Pl.	M/W	StNr.	Nachname - Vorname	Verein	Platz	AK	Zeit Brutto	Rückstand	Zeit Netto
1	M	915	HECHT Levin	Trikot-Oase -Der Sportausrüster-	1	HK	00:18:52.06		00:18:50.63
1	F	925	GOLDFUß Verena	TSV Krofdorf-Gleiberg	1	HK	00:19:13.14	+ 21s	00:19:11.41
2	F	933	PADBERG Lisa	keine Angabe	2	HK	00:19:33.63	+ 42s	00:19:31.98
2	M	609	STUBENRECHT Stefan	keine Angabe	1	M35	00:20:56.25	+ 2m04s	00:20:53.90
3	M	217	HOSKE Paul	KLA-Tencor	1	M30	00:21:00.36	+ 2m08s	00:20:57.61
3	F	373	FRANK Katrin	Team Holzbach _Friends	1	W35	00:21:09.39	+ 2m17s	00:21:07.79
4	M	107	BÜTTNER Jonas	#Banane	1	U20	00:21:22.30	+ 2m30s	00:21:20.79
5	M	132	DORNHEIM Laurin	Die Dornis	2	U20	00:21:31.89	+ 2m40s	00:21:29.58
6	M	109	RAU Michel	#Banane	3	U20	00:21:38.23	+ 2m46s	00:21:34.67
7	M	169	JUNG Moritz	FSV Braunfels	1	U12	00:21:47.70	+ 2m56s	00:21:45.45
8	M	131	DORNHEIM Fabio	Die Dornis	2	HK	00:22:01.83	+ 3m10s	00:21:59.56
9	M	332	FRINK Merlin	Team Gesundzeit - Kreiskrankenha	3	HK	00:22:03.82	+ 3m12s	00:22:01.54
10	M	138	NIEBLER Maurice	Die Turboschnecken	4	HK	00:22:43.91	+ 3m52s	00:22:40.87
4	F	195	KÖNIG Jasmin	Hot Ebbel Runners	1	W40	00:22:50.61	+ 3m59s	00:22:48.92
11	M	110	SCHLITT Florian	#Banane	5	HK	00:22:54.57	+ 4m03s	00:22:50.44
12	M	931	BEHR Max	keine Angabe	6	HK	00:22:58.99	+ 4m07s	00:22:52.70
13	M	927	FLECKS Michael	WSC Laufschwäne	1	M65	00:23:04.24	+ 4m12s	00:22:58.94
14	M	140	BODENBENNER Dietmar	DLRG Kirchhain	1	M60	00:23:21.09	+ 4m29s	00:22:36.81
15	M	447	HAHN Adam	Weiltalschule	1	U18	00:23:23.21	+ 4m31s	00:23:16.06
5	F	435	CLEMENZ Hannah	VLG Eisenbach	2	W35	00:23:26.69	+ 4m35s	00:23:24.21
16	M	934	GIL-GUSTAVO Jesús	Schneller (meistens) als die Schnec	1	M45	00:23:53.97	+ 5m02s	00:23:50.03
17	M	123	KUHNERT Alex	Buena Vista Running Club	2	M45	00:23:59.18	+ 5m07s	00:23:56.34
18	M	469	WEBER Marcel	Weiltalschule	1	M55	00:24:18.54	+ 5m26s	00:24:08.03
19	M	112	STEINBACH Tom	#Banane	4	U20	00:24:26.85	+ 5m35s	00:24:22.75
20	M	204	PAUL Magnus	Kamajulema	7	HK	00:24:27.54	+ 5m35s	00:24:20.75
6	F	226	PAULY Melina	Laufgruppe FFW Grävenwiesbach	3	HK	00:24:28.31	+ 5m36s	00:24:25.07
7	F	162	REICHENBERGER Julia	FAST FUN RUNNERS	4	HK	00:24:45.77	+ 5m54s	00:24:39.64
21	M	472	ZIMMERMANN Jan	Weiltalschule	1	U14	00:25:03.32	+ 6m11s	00:24:58.02
8	F	471	ZIMMERMANN Anja	Weiltalschule	2	W40	00:25:03.54	+ 6m11s	00:24:57.76
22	M	464	SCHULER Mats	Weiltalschule	2	U14	00:25:11.78	+ 6m20s	00:25:08.07
23	M	170	CLEMENZ Julian	GAL II/25	2	M35	00:25:13.56	+ 6m21s	00:25:10.75
24	M	491	BRÜHL Carsten	keine Angabe	1	M40	00:25:32.08	+ 6m40s	00:25:26.00
25	M	459	MÜLLER Jakob	Weiltalschule	3	U14	00:25:46.25	+ 6m54s	00:25:41.73
26	M	930	BONKAS Leonard	keine Angabe	8	HK	00:25:51.25	+ 6m59s	00:25:44.98
27	M	151	JOST Thore	Family Jost _Friends	4	U14	00:25:51.37	+ 6m59s	00:25:49.67
28	M	570	PAUL Jan Niklas	keine Angabe	3	M35	00:25:59.69	+ 7m08s	00:25:42.24
29	M	150	JOST Rayk	Family Jost _Friends	2	U12	00:26:00.76	+ 7m09s	00:25:58.76
30	M	163	STÄNDEKE Julian	FAST FUN RUNNERS	9	HK	00:26:05.52	+ 7m13s	00:25:54.36
31	M	253	ZIENERT Phil	LC Mengerskirchen	3	U12	00:26:08.05	+ 7m16s	00:26:01.29
9	F	436	KEMPTNER Emily	VLG Eisenbach	1	U20	00:26:12.91	+ 7m21s	00:26:11.44
10	F	421	OHLEMACHER Anna	TV Runkel	5	HK	00:26:19.55	+ 7m27s	00:26:17.08
32	M	216	DERING Sergej	KLA-Tencor	2	M30	00:26:22.59	+ 7m31s	00:26:16.88
33	M	208	PAUL Marten	Kamalejuma	10	HK	00:26:40.93	+ 7m49s	00:26:33.33
34	M	249	STEINMETZ Kolja	Lauftreff Wallrabenstein	1	M50	00:26:50.71	+ 7m59s	00:26:47.91
35	M	148	JOST Kjell	Family Jost _Friends	4	U12	00:26:50.81	+ 7m59s	00:26:48.83
11	F	589	SCHINDLER Rieke	keine Angabe	6	HK	00:26:54.09	+ 8m02s	00:26:50.88
36	M	207	MÜLLER Justus	Kamalejuma	11	HK	00:26:57.20	+ 8m05s	00:26:50.07
37	M	375	HOFFMANN Christian	Team Holzbach _Friends	4	M35	00:27:03.71	+ 8m12s	00:26:56.41
38	M	252	ZIENERT Christian	LC Mengerskirchen	2	M40	00:27:13.74	+ 8m22s	00:27:06.50
39	M	158	CONRAD Jannes	FAST FUN RUNNERS	12	HK	00:27:21.77	+ 8m30s	00:27:15.67
40	M	218	JUNG Nikola	KLA-Tencor	5	M35	00:27:33.22	+ 8m41s	00:27:29.95
41	M	156	ORTH Ilai	Family Jost _Friends	1	U16	00:27:35.79	+ 8m44s	00:27:33.98
42	M	289	HEETFELD Claudius	Running Lunatics	6	M35	00:27:41.77	+ 8m50s	00:27:35.33
12	F	374	HACKENBROCH Frederike	Team Holzbach _Friends	1	W30	00:27:46.84	+ 8m55s	00:27:39.75
43	M	236	ENGETER Udo	Laufstall-Weilburg	7	M35	00:27:50.53	+ 8m58s	00:27:36.90
44	M	547	KUSCHEL Kolja	keine Angabe	13	HK	00:27:58.31	+ 9m06s	00:27:50.78
45	M	288	HAGEL Martin	Running Lunatics	3	M40	00:28:07.53	+ 9m15s	00:28:01.91
46	M	193	KOCH Hans Jürgen	Hot Ebbel Runners	2	M60	00:28:14.07	+ 9m22s	00:28:06.13

Legend:
-n Lap Lapped with n laps remaining / **DNF** Did Not Finish / **DSQ** Disqualified / **DNS** Did Not Start

results & timing ■ www.maxx-timing.de

SPORTS TIMING TECHNOLOGIES

Pl.	M/W	StNr.	Nachname - Vorname	Verein	Platz	AK	Zeit Brutto	Rückstand	Zeit Netto
13	F	104	BLETZ Elina	#Banane	2	U20	00:28:14.23	+ 9m22s	00:28:09.59
47	M	403	JACKSON Jayden	Triple Force	2	U18	00:28:19.90	+ 9m28s	00:28:12.55
48	M	914	KOPPEL Mario	Uplink-Pharma Running Team	2	M50	00:28:25.45	+ 9m33s	00:28:09.26
49	M	578	RAUSCH Martin	keine Angabe	3	M50	00:28:41.96	+ 9m50s	00:28:30.24
50	M	159	CONRAD Lasse	FAST FUN RUNNERS	14	HK	00:28:49.99	+ 9m58s	00:28:39.15
51	M	454	KLAAS Ben Minik	Weiltalschule	2	U16	00:28:52.07	+ 10m00s	00:28:43.85
52	M	448	HASTALL Luis	Weiltalschule	15	HK	00:29:00.10	+ 10m08s	00:28:52.61
14	F	157	ORTH Kerstin	Family Jost _Friends	1	W45	00:29:08.15	+ 10m16s	00:28:51.43
15	F	500	DONEA Svetlana	keine Angabe	2	W45	00:29:12.71	+ 10m21s	00:29:03.70
16	F	276	HOHL Selina	Plus forts ensemble	7	HK	00:29:14.37	+ 10m22s	00:29:02.68
17	F	277	KLEMENT Jana-Lorene	Plus forts ensemble	8	HK	00:29:14.44	+ 10m22s	00:29:03.10
53	M	290	HEETFELD Marius	Running Lunatics	4	M40	00:29:16.06	+ 10m24s	00:29:11.31
18	F	405	REITZ Enie	Triple Force	1	U12	00:29:17.42	+ 10m25s	00:29:09.46
54	M	404	REITZ David	Triple Force	8	M35	00:29:17.45	+ 10m25s	00:29:09.04
19	F	119	BETZ Petra	BSG KSK Weilburg	3	W40	00:29:22.33	+ 10m30s	00:29:12.51
55	M	517	GROS Marc	keine Angabe	5	M40	00:29:27.28	+ 10m35s	00:29:13.52
56	M	516	GROS Luuk	keine Angabe	5	U12	00:29:27.35	+ 10m35s	00:29:13.42
57	M	401	HOFMEISTER Andreas	TG Camberg 1848 e.V.	3	M45	00:29:36.86	+ 10m45s	00:29:21.34
20	F	160	MEIER Lisa	FAST FUN RUNNERS	9	HK	00:29:42.11	+ 10m50s	00:29:31.59
58	M	313	SALIS Emil	Stiftung Wadentest	3	U16	00:29:45.14	+ 10m53s	00:29:39.70
59	M	139	PRAIS Denis	Die Turboschnecken	16	HK	00:29:51.10	+ 10m59s	00:29:44.53
60	M	913	MEHL Maximilian Elias	Uplink-Pharma Running Team	17	HK	00:30:21.20	+ 11m29s	00:30:06.70
61	M	499	DIETZ Sebastian	keine Angabe	9	M35	00:30:28.39	+ 11m36s	00:30:10.26
21	F	624	WOLF Annette	keine Angabe	1	W55	00:30:50.19	+ 11m58s	00:30:41.09
22	F	201	ZÖLLNER Birgit	Hot Ebbel Runners	1	W65	00:30:52.43	+ 12m00s	00:30:40.52
23	F	171	DZEBIC Selina	GAL II/25	10	HK	00:30:53.12	+ 12m01s	00:30:49.42
62	M	176	MOLLER-KOBLISCHKA Marvin	GAL II/25	18	HK	00:30:53.18	+ 12m01s	00:30:50.00
24	F	113	TILMANN Rahel	#Banane	3	U20	00:30:55.85	+ 12m04s	00:30:51.16
63	M	542	KRETSCHMER Bastian	keine Angabe	5	U14	00:31:01.52	+ 12m09s	00:30:40.92
25	F	409	SCHÄFER Andrea	TUS 03 Weilmünster	1	W60	00:31:07.73	+ 12m16s	00:31:02.31
64	M	130	DORNHEIM Dirk	Die Dornis	2	M55	00:31:10.27	+ 12m18s	00:30:57.94
26	F	489	BRAUSE Lisa	keine Angabe	11	HK	00:31:28.89	+ 12m37s	00:31:06.22
27	F	428	KOPPEL Corinna	Uplink-Pharma Running Team	3	W45	00:31:42.58	+ 12m51s	00:31:25.83
28	F	536	KARAALI Philine	keine Angabe	4	W40	00:31:44.40	+ 12m52s	00:31:33.68
29	F	626	WORTMANN Antonia	keine Angabe	12	HK	00:31:54.39	+ 13m02s	00:31:36.34
65	M	419	ORTNER Dominic	TV Kettenbach	3	M30	00:32:05.43	+ 13m13s	00:31:53.42
30	F	920	WEIL Marlene	Weiltalschule	1	U14	00:32:06.47	+ 13m14s	00:31:57.26
31	F	456	KUPETZ Ida-Marie	Weiltalschule	2	U14	00:32:06.53	+ 13m14s	00:31:57.49
66	M	200	WIESNER Björn	Hot Ebbel Runners	3	M55	00:32:13.81	+ 13m22s	00:31:58.00
32	F	503	EBER Zita	keine Angabe	1	W50	00:32:29.20	+ 13m37s	00:32:03.37
33	F	441	NIEDZWETZKI Stefanie	Wald und Waden	5	W40	00:32:38.34	+ 13m46s	00:32:17.16
67	M	926	AHNER Jörg	Wald und Waden	4	M50	00:32:38.55	+ 13m46s	00:32:33.01
68	M	434	MÖBUS Dirk	Victoria University Wellington	5	M50	00:32:45.80	+ 13m54s	00:32:25.98
69	M	919	HAMANN Wolfgang	derhofmitderschwarzenkatze	4	M55	00:32:47.09	+ 13m55s	00:32:23.89
70	M	603	STEINMETZ Christian	keine Angabe	6	M40	00:32:47.26	+ 13m55s	00:32:36.89
34	F	260	LENNARTZ Silke	LSG Goldener Grund Selters/Ts.	2	W60	00:32:52.97	+ 14m01s	00:32:36.11
35	F	222	PETERS Amelie	KLA-Tencor	6	W40	00:33:05.11	+ 14m13s	00:32:58.85
36	F	568	ORTH Kim	keine Angabe	13	HK	00:33:18.37	+ 14m26s	00:33:02.32
37	F	569	OTT Lara	keine Angabe	14	HK	00:33:24.73	+ 14m33s	00:33:04.36
71	M	423	SCHÜTZ Julian	TV Villmar	4	M30	00:33:25.40	+ 14m33s	00:33:05.04
38	F	121	SCHMIDT Jennifer	BSG KSK Weilburg	15	HK	00:33:30.40	+ 14m38s	00:33:20.78
72	M	929	REIF Josef	keine Angabe	10	M35	00:33:39.70	+ 14m48s	00:33:35.16
DNS	M	143	GRÖLZ David	Einer steht immer!	DNS	HK	00:33:42.61	+ 14m51s	00:33:42.61
74	M	220	KHARCHE Laukik	KLA-Tencor	20	HK	00:33:44.31	+ 14m52s	00:33:37.31
75	M	202	ZÖLLNER Ingo	Hot Ebbel Runners	1	M70	00:33:57.27	+ 15m05s	00:33:44.60
39	F	353	PRAUSE Julia	Team Gesundzeit - Kreiskrankenha	3	W35	00:33:58.18	+ 15m06s	00:33:55.25
40	F	205	FÖRSTER Karen	Kamalejuma	2	W55	00:34:06.45	+ 15m14s	00:33:47.01
41	F	149	JOST Myriam	Family Jost _Friends	7	W40	00:34:08.94	+ 15m17s	00:33:52.30

Legend:
-n Lap Lapped with n laps remaining / **DNF** Did Not Finish / **DSQ** Disqualified / **DNS** Did Not Start

results & timing ■ www.maxx-timing.de

SPORTS TIMING TECHNOLOGIES

Pl.	M/W	StNr.	Nachname - Vorname	Verein	Platz	AK	Zeit Brutto	Rückstand	Zeit Netto
76	M	533	JURADO CABRERA Raul Manuel	keine Angabe	21	HK	00:34:13.58	+ 15m22s	00:33:45.62
77	M	622	WEGRICHT Joscha	keine Angabe	22	HK	00:34:19.87	+ 15m28s	00:34:08.27
42	F	515	GRENZ Lena	keine Angabe	16	HK	00:34:25.22	+ 15m33s	00:33:59.78
43	F	916	PAULY Marie	Laufgruppe FFW Grävenwiesbach	17	HK	00:34:27.74	+ 15m36s	00:34:06.58
78	M	397	WILHELM Felix Gustav	Team Wilhelm	6	U12	00:34:31.42	+ 15m39s	00:34:16.01
44	F	539	KLINGEN Kora	keine Angabe	18	HK	00:34:33.05	+ 15m41s	00:34:11.05
45	F	136	NIEBLER Aileen	Die Turboschnecken	19	HK	00:34:41.43	+ 15m49s	00:34:35.00
46	F	319	BURGEMEISTER Magda	SV RW Hadamar	1	W80	00:34:50.61	+ 15m59s	00:34:29.67
79	M	298	BÖHMER Jürgen	SG Niederlauken	3	M60	00:35:00.09	+ 16m08s	00:34:39.40
47	F	232	SCHNEIDER Lena	Laufgruppe Rabenscheid	3	U14	00:35:12.17	+ 16m20s	00:34:56.54
48	F	127	TRIBBELS Melanie	derhofmitderschwarzenkatze	4	W35	00:35:12.28	+ 16m20s	00:34:47.27
49	F	197	ROHDE Sandra	Hot Ebbel Runners	3	W55	00:35:13.52	+ 16m21s	00:34:57.95
50	F	203	HEERING Anna	Kamajejuma	20	HK	00:35:14.81	+ 16m23s	00:34:56.16
51	F	206	HEERING Lea	Kamalejuma	21	HK	00:35:15.05	+ 16m23s	00:34:56.11
80	M	619	WARNKE Tim	keine Angabe	11	M35	00:35:15.39	+ 16m23s	00:35:06.64
52	F	227	PAULY Michaela	Laufgruppe FFW Grävenwiesbach	2	W50	00:35:18.03	+ 16m26s	00:34:56.62
53	F	921	MONTEIRO DA SILVA Anna	keine Angabe	5	W35	00:35:18.64	+ 16m27s	00:34:58.90
81	M	923	HOFMANN Noah	Laufgruppe Rabenscheid	4	U16	00:35:26.37	+ 16m34s	00:35:11.56
54	F	932	DIEHL Christina	keine Angabe	22	HK	00:35:27.58	+ 16m36s	00:35:08.53
82	M	233	SCHNICKER Martin	Laufgruppe Rabenscheid	7	M40	00:35:29.07	+ 16m37s	00:35:13.94
83	M	363	SCHWARZER Michael	Team Gesundzeit - Kreiskrankenha	4	M60	00:35:35.69	+ 16m44s	00:35:18.00
55	F	234	SCHNICKER Svenja	Laufgruppe Rabenscheid	6	W35	00:35:45.41	+ 16m53s	00:35:29.86
84	M	612	TRONG Hong	keine Angabe	2	M65	00:35:56.47	+ 17m04s	00:35:46.60
85	M	431	VALENCIA MORALES Malqui Wa	Uplink-Pharma Running Team	23	HK	00:35:58.94	+ 17m07s	00:35:44.58
86	M	180	WELSCH Michael	Griedelbacher Läufer	3	M65	00:36:00.80	+ 17m09s	00:35:49.20
56	F	451	KILB Sabrina	Weiltalschule	7	W35	00:36:08.25	+ 17m16s	00:35:50.48
57	F	396	BECKER-WILHELM Anne	Team Wilhelm	8	W40	00:36:17.19	+ 17m25s	00:36:01.92
87	M	305	HÖHL Mats	Stiftung Wadentest	7	U12	00:36:17.23	+ 17m25s	00:35:51.91
88	M	306	HÖHL Tobias	Stiftung Wadentest	8	M40	00:36:17.37	+ 17m25s	00:35:51.60
89	M	604	STEINMETZ Julian	keine Angabe	3	U18	00:36:23.68	+ 17m32s	00:36:15.02
58	F	483	BERNADETTE Burbach	keine Angabe	4	W45	00:36:28.04	+ 17m36s	00:36:16.69
59	F	455	KUPETZ Emily	Weiltalschule	1	U16	00:36:34.22	+ 17m42s	00:36:24.97
90	M	314	SALIS Stefan	Stiftung Wadentest	5	M60	00:36:40.19	+ 17m48s	00:36:35.06
91	M	477	ROTHENBERGER Gerhard	WSC Laufschwäne	1	M80	00:36:52.10	+ 18m00s	00:36:40.67
92	M	105	BLETZ Marcus	#Banane	6	M50	00:36:53.02	+ 18m01s	00:36:35.75
60	F	318	HOFMANN Sarah	SV Dillhausen	2	W30	00:36:54.75	+ 18m03s	00:36:35.97
61	F	553	LOSACKER Carina	keine Angabe	3	W30	00:36:55.12	+ 18m03s	00:36:35.77
93	M	331	FRINK Elmar	Team Gesundzeit - Kreiskrankenha	5	M55	00:36:55.68	+ 18m04s	00:36:46.88
94	M	128	VEIT Siegfried	derhofmitderschwarzenkatze	6	M60	00:37:15.68	+ 18m24s	00:37:00.17
62	F	355	REIFENBERG Doreen	Team Gesundzeit - Kreiskrankenha	4	W30	00:37:23.96	+ 18m32s	00:36:55.15
95	M	924	REICHART Rolf-Achim	100 Marathon Club	4	M65	00:37:24.92	+ 18m33s	00:36:56.41
96	M	615	VIEHL Alexander	keine Angabe	5	M30	00:37:31.93	+ 18m40s	00:37:05.68
63	F	616	VIEHL Lucie	keine Angabe	8	W35	00:37:31.93	+ 18m40s	00:37:07.31
64	F	190	BEHRENS Colet	Hot Ebbel Runners	5	W45	00:37:37.98	+ 18m46s	00:37:28.06
97	M	191	BEHRENS Markus	Hot Ebbel Runners	7	M50	00:37:38.40	+ 18m46s	00:37:28.04
65	F	196	OERTER Alexandra	Hot Ebbel Runners	6	W45	00:37:44.66	+ 18m53s	00:37:18.83
66	F	199	WALDSCHMIDT Sabine	Hot Ebbel Runners	3	W60	00:37:45.81	+ 18m54s	00:37:29.96
98	M	481	BAUER Erik	keine Angabe	9	M40	00:37:58.50	+ 19m06s	00:37:35.86
67	F	235	ROSENKRANZ Sabrina	Laufstall Weilburg	3	W50	00:38:07.99	+ 19m16s	00:37:54.42
99	M	602	STAHL Jan Niklas	keine Angabe	6	M30	00:38:10.91	+ 19m19s	00:37:44.79
68	F	129	WACH Birgit	derhofmitderschwarzenkatze	4	W55	00:38:13.29	+ 19m21s	00:37:49.95
69	F	581	ROSENKRANZ Malin	keine Angabe	23	HK	00:38:15.50	+ 19m23s	00:37:58.33
70	F	507	FISCHBACH Laura	keine Angabe	24	HK	00:38:15.88	+ 19m24s	00:37:58.32
71	F	468	STEPANENKO Kateryna	Weiltalschule	7	W45	00:38:19.13	+ 19m27s	00:37:50.44
72	F	359	SCHMIDT Carolin	Team Gesundzeit - Kreiskrankenha	9	W35	00:38:19.43	+ 19m27s	00:38:06.61
73	F	357	SCHÄFFLER Maya	Team Gesundzeit - Kreiskrankenha	25	HK	00:38:19.58	+ 19m28s	00:38:06.54
74	F	345	KROTER Daniela	Team Gesundzeit - Kreiskrankenha	26	HK	00:38:21.61	+ 19m30s	00:38:08.39
75	F	327	DIEHL Jessica	Team Gesundzeit - Kreiskrankenha	27	HK	00:38:21.70	+ 19m30s	00:38:08.39

Legend:
-n Lap Lapped with n laps remaining / **DNF** Did Not Finish / **DSQ** Disqualified / **DNS** Did Not Start

results & timing ■ www.maxx-timing.de

SPORTS TIMING TECHNOLOGIES

Pl.	M/W	StNr.	Nachname - Vorname	Verein	Platz	AK	Zeit Brutto	Rückstand	Zeit Netto
76	F	557	METZGER Swenja	keine Angabe	5	W30	00:38:22.05	+ 19m30s	00:38:00.04
77	F	611	TILMANN Verena	keine Angabe	4	W50	00:38:22.09	+ 19m30s	00:37:51.11
78	F	475	KAMRATH-SCHMITT Sylke	WSC Laufschwäne	4	W60	00:38:31.04	+ 19m39s	00:38:19.65
79	F	523	HEIGER Hanna	keine Angabe	28	HK	00:38:33.33	+ 19m41s	00:38:13.43
80	F	524	HEIGER Lea	keine Angabe	29	HK	00:38:33.53	+ 19m41s	00:38:13.50
81	F	583	RÜTTERMANN Tessa Hope	keine Angabe	30	HK	00:38:57.73	+ 20m06s	00:38:36.48
100	M	400	BINTERNAGEL Michael	team-naunheim SPORT e.V. / Trail-	6	M55	00:38:59.76	+ 20m08s	00:38:35.16
82	F	610	THEILE Wen-Chen	keine Angabe	5	W55	00:39:11.79	+ 20m20s	00:39:03.82
101	M	144	GRÖLZ Ulli	Einer steht immer!	2	M70	00:39:33.60	+ 20m42s	00:39:33.60
83	F	442	WALTER Melanie	Wald und Waden	9	W40	00:40:16.95	+ 21m25s	00:39:55.48
84	F	449	HUFF Jilliana	Weiltalschule	1	U18	00:40:44.74	+ 21m53s	00:40:36.36
85	F	467	SCHWARZER Marie	Weiltalschule	2	U16	00:40:44.81	+ 21m53s	00:40:36.09
86	F	326	DA SILVA PELITEIRO MEHR Frai	Team Gesundzeit - Kreiskrankenhai	31	HK	00:40:51.68	+ 22m00s	00:40:15.97
102	M	146	EZEL Thomas	EK Ski Württemberg	7	M55	00:41:17.06	+ 22m25s	00:41:13.20
87	F	315	SURREY Lotta	Stiftung Wadentest	4	U14	00:41:27.57	+ 22m36s	00:40:59.86
88	F	311	KREUZER Svea	Stiftung Wadentest	5	U14	00:41:27.78	+ 22m36s	00:40:59.93
89	F	308	KETTER Lynn	Stiftung Wadentest	6	U14	00:41:27.91	+ 22m36s	00:40:59.91
90	F	452	KISSEL Marie	Weiltalschule	7	U14	00:41:29.43	+ 22m37s	00:41:02.80
103	M	453	KISSEL Thomas	Weiltalschule	4	M45	00:41:29.49	+ 22m37s	00:41:02.45
91	F	369	WAGNER Franka	Team Gesundzeit - Kreiskrankenhai	32	HK	00:41:59.04	+ 23m07s	00:41:54.45
92	F	928	GATTNER Marie	keine Angabe	6	W30	00:42:04.73	+ 23m13s	00:41:48.04
104	M	142	WOPP Norbert	DLRG Tri-Team-Wetzlar	5	M65	00:42:18.41	+ 23m26s	00:41:50.36
93	F	261	SCHÖN Jacqueline	LSG Goldener Grund Selters/Ts.	8	W45	00:42:19.81	+ 23m28s	00:41:50.59
94	F	256	BÖCHER Inge	LSG Goldener Grund Selters/Ts.	1	W70	00:42:19.90	+ 23m28s	00:41:50.53
95	F	465	SCHUY Patrizia	Weiltalschule	9	W45	00:42:30.53	+ 23m38s	00:42:00.49
96	F	364	SHDANOW Viktoria	Team Gesundzeit - Kreiskrankenhai	10	W35	00:42:33.72	+ 23m42s	00:42:08.37
105	M	476	KLETSCHKA Walter	WSC Laufschwäne	2	M80	00:42:41.95	+ 23m50s	00:42:30.14
97	F	543	KRETSCHMER Nicole	keine Angabe	10	W45	00:42:53.22	+ 24m01s	00:42:30.93
106	M	430	PANI Michael	Uplink-Pharma Running Team	5	M45	00:43:04.66	+ 24m13s	00:42:45.05
98	F	387	VOHL Cindy	Team Spreyer Werkzeug Technik	11	W45	00:43:14.13	+ 24m22s	00:42:50.99
107	M	386	BALDUS Florian	Team Spreyer Werkzeug Technik	10	M40	00:43:14.53	+ 24m22s	00:42:50.83
99	F	922	REIFENBERG Daphne	Team Gesundzeit - Kreiskrankenhai	7	W30	00:43:17.66	+ 24m26s	00:42:49.84
108	M	444	DIENST Alexander	Weiltalschule	6	M45	00:43:26.07	+ 24m34s	00:42:55.22
109	M	335	HAIDAR Miran	Team Gesundzeit - Kreiskrankenhai	24	HK	00:43:40.01	+ 24m48s	00:43:31.86
100	F	371	WILLE Helene	Team Gesundzeit - Kreiskrankenhai	4	U20	00:43:40.42	+ 24m48s	00:43:35.83
101	F	505	ENGELMANN Laura	keine Angabe	8	W30	00:43:58.47	+ 25m06s	00:43:32.56
110	M	179	MÖTZ Dieter	Griedelbacher Läufer	3	M80	00:44:09.50	+ 25m17s	00:43:58.77
111	M	312	PETZOLD Marco	Stiftung Wadentest	8	M55	00:44:12.05	+ 25m20s	00:43:42.19
102	F	310	KETTER Steffi	Stiftung Wadentest	11	W35	00:44:12.15	+ 25m20s	00:43:42.25
103	F	429	KRAM Alisa	Uplink-Pharma Running Team	33	HK	00:44:16.30	+ 25m24s	00:43:57.71
104	F	270	FISCHER Jane	Morder Milers	9	W30	00:44:34.88	+ 25m43s	00:43:59.09
105	F	322	BECKER Gerlinde	Team Gesundzeit - Kreiskrankenhai	5	W60	00:44:37.02	+ 25m45s	00:44:22.25
112	M	411	SCHÄFER Gerd	TUS 03 Weilmünster	3	M70	00:45:06.51	+ 26m14s	00:44:36.35
106	F	329	FRINK Annette	Team Gesundzeit - Kreiskrankenhai	6	W55	00:46:03.17	+ 27m11s	00:45:38.54
107	F	328	FAUPEL Cathleen	Team Gesundzeit - Kreiskrankenhai	10	W40	00:46:09.21	+ 27m17s	00:45:44.68
108	F	339	IDELBERGER Ramona	Team Gesundzeit - Kreiskrankenhai	5	W50	00:46:09.73	+ 27m18s	00:45:45.51
109	F	480	ALFA Mareike	keine Angabe	10	W30	00:46:19.23	+ 27m27s	00:45:52.93
110	F	564	NIEDERAU Julia	keine Angabe	11	W30	00:46:19.26	+ 27m27s	00:45:52.38
111	F	106	BLETZ Pia	#Banane	12	W45	00:46:24.05	+ 27m32s	00:46:00.19
112	F	362	SCHWARZER Annette	Team Gesundzeit - Kreiskrankenhai	7	W55	00:46:26.99	+ 27m35s	00:45:53.74
113	F	426	GAGNON Katja	Uplink-Pharma Running Team	11	W40	00:47:11.48	+ 28m19s	00:46:52.99
114	F	366	STAAS Bianca	Team Gesundzeit - Kreiskrankenhai	12	W30	00:47:32.45	+ 28m40s	00:47:05.54
115	F	593	SCHMIDT Lara	keine Angabe	34	HK	00:47:32.47	+ 28m40s	00:47:05.96
116	F	372	ZITTERBART Annabell	Team Gesundzeit - Kreiskrankenhai	12	W35	00:47:33.19	+ 28m41s	00:47:06.33
113	M	135	MÖLTNER Laurin	Die Turboschnecken	25	HK	00:47:35.27	+ 28m43s	00:47:04.74
117	F	358	SCHELLER Fiona	Team Gesundzeit - Kreiskrankenhai	35	HK	00:47:57.81	+ 29m06s	00:47:49.60
118	F	341	KANIG Annika	Team Gesundzeit - Kreiskrankenhai	5	U20	00:49:28.97	+ 30m37s	00:48:53.22
119	F	333	GIESE Tessa	Team Gesundzeit - Kreiskrankenhai	6	U20	00:49:29.00	+ 30m37s	00:49:23.76

Legend:
-n Lap Lapped with n laps remaining / **DNF** Did Not Finish / **DSQ** Disqualified / **DNS** Did Not Start

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SPORTS TIMING TECHNOLOGIES

Pl.	M/W	StNr.	Nachname - Vorname	Verein	Platz	AK	Zeit Brutto	Rückstand	Zeit Netto
120	F	342	KANIG Hanna	Team Gesundzeit - Kreiskrankenha	36	HK	00:49:29.61	+ 30m38s	00:49:24.33
114	M	552	LEONHARD Ronny	keine Angabe	8	M50	00:50:01.26	+ 31m09s	00:49:27.41
121	F	492	BUCHHOLZ Nicole	keine Angabe	12	W40	00:50:12.47	+ 31m20s	00:49:39.38
122	F	551	LEONHARD Claudia	keine Angabe	8	W55	00:50:12.76	+ 31m21s	00:49:40.20
115	M	344	KÖHL Michael	Team Gesundzeit - Kreiskrankenha	7	M60	00:51:28.09	+ 32m36s	00:50:52.08
116	M	361	SCHNEIDER Michael	Team Gesundzeit - Kreiskrankenha	6	M65	00:51:28.89	+ 32m37s	00:50:54.04
123	F	137	NIEBLER Denise	Die Turboschnecken	37	HK	00:52:32.20	+ 33m40s	00:52:01.82
124	F	600	SORG Martina	keine Angabe	2	W65	00:53:26.19	+ 34m34s	00:52:54.36
125	F	349	LEIMPEK Jana-Ina	Team Gesundzeit - Kreiskrankenha	2	U18	00:53:32.47	+ 34m40s	00:53:24.89
126	F	365	SKORUPA Kim Laura	Team Gesundzeit - Kreiskrankenha	7	U20	00:53:32.66	+ 34m41s	00:53:24.60
127	F	337	HOFMANN Tanja	Team Gesundzeit - Kreiskrankenha	8	U20	00:53:32.69	+ 34m41s	00:53:24.34
128	F	336	HEIL Joelle	Team Gesundzeit - Kreiskrankenha	38	HK	00:53:44.08	+ 34m52s	00:53:38.55
129	F	368	THOMAYER Jenny	Team Gesundzeit - Kreiskrankenha	9	U20	00:54:00.78	+ 35m09s	00:53:52.58
130	F	485	BLASCHKE Simone	keine Angabe	13	W45	00:54:52.06	+ 36m00s	00:54:17.26
131	F	446	DIENST Sandra	Weiltalschule	14	W45	00:54:52.12	+ 36m00s	00:54:17.35
132	F	182	REDLING Karin	Gymnastikverein Kraftsolms	1	W75	00:55:12.53	+ 36m20s	00:54:39.07

Legend:
-n Lap Lapped with n laps remaining / **DNF** Did Not Finish / **DSQ** Disqualified / **DNS** Did Not Start

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SPORTS TIMING TECHNOLOGIES

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