54 | keine Angabe |
| 6 | RIBERO SANTANA Carlos | 1701 | 29 | 00:40:02.95 | + 1m54s | 00:40:01.72 | - ohne - |
| 7 | PORZELT Dominik | 1770 | 31 | 00:40:08.30 | + 1m59s | 00:40:06.26 | - ohne - |
| 8 | NAUTSCHER-TIMMERMANN S | 1536 | 32 | 00:40:09.91 | + 2m01s | 00:40:04.07 | Nationalpark Hainich |
| 9 | WITZENHAUSEN Patrick | 1679 | 34 | 00:40:20.21 | + 2m11s | 00:40:18.30 | Melexis Erfurt Laufclub |
| 10 | HILDEBRAND Wolfram | 1431 | 40 | 00:40:48.32 | + 2m39s | 00:40:46.15 | keine Angabe |
| 11 | KRETSCHMER Torsten | 1478 | 42 | 00:40:53.91 | + 2m45s | 00:40:52.96 | Erfurter SSC |
| 12 | MARTIN Kai | 1516 | 44 | 00:40:54.76 | + 2m46s | 00:40:50.48 | Sv Klengel serba 09 - Team Otteryak |
| 13 | MEIER Steffen | 1149 | 45 | 00:40:54.89 | + 2m46s | 00:40:53.06 | keine Angabe |
| 14 | FRÖMBERG Bernd | 1846 | 46 | 00:41:05.75 | + 2m57s | 00:41:02.94 | Barsinghausen läuft |
| 15 | KINDERVATER Lars | 1822 | 51 | 00:41:43.09 | + 3m34s | 00:41:33.97 | FSV Schernberg |
| 16 | WELKE Jens | 1672 | 59 | 00:42:20.38 | + 4m11s | 00:42:16.71 | Laufwerk Sömmerda |
| 17 | MESSERER Christian | 1746 | 61 | 00:42:24.55 | + 4m15s | 00:42:21.23 | Trailrunning-crew Thüringen |
| 18 | ARNDT Nico | 1104 | 65 | 00:42:37.06 | + 4m28s | 00:42:24.71 | ESSV Erfurt-Nord |
| 19 | PANKONIEN Stefan | 1547 | 67 | 00:42:42.88 | + 4m34s | 00:42:39.33 | FahrradMagdeburgTrimagos |
| 20 | MÖLLER Ron | 1702 | 70 | 00:42:51.21 | + 4m42s | 00:42:43.74 | ESSV '98 e.V. |
| 21 | MÖNCH Ralf | 1531 | 71 | 00:42:57.20 | + 4m48s | 00:42:53.30 | LG Thüringer Energie AG |
| 22 | KILIAN Dirk | 1461 | 74 | 00:43:04.36 | + 4m55s | 00:43:00.55 | Guts-Muths-Rennsteiglaufverein |
| 23 | STENGEL Alexander | 1629 | 75 | 00:43:08.05 | + 4m59s | 00:43:03.07 | LTV Erfurt |
| 24 | JARAUSCH Hagen | 1445 | 76 | 00:43:09.78 | + 5m01s | 00:43:03.48 | ASV Erfurt |
| 25 | DEMBECK Nils | 1346 | 84 | 00:43:53.87 | + 5m45s | 00:43:36.34 | bei Dembeck´s läuft |

M40 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|----------------------|-------|-----|-------------|-----------|-------------|-----------------------------|
| 26 | MATTHEIS Tobias | 1519 | 85 | 00:43:55.05 | + 5m46s | 00:43:52.45 | LG Dorsten |
| 27 | HUKE Andreas | 1805 | 87 | 00:43:55.69 | + 5m47s | 00:43:52.99 | - ohne - |
| 28 | KNOTHE Roberto | 1844 | 90 | 00:44:03.53 | + 5m54s | 00:43:59.44 | Team Knothe |
| 29 | NITSCHKE Torsten | 1192 | 94 | 00:44:22.00 | + 6m13s | 00:43:52.50 | keine Angabe |
| 30 | SCHWUCHOW Manuel | 1059 | 101 | 00:44:47.90 | + 6m39s | 00:44:42.45 | Team Erdinger Alkoholfrei |
| 31 | BÄRHOLD Ingo | 1338 | 109 | 00:44:58.61 | + 6m50s | 00:44:49.07 | SG Merxleben 1921 e.V. |
| 32 | GROSSER Oliver | 1785 | 112 | 00:45:06.49 | + 6m57s | 00:44:31.19 | - ohne - |
| 33 | TOPF Marcel | 1024 | 124 | 00:45:25.21 | + 7m16s | 00:45:20.67 | Team Ultra Sports |
| 34 | FRIEDRICH Karsten | 1739 | 125 | 00:45:25.87 | + 7m17s | 00:45:19.87 | - ohne - |
| 35 | HANSMANN Christian | 1412 | 126 | 00:45:26.80 | + 7m18s | 00:44:59.05 | ESSC |
| 36 | SPANGENBERG Marco | 1623 | 130 | 00:45:33.12 | + 7m24s | 00:45:25.23 | SWE-Laufteam |
| 37 | BÖHM Jan | 1798 | 133 | 00:45:37.54 | + 7m28s | 00:45:11.56 | - ohne - |
| 38 | HEINZE Andreas | 1066 | 137 | 00:46:03.00 | + 7m54s | 00:45:50.96 | keine Angabe |
| 39 | TROYKE Christian | 1709 | 140 | 00:46:10.76 | + 8m02s | 00:46:03.75 | Erfurter Schachclub |
| 40 | SCHARF Torsten | 1587 | 141 | 00:46:18.36 | + 8m09s | 00:46:07.52 | Laufladen Erfurt OCR Team |
| 41 | DUL Pawel | 1358 | 142 | 00:46:18.87 | + 8m10s | 00:46:05.34 | Ufhofen |
| 42 | MATTHIEß Mario | 1758 | 144 | 00:46:20.40 | + 8m11s | 00:46:20.37 | Blüse Datenschutz |
| 43 | KÄMMERER Jens | 1091 | 145 | 00:46:21.68 | + 8m13s | 00:46:17.56 | keine Angabe |
| 44 | KONSCHAK Andreas | 1827 | 149 | 00:46:26.94 | + 8m18s | 00:46:20.42 | - ohne - |
| 45 | KRAMER Roman | 1144 | 150 | 00:46:29.97 | + 8m21s | 00:46:22.30 | HALFEN HIT Runners |
| 46 | LINHORST Harald | 1498 | 151 | 00:46:30.12 | + 8m21s | 00:46:20.53 | Ottstedt am Berge |
| 47 | BLAUE Matthias | 1325 | 153 | 00:46:34.25 | + 8m25s | 00:46:18.09 | LG Rudelsburg Bad Kösen |
| 48 | HIRN Stefan | 1145 | 156 | 00:46:37.98 | + 8m29s | 00:46:21.08 | keine Angabe |
| 49 | SEIFNER Michael | 1608 | 160 | 00:46:44.35 | + 8m35s | 00:45:54.04 | Bundschuh |
| 50 | SCHULZ Marco | 1113 | 161 | 00:46:48.38 | + 8m39s | 00:46:43.61 | keine Angabe |
| 51 | MUENNICH Sebastian | 1529 | 164 | 00:46:56.58 | + 8m48s | 00:46:43.15 | MSV Tripoint Ffo. e.V. |
| 52 | FISCHER Marco | 1376 | 166 | 00:47:02.40 | + 8m53s | 00:46:56.18 | LFV Oberholz |
| 53 | CZOGALLA Mario | 1063 | 174 | 00:47:15.87 | + 9m07s | 00:47:02.36 | keine Angabe |
| 54 | SCHNEIDER Christian | 1740 | 197 | 00:47:58.84 | + 9m50s | 00:47:38.90 | - ohne - |
| 55 | JOHANNES Steve | 1447 | 198 | 00:48:03.62 | + 9m55s | 00:48:00.34 | Weidatalwiesel |
| 56 | HOFMANN Thomas | 1433 | 204 | 00:48:07.32 | + 9m58s | 00:47:24.34 | Sparkasse Mittelthüringen |
| 57 | GÖRLACH Mario | 1405 | 209 | 00:48:14.90 | + 10m06s | 00:47:53.48 | Fit mit Schmidt |
| 58 | MENZINGER Jose Ramon | 1731 | 217 | 00:48:22.68 | + 10m14s | 00:48:20.79 | - ohne - |
| 59 | ARTES Peter | 1308 | 218 | 00:48:22.94 | + 10m14s | 00:48:15.99 | keine Angabe |
| 60 | GÄRTNER Daniel | 1400 | 223 | 00:48:37.14 | + 10m28s | 00:48:07.04 | LAC Erfurt Top Team |
| 61 | THÄSLER Sascha | 1646 | 229 | 00:48:46.65 | + 10m38s | 00:48:26.69 | keine Angabe |
| 62 | KNOLL Markus | 1735 | 235 | 00:48:54.84 | + 10m46s | 00:48:27.69 | KS Sportsworld |
| 63 | BABECK Thomas | 1167 | 246 | 00:49:18.39 | + 11m09s | 00:48:57.96 | keine Angabe |
| 64 | RIESE Andreas | 1705 | 251 | 00:49:26.99 | + 11m18s | 00:48:58.93 | Bauhaus Universität Weimar |
| 65 | PETRASCH Oliver | 1819 | 254 | 00:49:33.80 | + 11m25s | 00:48:53.24 | Rehasport-Verein Levin e.V. |
| 66 | JAHN Mirko | 1442 | 255 | 00:49:36.81 | + 11m28s | 00:49:22.92 | ESSV Erfurt-Nord |
| 67 | HÄHNLEIN André | 1077 | 269 | 00:49:55.36 | + 11m46s | 00:49:09.01 | keine Angabe |
| 68 | TRAUTWEIN Steffen | 1650 | 274 | 00:50:05.59 | + 11m57s | 00:49:35.24 | keine Angabe |
| 69 | SCHWENDLER Rainer | 1090 | 276 | 00:50:11.42 | + 12m02s | 00:49:56.29 | BW Erfurt |
| 70 | PETER Jeff | 1549 | 278 | 00:50:15.55 | + 12m06s | 00:49:29.59 | Melexis Erfurt Laufclub |
| 71 | ZIEGLER Matthias | 1689 | 281 | 00:50:19.24 | + 12m10s | 00:49:52.19 | keine Angabe |
| 72 | TWRZNIK Andreas | 1652 | 282 | 00:50:19.38 | + 12m10s | 00:50:10.91 | SV Sömmerda |
| 73 | EBELT Henning | 1182 | 285 | 00:50:24.13 | + 12m15s | 00:49:43.19 | keine Angabe |
| 74 | GRONENBORN Jens | 1743 | 287 | 00:50:33.60 | + 12m25s | 00:50:15.85 | - ohne - |
| 75 | SCHMIDT Thomas | 1093 | 295 | 00:50:45.02 | + 12m36s | 00:50:13.71 | keine Angabe |
| 76 | SUCHANEK Christian | 1633 | 297 | 00:50:50.03 | + 12m41s | 00:50:22.20 | keine Angabe |
| 77 | STANGENBERG René | 1131 | 298 | 00:50:51.25 | + 12m42s | 00:50:34.06 | keine Angabe |
| 78 | HARTMANN Thomas | 1836 | 306 | 00:51:13.40 | + 13m04s | 00:50:51.49 | TuS Meimers |
| 79 | NEUMEIER Mike | 1537 | 311 | 00:51:29.22 | + 13m20s | 00:51:22.77 | keine Angabe |
| 80 | ARNDT Steffen | 1307 | 316 | 00:51:37.16 | + 13m28s | 00:51:24.35 | Arndt-Family aus Mühlhausen |
| 81 | GREINER-MAI Daniel | 1396 | 323 | 00:51:53.30 | + 13m44s | 00:51:26.02 | keine Angabe |
| 82 | ERNST Sören | 1162 | 339 | 00:52:23.72 | + 14m15s | 00:51:39.74 | keine Angabe |

M40 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|--------------------|-------|-----|-------------|-----------|-------------|---|
| 83 | FRIEBEL Thomas | 1793 | 341 | 00:52:24.91 | + 14m16s | 00:51:46.93 | TC Lichtenberg |
| 84 | WID Marcel | 1858 | 351 | 00:52:39.61 | + 14m31s | 00:51:53.83 | Gesundheitskönner |
| 85 | SCHARF Knut | 1094 | 360 | 00:52:53.02 | + 14m44s | 00:52:22.62 | keine Angabe |
| 86 | GISKE Maik | 1102 | 370 | 00:53:23.38 | + 15m14s | 00:52:46.69 | keine Angabe |
| 87 | HEINRICH Andreas | 1729 | 373 | 00:53:29.26 | + 15m20s | 00:52:44.91 | Walschberg Runners |
| 88 | OERTEL Heiko | 1043 | 382 | 00:53:53.66 | + 15m45s | 00:53:36.14 | keine Angabe |
| 89 | BRUSCH Rico | 1064 | 389 | 00:54:02.64 | + 15m54s | 00:53:10.24 | keine Angabe |
| 90 | BRODFÜHRER Dominik | 1086 | 394 | 00:54:08.74 | + 16m00s | 00:53:40.95 | Laufladen Erfurt OCR Team |
| 91 | HEIDL Markus | 1745 | 404 | 00:54:27.52 | + 16m18s | 00:53:51.52 | Stiftung Wadentest |
| 92 | NEUMANN Christian | 1744 | 405 | 00:54:27.89 | + 16m19s | 00:53:50.44 | Stiftung Wadentest |
| 93 | LEONHARDT Björn | 1835 | 406 | 00:54:28.69 | + 16m20s | 00:54:12.55 | - ohne - |
| 94 | HARTMANN Alexander | 1413 | 411 | 00:54:43.41 | + 16m34s | 00:54:29.91 | Spielmanszug der Stadt Bad Langensalza e.V. |
| 95 | HEER Thomas | 1154 | 418 | 00:54:51.40 | + 16m42s | 00:54:35.72 | keine Angabe |
| 96 | PIETSCH Torsten | 1695 | 419 | 00:54:54.64 | + 16m46s | 00:54:36.16 | - ohne - |
| 97 | FISCHER Steffen | 1815 | 424 | 00:55:05.48 | + 16m56s | 00:54:37.24 | LSG 80 Schmückeläufer |
| 98 | GRIEBENOW Johannes | 1398 | 451 | 00:55:45.28 | + 17m36s | 00:55:09.89 | Rudersportverein Krakow am See e.V. |
| 99 | PENZOLD Mathias | 1761 | 452 | 00:55:45.63 | + 17m37s | 00:55:08.61 | - ohne - |
| 100 | HELGERT Marco | 1856 | 459 | 00:55:58.07 | + 17m49s | 00:55:38.63 | - ohne - |
| 101 | KRAMER Thomas | 1857 | 462 | 00:56:08.39 | + 17m59s | 00:55:22.85 | Gesundheitskönner |
| 102 | HAHN Marco | 1138 | 466 | 00:56:14.42 | + 18m05s | 00:55:37.54 | Lauffreunde Urbach |
| 103 | STANGE Mario | 1626 | 472 | 00:56:23.91 | + 18m15s | 00:56:06.45 | Guthsmuths-Rennsteiglaufverein |
| 104 | SCHUSTER Winfried | 1601 | 478 | 00:56:33.99 | + 18m25s | 00:56:07.75 | keine Angabe |
| 105 | MAYER Holger | 1068 | 479 | 00:56:34.11 | + 18m25s | 00:56:13.94 | tesat spacerunners |
| 106 | BERZEN Ronny | 1320 | 504 | 00:57:13.38 | + 19m04s | 00:56:47.18 | Trailrunning-crew Thüringen |
| 107 | FREHKE Sven | 1006 | 507 | 00:57:22.23 | + 19m13s | 00:56:47.31 | keine Angabe |
| 108 | HEMPEL Matthias | 1424 | 514 | 00:57:37.88 | + 19m29s | 00:57:22.31 | Südthuringentrail e.V. |
| 109 | BÄRBIG Daniel | 1337 | 518 | 00:57:48.09 | + 19m39s | 00:57:37.44 | Lauftreff Salomé |
| 110 | KUNA Heiner | 1175 | 526 | 00:58:02.06 | + 19m53s | 00:57:37.08 | keine Angabe |
| 111 | ORTMANN Christian | 1542 | 548 | 00:58:41.79 | + 20m33s | 00:58:31.84 | Lauftreff Salomé |
| 112 | ZERENNER René | 1688 | 556 | 00:59:06.99 | + 20m58s | 00:58:15.59 | Kompetenz ohne Talent |
| 113 | SINA Jan | 1615 | 565 | 00:59:27.72 | + 21m19s | 00:58:35.60 | keine Angabe |
| 114 | GELLRICH Jan | 1390 | 569 | 00:59:43.81 | + 21m35s | 00:59:08.43 | keine Angabe |
| 115 | KLEIN Alexander | 1099 | 570 | 00:59:46.56 | + 21m38s | 00:58:57.72 | linksgrünverschwitz |
| 116 | RÖDER Thomas | 1577 | 574 | 00:59:55.57 | + 21m47s | 00:59:21.19 | keine Angabe |
| 117 | DIBELIUS Uli | 1005 | 577 | 01:00:04.17 | + 21m55s | 00:59:16.68 | Brown Nuggets |
| 118 | RÖSLER Mario | 1813 | 588 | 01:00:26.76 | + 22m18s | 00:59:41.80 | Laufgruppe EnerGuido |
| 119 | GARTHOFF Holger | 1171 | 591 | 01:00:38.56 | + 22m30s | 01:00:06.23 | keine Angabe |
| 120 | GAILUS Christian | 1385 | 592 | 01:00:45.51 | + 22m36s | 01:00:00.64 | keine Angabe |
| 121 | RÄTSCH Sebastian | 1109 | 597 | 01:00:54.49 | + 22m45s | 01:00:08.59 | keine Angabe |
| 122 | SEILLGE Christian | 1155 | 615 | 01:02:16.53 | + 24m07s | 01:02:01.63 | keine Angabe |
| 123 | JANCA Norman | 1444 | 624 | 01:02:26.89 | + 24m18s | 01:01:44.23 | Irr(e) Läufer |
| 124 | CZARNECKI Jörg | 1345 | 636 | 01:03:18.43 | + 25m09s | 01:02:25.67 | Kompetenz ohne Talent |
| 125 | HUCK Christian | 1437 | 637 | 01:03:18.55 | + 25m09s | 01:02:25.81 | Kompetenz ohne Talent |
| 126 | MALEWSKI Robert | 1188 | 653 | 01:05:40.83 | + 27m32s | 01:05:00.75 | keine Angabe |
| 127 | GELDNER Marcus | 1389 | 656 | 01:05:47.45 | + 27m38s | 01:04:54.09 | Kompetenz ohne Talent |
| 128 | FRANKE André | 1379 | 660 | 01:06:27.93 | + 28m19s | 01:06:04.27 | keine Angabe |
| 129 | HOFFMANN Andreas | 1183 | 665 | 01:06:44.28 | + 28m35s | 01:06:00.54 | keine Angabe |
| DNF | SACHSE Michael | 1584 | DNF | 00:00:00.00 | | | SV Sömmerda e.V. Radsport |
| DNF | TERME Marco | 1637 | DNF | 00:00:00.00 | | | Kompetenz ohne Talent |

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| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|--------------------|-------|-----|-------------|-----------|-------------|---------------------------------|
| 1 | SCHUH Dagmar | 1599 | 163 | 00:46:52.89 | | 00:46:30.51 | sportreha.ERFURT |
| 2 | DIEZEL Uta | 1349 | 168 | 00:47:05.64 | + 13s | 00:46:55.73 | fitrun Weimar |
| 3 | FREITAG Annett | 1380 | 224 | 00:48:39.34 | + 1m47s | 00:48:30.66 | Eisenacher Leichtathletikverein |

F50 - weiblich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|---------------------|-------|-----|-------------|-----------|-------------|------------------------------|
| 4 | NAGY Carola | 1535 | 236 | 00:48:56.22 | + 2m04s | 00:48:45.99 | keine Angabe |
| 5 | KOLHARDT Basette | 1837 | 275 | 00:50:09.59 | + 3m17s | 00:49:55.45 | USV Erfurt |
| 6 | KALINKE Aenne | 1848 | 325 | 00:51:56.50 | + 5m04s | 00:51:28.24 | Katzenfans Erfurt |
| 7 | TRAUTMANN Katrin | 1649 | 333 | 00:52:15.10 | + 5m23s | 00:51:29.57 | Mühlhäuser Röblinglauf e. V. |
| 8 | TÖDTER Elke | 1653 | 366 | 00:53:09.17 | + 6m17s | 00:52:54.49 | TV Jahn Schneverdingen |
| 9 | BAUDISCH Katharina | 1776 | 377 | 00:53:37.70 | + 6m45s | 00:53:25.89 | LTV Obereichsfeld |
| 10 | RÖLL Andrea | 1578 | 383 | 00:53:55.36 | + 7m03s | 00:53:34.43 | keine Angabe |
| 11 | MÜNCH Birgit | 1020 | 387 | 00:54:00.09 | + 7m08s | 00:53:39.54 | friends of running |
| 12 | STERN Solveig | 1631 | 390 | 00:54:02.94 | + 7m10s | 00:53:53.38 | keine Angabe |
| 13 | RUDOLPH Astrid | 1573 | 407 | 00:54:34.64 | + 7m42s | 00:54:24.76 | Sv 1899 Mühlhausen |
| 14 | SOHR Sylke | 1621 | 421 | 00:54:58.68 | + 8m06s | 00:54:28.14 | Brandenläufer |
| 15 | GODEHARDT Anika | 1771 | 448 | 00:55:39.29 | + 8m47s | 00:55:04.40 | SVW Eisenach Triathlon |
| 16 | PHILIPPUS Susanne | 1130 | 463 | 00:56:12.03 | + 9m20s | 00:55:42.34 | SC Impuls Erfurt e.V. |
| 17 | HEßLER Sabine | 1158 | 489 | 00:56:48.79 | + 9m56s | 00:56:36.73 | keine Angabe |
| 18 | SCHUMETZ Katrin | 1698 | 501 | 00:57:03.64 | + 10m11s | 00:56:49.44 | - ohne - |
| 19 | BRUHNE Vera | 1333 | 502 | 00:57:04.92 | + 10m12s | 00:56:49.91 | Hainichläufer |
| 20 | MANTHEE Iris | 1513 | 531 | 00:58:15.98 | + 11m24s | 00:58:04.52 | LLG Luckenwalde Speedskating |
| 21 | ANDERS Christiane | 1304 | 561 | 00:59:21.96 | + 12m30s | 00:58:49.28 | SWE-Laufteam |
| 22 | SIEBER HELD Anke | 1863 | 586 | 01:00:23.32 | + 13m31s | 00:59:41.91 | SSV Erfurt 02 |
| 23 | WICHUM Annett | 1675 | 601 | 01:01:03.08 | + 14m11s | 01:00:09.92 | Kompetenz ohne Talent |
| 24 | HILLHOF Ute | 1847 | 604 | 01:01:14.95 | + 14m23s | 01:00:44.71 | ASV Erfurt |
| 25 | HELLWIG Ines | 1423 | 614 | 01:02:15.72 | + 15m23s | 01:01:51.16 | keine Angabe |
| 26 | JUNG Antje | 1448 | 626 | 01:02:38.25 | + 15m46s | 01:02:12.71 | keine Angabe |
| 27 | GOCHT Jutta | 1875 | 643 | 01:04:34.63 | + 17m42s | 01:04:16.60 | - ohne - |
| 28 | SCHILDHAUER Manuela | 1590 | 666 | 01:06:48.04 | + 19m56s | 01:06:24.30 | keine Angabe |
| DNF | KOCH Susanne | 1704 | DNF | 00:00:00.00 | | | - ohne - |
| DNF | HEINEMANN Ines | 1420 | DNF | 00:00:00.00 | | | HSV Weimar Tanzen |

M50 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|-------------------------|-------|-----|-------------|-----------|-------------|-----------------------------|
| 1 | ADAMS Ralph | 1017 | 58 | 00:42:11.56 | | 00:42:01.68 | keine Angabe |
| 2 | DIEZEL Uwe | 1350 | 73 | 00:43:02.65 | + 52s | 00:43:00.30 | SWE-Laufteam |
| 3 | BÜTTNER Holger | 1342 | 77 | 00:43:18.31 | + 1m07s | 00:43:15.94 | Jumpax-Racers |
| 4 | BIENE Ralf | 1321 | 78 | 00:43:22.81 | + 1m12s | 00:43:11.18 | Brandenläufer |
| 5 | OTTO Matthias | 1546 | 82 | 00:43:47.38 | + 1m36s | 00:43:37.94 | Fit mit Schmidt |
| 6 | WAPPLER Robinson | 1667 | 83 | 00:43:52.86 | + 1m42s | 00:43:48.98 | keine Angabe |
| 7 | MÜLLER Jens-Uwe | 1766 | 88 | 00:43:58.79 | + 1m48s | 00:43:53.95 | WSV Ilmenau |
| 8 | KAMMLER Ronald | 1759 | 92 | 00:44:17.68 | + 2m07s | 00:44:13.00 | Kingser SV |
| 9 | KNOTH Thomas | 1790 | 102 | 00:44:49.26 | + 2m38s | 00:44:46.41 | SV Rote Möhre |
| 10 | SPARBROD Jörg | 1168 | 105 | 00:44:50.20 | + 2m39s | 00:44:48.25 | keine Angabe |
| 11 | HELD Thoralf | 1864 | 110 | 00:44:59.56 | + 2m48s | 00:44:45.26 | USV Erfurt |
| 12 | EXNER Andreas | 1166 | 114 | 00:45:08.91 | + 2m58s | 00:45:00.18 | keine Angabe |
| 13 | MATALLA Gerd | 1518 | 115 | 00:45:10.85 | + 3m00s | 00:45:09.78 | SV 1916 Beuna |
| 14 | GRIES Karsten | 1114 | 117 | 00:45:13.92 | + 3m03s | 00:45:10.28 | Laufwerk Sömmerda |
| 15 | BERGMANN Michael | 1319 | 118 | 00:45:14.11 | + 3m03s | 00:45:10.58 | SV Sömmerda e.V. |
| 16 | OTTO Matthias | 1545 | 121 | 00:45:17.71 | + 3m07s | 00:45:06.51 | keine Angabe |
| 17 | MESSERSCHMIDT Frank | 1039 | 123 | 00:45:24.40 | + 3m13s | 00:45:09.88 | keine Angabe |
| 18 | KINTZEL Achim | 1148 | 127 | 00:45:28.36 | + 3m17s | 00:45:20.91 | keine Angabe |
| 19 | KÖHLER-HOHLFELD Torsten | 1485 | 132 | 00:45:33.70 | + 3m23s | 00:45:29.80 | Auto Flügel GmbH |
| 20 | KNAUF Jürgen | 1830 | 147 | 00:46:22.53 | + 4m11s | 00:46:10.96 | - ohne - |
| 21 | GÖTZ Stefan | 1737 | 152 | 00:46:31.98 | + 4m21s | 00:46:19.14 | - ohne - |
| 22 | OLAF Sickel | 1040 | 157 | 00:46:39.49 | + 4m28s | 00:46:12.41 | Speedhasen |
| 23 | LAUTE Andreas | 1490 | 171 | 00:47:12.69 | + 5m02s | 00:47:04.38 | Fit mit Schmidt |
| 24 | BECKEI Markus | 1787 | 176 | 00:47:19.05 | + 5m08s | 00:47:11.57 | GM Rennsteiglaufverein e.V. |
| 25 | SVEN Barthel | 1635 | 178 | 00:47:23.82 | + 5m13s | 00:47:01.90 | sportreha.ERFURT |

M50 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|---------------------|-------|-----|-------------|-----------|-------------|-----------------------------------|
| 26 | NEWIGER Torsten | 1161 | 179 | 00:47:24.57 | + 5m13s | 00:47:11.64 | keine Angabe |
| 27 | DR KAHL Uwe | 1752 | 182 | 00:47:27.79 | + 5m17s | 00:47:10.79 | GMRLV |
| 28 | ROSAHL Steffen | 1571 | 183 | 00:47:28.61 | + 5m17s | 00:47:00.28 | Helios Klinikum Erfurt |
| 29 | SOHR Heiko | 1620 | 208 | 00:48:14.21 | + 6m03s | 00:47:42.91 | Brandenläufer |
| 30 | RABE Thomas | 1557 | 227 | 00:48:44.95 | + 6m34s | 00:48:35.47 | keine Angabe |
| 31 | BÜCHEL Hartmut | 1340 | 234 | 00:48:53.49 | + 6m42s | 00:48:16.94 | Holzlandrunner |
| 32 | DALBERG Frank | 1186 | 238 | 00:49:06.04 | + 6m55s | 00:48:55.89 | Lauffeuer Fröttstädt |
| 33 | CORNELIUS Gunnar | 1082 | 239 | 00:49:07.71 | + 6m57s | 00:48:58.05 | Volkssport Erfurt |
| 34 | SIMON Sven | 1614 | 247 | 00:49:20.27 | + 7m09s | 00:48:59.02 | keine Angabe |
| 35 | DERDULLA Jörg | 1348 | 249 | 00:49:23.74 | + 7m13s | 00:49:09.12 | keine Angabe |
| 36 | FURCHNER Ingo | 1777 | 252 | 00:49:30.87 | + 7m20s | 00:49:14.61 | Pro Sport Kyffhäuser e.V. |
| 37 | WOHLFARTH Matthias | 1680 | 253 | 00:49:32.39 | + 7m21s | 00:49:13.96 | keine Angabe |
| 38 | BACH Steffen | 1782 | 257 | 00:49:37.68 | + 7m27s | 00:49:18.94 | Team Schlettau |
| 39 | HÄGER Sven-Eric | 1439 | 258 | 00:49:38.74 | + 7m28s | 00:49:36.49 | BW Erfurt |
| 40 | GEORGY Jens | 1850 | 261 | 00:49:43.07 | + 7m32s | 00:49:24.83 | - ohne - |
| 41 | CRONE Peter | 1344 | 262 | 00:49:44.69 | + 7m34s | 00:49:29.36 | TV Jahn Schneverdingen |
| 42 | PARDEY Thomas | 1007 | 267 | 00:49:50.54 | + 7m39s | 00:49:44.57 | keine Angabe |
| 43 | MÜLLER Jens Uwe | 1765 | 291 | 00:50:40.17 | + 8m29s | 00:50:09.93 | WSV Ilmenau 1908 e.V. |
| 44 | OTTO Andreas | 1041 | 300 | 00:50:56.24 | + 8m45s | 00:50:37.90 | keine Angabe |
| 45 | VALENTIN Peter | 1665 | 302 | 00:51:08.18 | + 8m57s | 00:50:21.68 | SLG Bad Langensalza |
| 46 | WÖHNER Ralf | 1802 | 303 | 00:51:08.23 | + 8m57s | 00:51:07.26 | SV 1930 Frauensee |
| 47 | FORKEL Jan | 1378 | 309 | 00:51:15.00 | + 9m04s | 00:50:38.08 | keine Angabe |
| 48 | PÖSE Jörg | 1849 | 313 | 00:51:31.56 | + 9m20s | 00:51:05.60 | Tri City Darmstadt |
| 49 | RUDOLPH Frank | 1828 | 342 | 00:52:25.95 | + 10m15s | 00:52:17.92 | - ohne - |
| 50 | WESTPHAL Jörn | 1710 | 347 | 00:52:30.86 | + 10m20s | 00:51:34.93 | - ohne - |
| 51 | WAACK Rüdiger | 1877 | 349 | 00:52:32.90 | + 10m22s | 00:51:46.86 | - ohne - |
| 52 | KNABE Ingo | 1105 | 350 | 00:52:38.05 | + 10m27s | 00:52:06.58 | keine Angabe |
| 53 | FULSCHE Andreas | 1382 | 358 | 00:52:48.32 | + 10m37s | 00:51:54.09 | SV Sömmerda e.V. |
| 54 | PABST Uwe | 1115 | 359 | 00:52:51.91 | + 10m41s | 00:52:45.76 | Halle |
| 55 | ARNOLD Ralf | 1742 | 361 | 00:52:53.78 | + 10m43s | 00:52:39.39 | Annakram e.V |
| 56 | SCHRÖTER Stefan | 1597 | 364 | 00:53:02.13 | + 10m51s | 00:52:54.50 | keine Angabe |
| 57 | HOOSE Karl-Georg | 1436 | 365 | 00:53:02.24 | + 10m51s | 00:52:36.62 | SWE-Laufteam |
| 58 | KUNZE Guido | 1868 | 367 | 00:53:10.78 | + 11m00s | 00:52:41.95 | EnerGuido |
| 59 | ELLINGER Dirk | 1361 | 368 | 00:53:10.87 | + 11m00s | 00:52:42.54 | GutsMuths-Rennsteiglaufverein e.V |
| 60 | CARL Wilfried | 1724 | 375 | 00:53:29.31 | + 11m18s | 00:52:44.76 | Walschberg Runners |
| 61 | PESCHKE Steffen | 1774 | 384 | 00:53:56.54 | + 11m45s | 00:53:25.06 | friends of running |
| 62 | ENDERS Sören | 1035 | 400 | 00:54:16.19 | + 12m05s | 00:54:10.71 | keine Angabe |
| 63 | ALBRECHT Dirk | 1302 | 408 | 00:54:35.06 | + 12m24s | 00:54:17.60 | keine Angabe |
| 64 | RÖSSEL Axel | 1580 | 409 | 00:54:37.62 | + 12m27s | 00:53:46.57 | Bundschuh |
| 65 | SCHIRMBACHER André | 1022 | 415 | 00:54:49.67 | + 12m39s | 00:54:09.01 | keine Angabe |
| 66 | VOGELMANN Bernd | 1659 | 420 | 00:54:57.01 | + 12m46s | 00:54:46.35 | SV Thuringia Königsee |
| 67 | LESER Dirk | 1816 | 432 | 00:55:12.20 | + 13m01s | 00:54:45.78 | SV 1930 Frauensee |
| 68 | BIRKEFELD Armin | 1323 | 436 | 00:55:21.22 | + 13m10s | 00:55:01.16 | keine Angabe |
| 69 | WIESCHALLA Holger | 1720 | 438 | 00:55:25.08 | + 13m14s | 00:55:06.28 | SV Wandersleben |
| 70 | RAU Peter | 1558 | 439 | 00:55:26.70 | + 13m16s | 00:55:01.68 | keine Angabe |
| 71 | MÖRSTEDT Udo | 1833 | 443 | 00:55:33.56 | + 13m22s | 00:55:33.53 | LSV Neunheilingen |
| 72 | LEHMANN Holger | 1814 | 446 | 00:55:36.23 | + 13m25s | 00:55:14.40 | SSL Otto 10 |
| 73 | MÜLLER Heiko | 1533 | 454 | 00:55:53.13 | + 13m42s | 00:55:32.77 | Erfurt Alpin |
| 74 | WARMUTH Frank | 1668 | 455 | 00:55:53.85 | + 13m43s | 00:55:48.20 | Auto Flügel GmbH |
| 75 | PRAX Jens | 1807 | 471 | 00:56:20.00 | + 14m09s | 00:56:07.86 | - ohne - |
| 76 | RZEPKA Peter | 1151 | 476 | 00:56:30.53 | + 14m19s | 00:55:44.25 | keine Angabe |
| 77 | SCHIER Gert | 1589 | 477 | 00:56:32.62 | + 14m22s | 00:56:18.70 | keine Angabe |
| 78 | GOLSCHEWSKI Jörg | 1697 | 481 | 00:56:41.23 | + 14m30s | 00:56:17.05 | - ohne - |
| 79 | SAKOWSKI Silvio | 1048 | 482 | 00:56:42.64 | + 14m32s | 00:56:10.58 | keine Angabe |
| 80 | BLÜMLING Uwe | 1851 | 486 | 00:56:46.91 | + 14m36s | 00:55:58.52 | Tautenhain |
| 81 | KROSCHEL Ralf-Peter | 1480 | 494 | 00:56:55.43 | + 14m44s | 00:56:26.63 | Peterborner Sausewind |
| 82 | BLANK Peter | 1792 | 505 | 00:57:14.86 | + 15m04s | 00:56:34.31 | - ohne - |

M50 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|---------------------|-------|-----|-------------|-----------|-------------|----------------------------------|
| 83 | WEISS Carsten | 1110 | 506 | 00:57:19.33 | + 15m08s | 00:57:03.49 | HSC |
| 84 | MICHEL Andreas | 1773 | 516 | 00:57:41.74 | + 15m31s | 00:57:09.35 | friends of running |
| 85 | FAHLBUSCH Thomas | 1370 | 524 | 00:58:00.31 | + 15m49s | 00:57:12.50 | keine Angabe |
| 86 | JANKE Claus | 1042 | 532 | 00:58:18.43 | + 16m07s | 00:57:46.64 | keine Angabe |
| 87 | STARK Ralf | 1628 | 537 | 00:58:20.82 | + 16m10s | 00:57:47.26 | Team Klausstraße |
| 88 | KRAUSE Konstantin | 1475 | 544 | 00:58:32.65 | + 16m22s | 00:58:00.43 | LSV 90 Bad Langensalza e.V. |
| 89 | HALLAS Jens | 1876 | 546 | 00:58:39.29 | + 16m28s | 00:58:13.45 | Die Rentiere |
| 90 | KUHAUPT Heinrich | 1481 | 552 | 00:58:47.18 | + 16m36s | 00:58:22.05 | keine Angabe |
| 91 | WOLTER Steffen | 1683 | 554 | 00:58:58.26 | + 16m47s | 00:58:23.03 | RennsteigSpirit.Training |
| 92 | WEGLER Dirk | 1177 | 558 | 00:59:09.89 | + 16m59s | 00:58:48.85 | keine Angabe |
| 93 | DITTMAR Klaus-Peter | 1353 | 566 | 00:59:28.37 | + 17m17s | 00:58:50.89 | keine Angabe |
| 94 | MATERNE Siegfried | 1031 | 568 | 00:59:43.00 | + 17m32s | 00:58:57.21 | keine Angabe |
| 95 | SAMMLER Heiko | 1789 | 576 | 00:59:59.01 | + 17m48s | 00:59:39.01 | - ohne - |
| 96 | NEULAND Ralf | 1013 | 584 | 01:00:20.71 | + 18m10s | 00:59:57.89 | Klettbach |
| 97 | REIMANN Fränkie | 1823 | 593 | 01:00:49.67 | + 18m39s | 01:00:25.87 | Institut Dr. Wanek |
| 98 | NEUBAUER Lars | 1809 | 618 | 01:02:21.51 | + 20m10s | 01:01:58.03 | - ohne - |
| 99 | OEHLSEN Michael | 1829 | 621 | 01:02:23.93 | + 20m13s | 01:01:37.63 | Lauffeuer Fröttstädt |
| 100 | LUGAUER Dietmar | 1505 | 622 | 01:02:24.76 | + 20m14s | 01:01:40.90 | keine Angabe |
| 101 | BURCHARDT Michael | 1872 | 627 | 01:02:38.61 | + 20m27s | 01:01:44.16 | - ohne - |
| 102 | GÖBEL Roland | 1401 | 633 | 01:03:13.20 | + 21m02s | 01:02:35.71 | keine Angabe |
| 103 | KOCH Thomas | 1468 | 639 | 01:04:07.08 | + 21m56s | 01:03:17.56 | Uder |
| 104 | WIDMANN Michael | 1874 | 644 | 01:04:35.04 | + 22m24s | 01:04:17.51 | - ohne - |
| 105 | DENNER Frank | 1347 | 652 | 01:05:32.19 | + 23m21s | 01:04:40.75 | Bundschuh |
| 106 | FRANKE Dirk | 1164 | 662 | 01:06:41.07 | + 24m30s | 01:06:00.56 | keine Angabe |
| 107 | SCHMIDT Martin | 1003 | 667 | 01:06:57.29 | + 24m46s | 01:06:10.07 | Brown Nuggets |
| 108 | THIELEN Jens | 1640 | 670 | 01:07:38.35 | + 25m27s | 01:06:59.23 | keine Angabe |
| 109 | FUNKE Holger | 1383 | 676 | 01:09:23.24 | + 27m12s | 01:08:35.29 | Hochheimer Rad-Elstern |
| 110 | JUNGE Ralf | 1449 | 677 | 01:09:23.47 | + 27m12s | 01:08:35.25 | Hochheimer Rad-Elstern |
| 111 | THIEMAR Frank | 1165 | 684 | 01:11:27.16 | + 29m16s | 01:10:52.51 | keine Angabe |
| 112 | BECHSTEIN Michael | 1045 | 685 | 01:13:09.43 | + 30m58s | 01:12:29.70 | Sonntagsläufer Tambach- Dietharz |
| DNF | SAHL Andreas | 1738 | DNF | 00:00:00.00 | | | Laufladen Erfurt OCR Team |

F60 - weiblich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|--------------------|-------|-----|-------------|-----------|-------------|-------------------------------|
| 1 | DITTMANN Irene | 1352 | 380 | 00:53:42.25 | | 00:53:29.76 | FSV Birkenfelde |
| 2 | HEß Ines | 1429 | 468 | 00:56:17.29 | + 2m35s | 00:55:45.71 | LTV Erfurt e.V. |
| 3 | STROH Viola | 1853 | 480 | 00:56:38.19 | + 2m56s | 00:56:09.17 | Erfurt Nord Gymnastik |
| 4 | ZINN Marion | 1690 | 520 | 00:57:54.89 | + 4m13s | 00:57:18.17 | Sportgymnasium Neubrandenburg |
| 5 | KNOTHE Doris | 1842 | 668 | 01:07:11.49 | + 13m30s | 01:06:42.27 | Team Knothe |
| 6 | TRÜMPER Brigitte | 1160 | 690 | 01:14:37.86 | + 20m56s | 01:14:04.81 | keine Angabe |

M60 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|------------------------|-------|-----|-------------|-----------|-------------|--------------------------|
| 1 | HESSE Uwe | 1069 | 60 | 00:42:22.11 | | 00:42:19.52 | keine Angabe |
| 2 | WÄCHTER Hartmut | 1686 | 122 | 00:45:22.55 | + 3m01s | 00:45:19.00 | SG Motor Arnstadt |
| 3 | OSTERMANN Frank | 1543 | 139 | 00:46:08.78 | + 3m47s | 00:45:56.18 | SWE-Laufteam |
| 4 | KLÄSER Guido | 1128 | 190 | 00:47:37.78 | + 5m16s | 00:47:32.53 | SV Noswendel |
| 5 | FLEISCHMANN Thomas | 1377 | 213 | 00:48:17.22 | + 5m56s | 00:47:49.24 | LTV Erfurt |
| 6 | DR. SCHERMESSER Jürgen | 1019 | 222 | 00:48:34.96 | + 6m13s | 00:48:21.04 | keine Angabe |
| 7 | EISENACHER Klaus | 1780 | 233 | 00:48:52.99 | + 6m31s | 00:48:51.00 | Hainichläufer Mühlhausen |
| 8 | MÖLDERS Martin | 1788 | 240 | 00:49:08.25 | + 6m47s | 00:49:00.66 | SV Arnstadt 09 |
| 9 | LESER Reiner | 1818 | 289 | 00:50:37.26 | + 8m16s | 00:50:09.79 | SV 1930 Frauensee |

M60 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|------------------------|-------|-----|-------------|-----------|-------------|-----------------------------------|
| 10 | BRACHMANSKI Hans-Peter | 1108 | 292 | 00:50:41.51 | + 8m20s | 00:50:33.69 | keine Angabe |
| 11 | ROLAND Michael | 1073 | 317 | 00:51:42.86 | + 9m21s | 00:51:17.03 | keine Angabe |
| 12 | BITTNER Peter | 1754 | 379 | 00:53:39.97 | + 11m18s | 00:53:34.18 | Sondershäuser Billiardkeller b.eV |
| 13 | HÖHN Helfried | 1741 | 442 | 00:55:32.13 | + 13m10s | 00:55:18.52 | - ohne - |
| 14 | MENTZEL Michael | 1159 | 444 | 00:55:34.70 | + 13m13s | 00:55:00.64 | LTV Erfurt |
| 15 | ELSTER Klaus | 1362 | 453 | 00:55:51.76 | + 13m30s | 00:55:44.56 | keine Angabe |
| 16 | SPRENGER Bernd | 1625 | 469 | 00:56:17.32 | + 13m56s | 00:55:45.82 | LTV Erfurt |
| 17 | SCHREIBER Lutz | 1595 | 473 | 00:56:25.34 | + 14m04s | 00:56:06.84 | Auebiker |
| 18 | KRIENING Henry | 1036 | 487 | 00:56:46.91 | + 14m25s | 00:56:08.53 | keine Angabe |
| 19 | MICHAEL Zinn | 1525 | 522 | 00:57:55.08 | + 15m33s | 00:57:18.27 | Tateka Neubrandenburg |
| 20 | DR KRUSCHE Ingo | 1825 | 533 | 00:58:18.74 | + 15m57s | 00:57:58.60 | Grün-Weiß EF |
| 21 | HARTMANN Wolfgang | 1800 | 557 | 00:59:07.87 | + 16m46s | 00:58:46.93 | - ohne - |
| 22 | REINSBERG Erhard | 1811 | 562 | 00:59:22.98 | + 17m01s | 00:58:52.44 | - ohne - |
| 23 | BÄTZ Michael | 1763 | 575 | 00:59:56.97 | + 17m35s | 00:59:34.95 | - ohne - |
| 24 | ERTEL Frank | 1369 | 578 | 01:00:12.33 | + 17m51s | 00:59:55.44 | Mühlhäuser Laufwölfe |
| 25 | GROSSER Dietmar | 1784 | 580 | 01:00:13.95 | + 17m52s | 00:59:39.79 | GMRLV |
| 26 | FISCHER Joachim | 1794 | 620 | 01:02:22.28 | + 20m01s | 01:01:49.66 | SCC Berlin |
| 27 | HOGENKAMP Werner | 1873 | 628 | 01:02:39.28 | + 20m18s | 01:01:43.53 | - ohne - |
| 28 | BARTHOLOME Burkhard | 1310 | 635 | 01:03:16.59 | + 20m55s | 01:02:29.80 | keine Angabe |
| 29 | STEPHAN Rainer | 1033 | 648 | 01:04:58.69 | + 22m37s | 01:04:19.71 | keine Angabe |
| 30 | JETSOUND Lukas | 1862 | 650 | 01:05:11.79 | + 22m50s | 01:04:33.32 | Jet Sound |
| 31 | LIPS Roland | 1502 | 657 | 01:06:01.20 | + 23m40s | 01:05:17.93 | keine Angabe |
| 32 | KOLLASCHECK Gottfried | 1471 | 669 | 01:07:32.18 | + 25m11s | 01:07:20.71 | LTV Erfurt |
| 33 | ZINN Volkmar | 1691 | 671 | 01:07:39.91 | + 25m18s | 01:07:07.69 | keine Angabe |
| 34 | BASHLELANE Frank | 1871 | 679 | 01:10:48.86 | + 28m27s | 01:10:06.80 | - ohne - |

F70 - weiblich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|--------------------|-------|-----|-------------|-----------|-------------|-----------------------|
| 1 | ROTHKEGEL Ilona | 1572 | 464 | 00:56:12.06 | | 00:55:43.79 | Erfurt Nord Gymnastik |

M70 - männlich

| Platz | Nachname - Vorname | StNr. | Ges | Brutto | Rückstand | Netto | Verein |
|-------|--------------------|-------|-----|-------------|-----------|-------------|------------------|
| 1 | KRAUß Raimund | 1476 | 343 | 00:52:26.93 | | 00:52:22.68 | LV Einheit Greiz |
| 2 | KUNZ Hans-Jürgen | 1047 | 401 | 00:54:18.51 | + 1m52s | 00:54:08.42 | keine Angabe |
| 3 | JACOBI Ingobert | 1749 | 674 | 01:08:50.16 | + 16m24s | 01:08:43.91 | Südhärzläufer |

