

| Platz | Nachname - Vorname | StNr. | Jg. | Platz AK | Zeit | Verein |
|-------|----------------------|-------|-----|----------|-------------|------------------------------|
| 1 | MATHEIS Josefa | 2211 | 66 | 1 W50F | 00:41:17.70 | TSG Eisenberg |
| 2 | GIESER Laura | 2285 | 94 | 1 HKWF | 00:42:36.33 | LG VfL SSG Bensheim |
| 3 | SEEMANN Andrea | 2749 | 76 | 1 W40F | 00:44:05.15 | TSV 05 Rot |
| 4 | DEIß Sonja | 2769 | 78 | 1 W30F | 00:45:41.25 | LC Bad Dürkheim |
| 5 | EISENBARTH Astrid | 2168 | 75 | 2 W40F | 00:45:50.06 | TSG Eisenberg |
| 6 | MERTENS Katharina | 2215 | 92 | 2 HKWF | 00:46:47.63 | VeniceBeach |
| 7 | DECHANT Danny | 2270 | 80 | 2 W30F | 00:48:27.19 | Team BODY-ATTACK |
| 8 | SCHOLL Anette-Judith | 2751 | 61 | 2 W50F | 00:48:41.89 | TSV 05 Rot |
| 9 | FÜBER Jasmin | 2280 | 82 | 3 W30F | 00:48:43.20 | keine Angabe |
| 10 | VICHEVA Petya | 2247 | 94 | 3 HKWF | 00:48:56.73 | LT Uni Mannheim |
| 11 | TIMM Maria | 2743 | 64 | 3 W50F | 00:49:43.78 | DJK Käfertal-Waldhof |
| 12 | GUNDLACH Nina | 2180 | 78 | 4 W30F | 00:50:34.04 | AC Weinheim |
| 13 | SHELLHAMMER Inga | 2230 | 92 | 4 HKWF | 00:50:34.06 | keine Angabe |
| 14 | TOKPETOVA Kopej | 2242 | 53 | 1 W60F | 00:51:14.38 | DJK Käfertal-Waldhof |
| 15 | GRABLER Petra | 2288 | 57 | 2 W60F | 00:51:14.44 | TV Rheinau 1893 |
| 16 | HEYMANN Katja | 2295 | 70 | 3 W40F | 00:51:14.48 | KSV 1884 Mannheim |
| 17 | HERSCHEL Rebecca | 2723 | 94 | 5 HKWF | 00:52:22.58 | keine Angabe |
| 18 | SCHULER Eva | 2232 | 62 | 4 W50F | 00:52:57.14 | LG MuLi |
| 19 | NESBIGALL Julia | 2218 | 93 | 6 HKWF | 00:53:06.83 | VeniceBeach |
| 20 | SPIELER Liina | 2344 | 80 | 5 W30F | 00:53:24.68 | keine Angabe |
| 21 | DIETER Lena | 2164 | 97 | 7 HKWF | 00:53:40.05 | TSV Amicitia Viernheim |
| 22 | FÜLLER Tanja | 2173 | 70 | 4 W40F | 00:53:43.82 | keine Angabe |
| 23 | JUNG Susanna | 2761 | 57 | 3 W60F | 00:53:55.20 | LG MuLi |
| 24 | BADINO Elisabeth | 2258 | 87 | 6 W30F | 00:54:21.50 | Die Golfplatzschnecken |
| 25 | DIEDERICH Inken | 2163 | 85 | 7 W30F | 00:55:36.16 | keine Angabe |
| 26 | MASSONNE Ann-Katrin | 2209 | 90 | 8 HKWF | 00:55:56.97 | keine Angabe |
| 27 | WEIHRICH Esther | 2249 | 70 | 5 W40F | 00:56:23.83 | TSV Amicitia Viernheim |
| 28 | SCHÄFER Petra | 2339 | 65 | 5 W50F | 00:56:27.30 | VfL Bensheim |
| 29 | LUTZ Salla | 2315 | 71 | 6 W40F | 00:56:51.09 | keine Angabe |
| 30 | ERBSLAND Marianne | 2276 | 56 | 4 W60F | 00:57:34.96 | LCDJK Mannheim |
| 31 | LAUB Marietta | 2755 | 57 | 5 W60F | 00:57:48.54 | SV Rohrbach |
| 32 | STEFFEN Sarah | 2347 | 93 | 9 HKWF | 01:01:21.62 | The Running Jacks |
| 33 | HOFMANN Larissa | 2192 | 03 | 1 U20F | 01:01:41.19 | Twins |
| 34 | BARKEMEYER Anna | 2760 | 97 | 10 HKWF | 01:04:41.67 | keine Angabe |
| 35 | GAUBLITZ Anne- Maria | 2754 | 65 | 6 W50F | 01:05:24.87 | keine Angabe |
| 36 | KOHR Manuela | 2310 | 60 | 7 W50F | 01:05:52.19 | Team BODY-ATTACK |
| 37 | FEHRENBACH Nicole | 2278 | 75 | 7 W40F | 01:05:53.41 | Team BODY-ATTACK |
| 38 | STUDER-WOLF Daniela | 2350 | 77 | 8 W40F | 01:06:42.69 | Viernheimer Laufftreff e. V. |
| 39 | RUMBO Pilar | 2228 | 77 | 9 W40F | 01:07:53.55 | keine Angabe |
| 40 | OLF Stephanie | 2221 | 84 | 8 W30F | 01:07:59.16 | Die Olfen |
| 41 | PETERS Ute | 2746 | 57 | 6 W60F | 01:08:46.94 | keine Angabe |
| 42 | DIETER Luise | 2165 | 99 | 2 U20F | 01:09:04.70 | TSV Amicitia Viernheim |
| 43 | KNECHT Monika | 2200 | 51 | 7 W60F | 01:10:19.81 | Fitplus |
| 44 | BECKER Jenny | 2262 | 82 | 9 W30F | 01:13:50.29 | Die Golfplatzschnecken |
| 45 | BISCHOFF Ruth | 2156 | 65 | 8 W50F | 01:13:51.07 | keine Angabe |
| DNF | BRIEGER Mareike | 2158 | 86 | DNF W30F | 00:00:00.00 | WieTu_C |

| Platz | Nachname - Vorname | StNr. | Jg. | Platz AK | Zeit | Verein |
|-------|--------------------|-------|-----|----------|-------------|--------------------------------------|
| 1 | ULMRICH Steffen | 2245 | 98 | 1 U20M | 00:33:12.09 | engelhorn sports team / MTG Mannheim |
| 2 | BINIOK Friedrich | 2155 | 95 | 1 HKMM | 00:35:17.35 | MTG Mannheim |
| 3 | GRASER Florian | 2178 | 86 | 1 M30M | 00:35:48.62 | DJK Käfertal-Waldhof |
| 4 | STUTH Mario | 2238 | 84 | 2 M30M | 00:36:34.81 | VeniceBeach |
| 5 | TOTARO Pasquale | 2243 | 79 | 3 M30M | 00:36:36.36 | never stop |
| 6 | HENNINGER Max | 2187 | 79 | 4 M30M | 00:37:58.96 | Laufteam TSG Weinheim |
| 7 | BROCKI Robert | 2267 | 80 | 5 M30M | 00:38:04.95 | TSG Maxdorf |
| 8 | KLEIS Thomas | 2309 | 84 | 6 M30M | 00:38:38.00 | VeniceBeach |
| 9 | GRÜNKORN Lars | 2179 | 88 | 2 HKMM | 00:38:48.24 | stimmel sports e. V. |
| 10 | HEINRICH Joachim | 2186 | 93 | 3 HKMM | 00:38:54.48 | VeniceBeach |
| 11 | SCHLICHTING Jörn | 2231 | 72 | 1 M40M | 00:39:13.88 | Ludwigshafen |
| 12 | SCHEFFZEK Philipp | 2766 | 81 | 7 M30M | 00:39:20.50 | TSG Heidelberg |
| 13 | HIPPLER Andreas | 2298 | 70 | 2 M40M | 00:39:33.89 | United Runners of Pfalz |
| 14 | JÄGER Hans | 2195 | 68 | 3 M40M | 00:40:03.88 | TSV 05 Rot |
| 15 | SCHÄFER Andreas | 2338 | 67 | 1 M50M | 00:41:24.42 | VfL Bensheim |
| 16 | RENZ Oswald | 2768 | 59 | 2 M50M | 00:41:32.05 | TSV 05 Rot |
| 17 | DI LELLA Alexander | 2763 | 68 | 4 M40M | 00:41:46.20 | AC Weinheim |
| 18 | HAY Johannes | 2757 | 65 | 3 M50M | 00:41:55.70 | Stuttgart |
| 19 | KOCH Patrick | 2201 | 89 | 4 HKMM | 00:42:15.53 | VeniceBeach |
| 20 | SENN Oliver | 2759 | 96 | 5 HKMM | 00:42:30.66 | MTG Mannheim Triathlon |
| 21 | MANTEUFFEL Andy | 2316 | 86 | 8 M30M | 00:42:32.29 | VfL Bensheim |
| 22 | ERLEWEIN Thomas | 2277 | 69 | 5 M40M | 00:42:35.61 | Die Golfplatzschnecken |
| 23 | MCDORMAN Gordon | 2213 | 66 | 4 M50M | 00:42:41.47 | Wiesloch |
| 24 | GUTPERLE Matthias | 2182 | 70 | 6 M40M | 00:42:42.33 | keine Angabe |
| 25 | MEURET Markus | 2748 | 74 | 7 M40M | 00:42:50.86 | keine Angabe |
| 26 | EFFLER Daniel | 2167 | 85 | 9 M30M | 00:43:12.74 | keine Angabe |
| 27 | CAMPBELL Stuart | 2161 | 68 | 8 M40M | 00:43:25.21 | TSV Amicitia Viernheim |
| 28 | PAULUS Dirk | 2753 | 74 | 9 M40M | 00:43:53.63 | LC Bad Dürkheim |
| 29 | KORFF Norman | 2756 | 95 | 6 HKMM | 00:44:03.10 | LLG Wonnegau |
| 30 | WALTER Roland | 2744 | 65 | 5 M50M | 00:44:07.31 | TSG Eisenberg |
| 31 | HEPPERT Kai | 2765 | 71 | 10 M40M | 00:44:09.36 | LT Hemsbach |
| 32 | MEHLMANN Berthold | 2214 | 54 | 1 M60M | 00:44:12.80 | stimmel sports e. V. |
| 33 | MÜLLER Heiko | 2767 | 69 | 11 M40M | 00:44:19.02 | keine Angabe |
| 34 | ANSARI Sulaiman | 2151 | 01 | 2 U20M | 00:44:42.86 | keine Angabe |
| 35 | MEIER Oliver | 2318 | 92 | 7 HKMM | 00:44:44.53 | Die Golfplatzschnecken |
| 36 | BAUER Timo | 2152 | 71 | 12 M40M | 00:44:57.17 | keine Angabe |
| 37 | SIX Bernhard | 2341 | 64 | 6 M50M | 00:44:59.15 | keine Angabe |
| 38 | NEUHÄUSER Andreas | 2219 | 68 | 13 M40M | 00:45:03.53 | Viernheimer Laufftreff e.V. |
| 39 | GORKA Martin | 2177 | 89 | 8 HKMM | 00:45:09.08 | VeniceBeach |
| 40 | HEGEDÜS Patrick | 2185 | 86 | 10 M30M | 00:45:13.94 | VeniceBeach |
| 41 | DÖRSAM Harry | 2166 | 95 | 9 HKMM | 00:45:15.95 | VeniceBeach |
| 42 | RITTER Marcel | 2764 | 82 | 11 M30M | 00:45:32.74 | keine Angabe |
| 43 | SVEDOV Andrej | 2239 | 91 | 10 HKMM | 00:45:48.79 | VeniceBeach |
| 44 | MATHEIS Ralf | 2212 | 65 | 7 M50M | 00:45:50.05 | TSG Eisenberg |
| 45 | HORN Klaus | 2193 | 51 | 2 M60M | 00:46:36.78 | Stimmel-Sports e.V. |
| 46 | BERNER Karsten | 2154 | 73 | 14 M40M | 00:46:38.17 | keine Angabe |
| 47 | BASTIAN Stefan | 2260 | 86 | 12 M30M | 00:46:46.42 | PSV Ludwigshafen |
| 48 | ZIRKLEWSKI Markus | 2758 | 86 | 13 M30M | 00:46:54.70 | Rostock |
| 49 | HAVERKAMP Mark | 2184 | 78 | 14 M30M | 00:47:09.09 | Nichtunterschätzer |

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|-------|-------------------------|-------|-----|----------|-------------|--------------------------------------|
| 50 | JUNGES Michael | 2306 | 72 | 15 M40M | 00:47:25.64 | Die Golfplatzschnecken |
| 51 | KÖHLER Lukas | 2203 | 90 | 11 HKMM | 00:47:36.02 | VeniceBeach |
| 52 | PEGG William | 2224 | 87 | 15 M30M | 00:47:54.25 | keine Angabe |
| 53 | GERHARD Marco | 2175 | 80 | 16 M30M | 00:48:05.08 | VeniceBeach |
| 54 | MERTENS Werner | 2319 | 65 | 8 M50M | 00:48:13.01 | Birkenau-Reisen |
| 55 | HERRMANN Christian | 2189 | 88 | 12 HKMM | 00:48:21.62 | keine Angabe |
| 56 | GRÖTZINGER Frank | 2290 | 60 | 9 M50M | 00:48:22.58 | KSV 1884 Mannheim |
| 57 | SCHARF Veit | 2334 | 84 | 17 M30M | 00:48:23.97 | keine Angabe |
| 58 | STUMPF Andreas | 2351 | 78 | 18 M30M | 00:48:24.40 | keine Angabe |
| 59 | HEILER Nico | 2752 | 90 | 13 HKMM | 00:48:34.48 | TSV 05 Rot |
| 60 | HOLLAND-LETZ Stefan | 2300 | 74 | 16 M40M | 00:48:37.07 | LT Uni Mannheim |
| 61 | FAST Andreas | 2170 | 79 | 19 M30M | 00:48:50.02 | keine Angabe |
| 62 | FECH Alexander | 2770 | 87 | 20 M30M | 00:49:07.21 | VeniceBeach |
| 63 | WOCHNIK Florian | 2252 | 66 | 10 M50M | 00:49:29.48 | keine Angabe |
| 64 | RIMPAU Christian | 2329 | 76 | 17 M40M | 00:49:54.25 | LT Uni Mannheim |
| 65 | BUGERT Stefan | 2159 | 65 | 11 M50M | 00:50:06.32 | keine Angabe |
| 66 | PETERS Jürgen | 2745 | 55 | 3 M60M | 00:50:11.11 | keine Angabe |
| 67 | MAYER Thorsten | 2317 | 71 | 18 M40M | 00:50:19.59 | NOSTA Group - Logistics to the Point |
| 68 | ALBRECHT Hans-Christian | 2254 | 54 | 4 M60M | 00:50:20.87 | LT Hemsbach |
| 69 | FALTERMANN Ralf | 2169 | 72 | 19 M40M | 00:50:37.56 | Six-Pack-Runners Viernheim |
| 70 | SEYRICH Lothar | 2237 | 70 | 20 M40M | 00:51:00.37 | TSV Amicitia Viernheim |
| 71 | HEIMLICH Kurt | 2294 | 57 | 5 M60M | 00:51:06.14 | Firma Niebel |
| 72 | KAHNERT Tim | 2717 | 98 | 3 U20M | 00:51:14.78 | TSV Amicitia Viernheim |
| 73 | OSTHOLTHOFF Tim | 2325 | 90 | 14 HKMM | 00:51:20.10 | The Running Jacks |
| 74 | MOSTOWYS Philipp | 2217 | 90 | 15 HKMM | 00:51:31.59 | keine Angabe |
| 75 | GRABLER Emanuel | 2287 | 88 | 16 HKMM | 00:51:36.69 | KSV 1884 Mannheim |
| 76 | JÄGER Hans Jörg | 2196 | 70 | 21 M40M | 00:51:47.92 | PC-Jäger |
| 77 | VAZZANINO Karl | 2246 | 63 | 12 M50M | 00:51:57.43 | DJK Käfertal-Waldhof |
| 78 | FREY Andreas | 2171 | 77 | 22 M40M | 00:51:59.01 | Riesling Runners Laumersheim |
| 79 | PETERS Tobias | 2225 | 75 | 23 M40M | 00:52:05.03 | Van der Couch |
| 80 | SÖNMEZ Tufan | 2241 | 64 | 13 M50M | 00:52:06.38 | Fit-Inn Mörtenbach |
| 81 | NEUMANN Sascha | 2713 | 80 | 21 M30M | 00:52:17.01 | keine Angabe |
| 82 | OKAFOR Ricardo | 2220 | 95 | 17 HKMM | 00:52:20.43 | Nosta Group - Logistics to the point |
| 83 | GÖC Serdar | 2183 | 77 | 24 M40M | 00:52:50.47 | TSV Amicitia Triathlon |
| 84 | SCHÖN Denis | 2234 | 90 | 18 HKMM | 00:53:00.07 | LT H |
| 85 | TRIER Klaus | 2244 | 66 | 14 M50M | 00:53:01.77 | VeniceBeach |
| 86 | KUNZELMANN Werner | 2312 | 44 | 1 M70M | 00:53:05.89 | SG Stern Mannheim |
| 87 | VONWALD Peter | 2248 | 54 | 6 M60M | 00:53:16.57 | keine Angabe |
| 88 | WAGNER Christian | 2742 | 77 | 25 M40M | 00:53:19.04 | keine Angabe |
| 89 | WEIS Clemens | 2251 | 67 | 15 M50M | 00:53:47.51 | Team RNV |
| 90 | WEIKERT Sebastian | 2250 | 84 | 22 M30M | 00:53:47.71 | Team RNV |
| 91 | PETERS Timon | 2326 | 82 | 23 M30M | 00:54:40.37 | Triathlon Oftersheim-Schwetzingen |
| 92 | GABRIEL Michael | 2174 | 65 | 16 M50M | 00:54:44.38 | LG MuLi |
| 93 | SCHÖN Heinz-Philipp | 2235 | 57 | 7 M60M | 00:55:00.08 | LT H |
| 94 | KRASKO Timo | 2202 | 86 | 24 M30M | 00:55:11.48 | keine Angabe |
| 95 | LUTZ Alex | 2206 | 03 | 4 U20M | 00:55:14.96 | TSV Handschuhsheim |
| 96 | MASSONNE Philipp | 2210 | 85 | 25 M30M | 00:55:21.68 | keine Angabe |
| 97 | WUNDERLE Michael | 2253 | 86 | 26 M30M | 00:56:17.08 | VeniceBeach |
| 98 | RÖMER Alexander | 2229 | 80 | 27 M30M | 00:56:48.87 | Oshiro Dojo Viernheim |

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|-------|---------------------|-------|-----|----------|-------------|--|
| 99 | METZGER Christian | 2216 | 81 | 28 M30M | 00:56:49.79 | Vogelpark Viernheim |
| 100 | FREY Stephan | 2172 | 79 | 29 M30M | 00:56:55.47 | VeniceBeach |
| 101 | SONNTAG Clemens | 2343 | 82 | 30 M30M | 00:57:07.03 | keine Angabe |
| 102 | MARTIN Matthias | 2208 | 74 | 26 M40M | 00:57:10.68 | keine Angabe |
| 103 | KEMPF Peter | 2198 | 57 | 8 M60M | 00:57:10.81 | keine Angabe |
| 104 | REITHER Michael | 2226 | 89 | 19 HKMM | 00:57:41.73 | 1.BC Viernheim Laufftreff Federleicht |
| 105 | PALLMANN Christian | 2222 | 78 | 31 M30M | 00:58:00.83 | 1. BC Viernheim Laufftreff Federleicht |
| 106 | ZAHN Christoph | 2364 | 82 | 32 M30M | 00:58:50.94 | Mc Donalds Viernheim |
| 107 | JÜLICH Holger | 2197 | 71 | 27 M40M | 00:59:05.53 | WieTu_C |
| 108 | GRÜNEWALD Gerhard | 2762 | 61 | 17 M50M | 00:59:54.34 | SG Güttersbach |
| 109 | GORKA Gregor | 2176 | 66 | 18 M50M | 00:59:59.64 | keine Angabe |
| 110 | HOFMANN Fabian | 2191 | 03 | 5 U20M | 01:00:02.85 | Twins |
| 111 | SCHWENZER Sven | 2233 | 93 | 20 HKMM | 01:00:59.75 | VeniceBeach |
| 112 | ILHAN Hasan | 2194 | 73 | 28 M40M | 01:02:03.52 | keine Angabe |
| 113 | LEHNERT Richard | 2722 | 68 | 29 M40M | 01:02:04.93 | keine Angabe |
| 114 | PATERNA Peter | 2223 | 72 | 30 M40M | 01:02:30.54 | Team RNV |
| 115 | GUNKEL Jürgen | 2181 | 57 | 9 M60M | 01:02:40.64 | Team Body Attack |
| 116 | HERBOLD Maurice | 2188 | 95 | 21 HKMM | 01:03:43.98 | Nosta Group - Logistics to the point |
| 117 | WESCH Albert | 2750 | 53 | 10 M60M | 01:04:20.08 | keine Angabe |
| 118 | EVGIN Samuel Artur | 2747 | 78 | 33 M30M | 01:04:44.15 | keine Angabe |
| 119 | LO MONACO Denis | 2205 | 64 | 19 M50M | 01:06:40.29 | keine Angabe |
| 120 | CHIARIELLO Vittorio | 2162 | 84 | 34 M30M | 01:08:25.83 | keine Angabe |
| 121 | LACKNER Johannes | 2204 | 88 | 22 HKMM | 01:10:13.64 | Die Olfen |
| 122 | KLATT Hartmut | 2307 | 63 | 20 M50M | 01:11:17.15 | Trail Runners |
| 123 | MINK Gerhard | 2321 | 53 | 11 M60M | 01:18:36.18 | LT-HP-Hambach |
| 124 | ZECH Heinz | 2365 | 34 | 2 M70M | 01:29:46.81 | LG MuLi |
| DNF | HICK Mathias | 2190 | 92 | DNF HKMM | 00:00:00.00 | Schlatter Rechtsanwälte |