Platz	M/W	Nachname - Vorname	StNr.	Jg.	Platz AK	All	Zeit	Rückstand	Verein	Run 1	(Pl.)	W1	(Pl.)	Bike	(Pl.)	W2	(Pl.)	Run 2	(Pl.)	Strafzeit
1	M	PYRLIK Claudius	148	73	1 AK50	1	02:32:41.68		Tri Team Gießen	00:17:19.90	1	00:01:54.26	1	01:32:21.02	1	00:02:02.15	4	00:39:04.35	1	
2	M	BRAUER Jan-Erik	136	93	1 AK30	2	02:38:48.92	+ 6m07s	keine Angabe	00:17:36.07	2	00:02:10.08	4	01:34:29.51	2	00:02:26.67	6	00:42:06.59	2	
3	M	MENZ Philipp	163	88	1 AK35	3	02:39:31.51	+ 6m50s	SG Salzböden - Lahn	00:18:30.51	3	00:01:57.28	2	01:34:31.56	4	00:01:52.45	1	00:42:39.71	3	
4	M	HAUENSTEIN Philipp	143	91	2 AK35	4	02:44:59.11	+ 12m17s	keine Angabe	00:20:58.72	8	00:02:41.31	18	01:34:41.66	5	00:02:21.08	5	00:44:16.34	5	
5	M	SCHARMANN Mike	139	76	2 AK50	5	02:45:49.81	+ 13m08s	SV 1974 Laubach	00:21:14.24	10	00:02:35.59	15	01:34:31.30	3	00:02:33.14	15	00:44:55.54	6	
6	M	RIEDEL Manuel	130	88	3 AK35	6	02:47:11.97	+ 14m30s	keine Angabe	00:20:32.14	6	00:02:45.66	21	01:35:24.64	7	00:03:15.22	29	00:45:14.31	7	
7	M	DWORSCHAK Lars	129	87	4 AK35	7	02:51:34.32	+ 18m53s	keine Angabe	00:20:19.19	4	00:03:01.17	29	01:39:19.27	13	00:03:05.47	28	00:45:49.22	8	
8	M	LEGNER Tom	123	98	1 AK25	8	02:53:12.87	+ 20m31s	LC Mengerskirchen	00:22:31.50	21	00:02:36.60	16	01:35:34.58	8	00:02:28.79	9	00:50:01.40	12	
9	M	SEDLACK Florian	115	96	2 AK30	9	03:00:11.41	+ 27m30s	Kurz ,Knallhart - Team LFS	00:22:41.43	25	00:02:40.70	17	01:35:19.77	6	00:02:55.52	24	00:56:33.99	26	
10	M	BASSELER Michael	158	76	3 AK50	10	03:01:48.64	+ 29m07s	Luftpumpe Ltd.	00:22:28.87	17	00:02:33.81	14	01:35:38.39	9	00:02:46.10	22	00:58:21.47	31	
11	M	HENZE Carsten	141	75	4 AK50	11	03:01:49.89	+ 29m08s	TV Trais-Horloff	00:21:32.91	12	00:02:20.14	8	01:45:39.82	19	00:02:27.05	7	00:49:49.97	11	
12	M	PREUSSLER Kevin	152	94	3 AK30	12	03:02:02.05	+ 29m20s	TSV Bleidenstadt	00:20:23.33	5	00:03:47.77	46	01:46:20.80	20	00:05:36.83	50	00:45:53.32	9	
1	F	ROTH Maya Helene	150	08	1 18-19	13	03:02:26.41		SC Herborn	00:22:33.72	24	00:03:01.81	32	01:42:01.73	14	00:02:40.62	19	00:52:08.53	16	
13	M	KOEHLER Tobias	164	82	1 AK40	14	03:03:41.06	+ 30m59s	keine Angabe	00:22:30.78	20	00:03:05.99	34	01:45:39.49	18	00:02:43.18	20	00:49:41.62	10	
14	M	GEIGER Leif	118	79	1 AK45	15	03:04:37.14	+ 31m55s	keine Angabe	00:22:30.16	19	00:02:58.87	27	01:44:22.02	16	00:03:46.09	38	00:51:00.00	14	
15	M	WENZEL Sven	132	90	5 AK35	16	03:05:47.63	+ 33m06s	keine Angabe	00:22:29.29	18	00:02:17.88	6	01:42:57.64	15	00:02:31.33	14	00:55:31.49	24	
16	M	LEGNER Tobias	122	96	4 AK30	17	03:06:16.61	+ 33m35s	LC Mengerskirchen	00:22:32.96	23	00:02:41.89	19	01:38:45.53	12	00:02:34.22	16	00:59:42.01	32	
17	M	HABIGHORST Max	106	91	6 AK35	18	03:07:53.29	+ 35m12s	DLRG Lich	00:24:55.03	35	00:02:49.53	23	01:37:11.56	11	00:03:00.64	26	00:59:56.53	33	
18	M	BOESSER Daniel	159	83	2 AK40	19	03:10:05.91	+ 37m24s	Buffeträuber	00:24:04.91	32	00:03:28.36	41	01:44:32.75	17	00:04:36.71	47	00:53:23.18	21	
19	M	FUNK Marc-Alexander	145	72	5 AK50	20	03:12:08.68	+ 39m27s	ASC Dillenburg	00:22:19.73	14	00:03:38.68	43	01:49:04.82	21	00:04:29.29	46	00:52:36.16	17	
20	M	NAWRATH Moritz	146	01	2 AK25	21	03:14:06.87	+ 41m25s	keine Angabe	00:22:20.19	15	00:03:01.66	31	01:53:58.37	29	00:03:30.75	32	00:51:15.90	15	
21	M	SCHMIDT Jochen	133	70	1 AK55	22	03:17:06.54	+ 44m25s	FFW Amönau	00:25:56.43	41	00:03:59.08	47	01:50:21.46	22	00:03:38.32	36	00:53:11.25	19	
22	M	ZIMMER Joschka	168	86	3 AK40	23	03:18:12.26	+ 45m31s	keine Angabe	00:23:54.37	28	00:02:54.58	26	01:52:00.05	26	00:02:30.73	13	00:56:52.53	27	
2	F	STRAUß Celia	131	06	1 AK20	24	03:18:13.57	+ 15m47s	keine Angabe	00:22:32.15	22	00:02:03.44	3	02:08:42.70	41	00:02:00.85	3	00:42:54.43	4	
3	F	HABIGHORST Franziska	105	93	1 AK30	25	03:20:16.01	+ 17m50s	DLRG Lich	00:23:57.89	29	00:02:41.99	20	01:51:08.90	24	00:04:15.59	45	00:58:11.64	30	
4	F	MÜNCH Ida	128	04	2 AK20	26	03:20:33.26	+ 18m07s	LAV Dietzhölztal	00:25:43.77	40	00:02:12.71	5	01:55:18.63	30	00:01:57.75	2	00:55:20.40	23	
23	M	TAG Fabian	103	87	7 AK35	27	03:22:15.20	+ 49m34s	keine Angabe	00:24:04.25	30	00:03:46.88	45	01:53:18.30	28	00:03:58.64	42	00:57:07.13	28	
24	M	PENTHER Johannes	121	97	3 AK25	28	03:22:21.39	+ 49m40s	Amselzüchter Rieneck	00:22:27.65	16	00:02:19.16	7	02:01:47.48	37	00:02:27.11	8	00:53:19.99	20	
25	M	KRAHN Karsten	101	81	2 AK45	29	03:22:44.34	+ 50m03s	TSV Södel	00:24:04.67	31	00:02:28.70	13	02:00:27.37	35	00:02:37.13	17	00:53:06.47	18	
26	M	HARTWICH Oliver	149	00	4 AK25	30	03:24:45.91	+ 52m04s	keine Angabe	00:22:47.25	26	00:03:19.50	39	01:58:53.66	34	00:02:37.40	18	00:57:08.10	29	
5	F	BENDER Nicola	134	85	1 AK40	31	03:28:15.27	+ 25m49s	Jacques die Krake	00:24:42.51	34	00:03:01.02	28	01:51:54.00	25	00:03:27.96	31	01:05:09.78	42	
27	M	METZLER Julian	142	89	8 AK35	32	03:29:58.33	+ 57m17s	Reno Runners	00:21:00.19	9	00:02:47.63	22	01:57:56.55	32	00:03:27.86	30	01:04:46.10	40	
6	F	GRÖNINGER Katja	109	65	1 AK60	33	03:33:04.95	+ 30m39s	TVRW Gießen	00:25:00.89	39	00:03:01.55	30	02:00:51.60	36	00:03:00.28	25	01:01:10.63	36	
28	M	SCHOMPERT Nils	102	83	4 AK40	34	03:33:33.40	+ 1h00m52s	Schwanenteich Parkrun	00:23:45.03	27	00:03:15.57	36	01:58:49.24	33	00:03:57.41	40	01:03:46.15	39	
29	M	ABELEDO Enrique Rodrigu	154	01	5 AK25	35	03:34:48.03	+ 1h02m06s	KSV Eichen	00:20:32.54	7	00:03:18.56	38	02:14:19.88	47	00:03:02.26	27	00:53:34.79	22	
7	F	HUBER Daphne	119	61	1 AK65	36	03:35:16.67	+ 32m50s	Eintracht Frankfurt Triathlor	00:29:30.31	47	00:03:12.80	35	02:03:39.49	38	00:02:30.52	12	00:56:23.55	25	
30	M	KOPF Jakob	162	08	1 18-19	37	03:36:58.42	+ 1h04m17s	Skiteam Bellersheim	00:24:56.84	37	00:02:26.29	11	02:16:24.67	49	00:02:29.33	10	00:50:41.29	13	
31	M	WENZEL Lenny Paul	112	05	1 AK20	38	03:38:16.64	+ 1h05m35s	keine Angabe	00:27:35.71	44	00:04:16.02	49	01:50:32.16	23	00:05:05.20	49	01:10:47.55	45	
32	M	STÜKER Andreas	157	86	5 AK40	39	03:39:00.03	+ 1h06m18s	Sportfreunde Rodgau 1911	00:21:23.96	11	00:02:25.43	10	02:11:11.32	44	00:03:37.15	34	01:00:22.17	34	
33	M	MÖLLER Johannes	138	94	5 AK30	40	03:39:55.97	+ 1h07m14s	WSESG	00:21:55.09	13	00:02:27.74	12	02:10:12.92	42	00:02:49.66	23	01:02:30.56	38	
34	M	VOGL Christian	116	85	6 AK40	41	03:41:19.54	+ 1h08m38s	Licher Väter	00:24:55.81	36	00:03:33.01	42	01:57:41.24	31	00:03:37.96	35	01:11:31.52	47	
35	M	PREUSSLER Philipp	153	99	6 AK25	42	03:48:42.10	+ 1h16m00s	Preussler Racing Team	00:24:35.85	33	00:04:33.44	51	02:13:59.25	46	00:04:52.12	48	01:00:41.44	35	
36	M	MESSERSCHMIDT Tobias	108	83	7 AK40	43	03:49:21.46	+ 1h16m40s	keine Angabe	00:25:59.92	42	00:03:23.72	40	02:10:47.04	43	00:03:57.52	41	01:05:13.26	43	
8	F	HARTMETZ Pia-Sophie	167	91	1 AK35	44	03:51:14.28	+ 48m48s	keine Angabe	00:29:31.07	48	00:04:43.03	52	02:07:56.56	39	00:04:08.57	43	01:04:55.05	41	
37	M	GRISSE David	160	08	2 18-19	45	03:53:08.31	+ 1h20m27s	Skiteam Bellersheim	00:24:57.08	38	00:02:24.83	9	02:17:46.69	51	00:02:44.70	21	01:05:15.01	44	
9	F	GERRIT - LAUBER Johanr	137	71	1 AK55	46	03:53:54.59	+ 51m28s	keine Angabe	00:27:29.00	43	00:03:43.53	44	02:17:41.25	50	00:03:38.42	37	01:01:22.39	37	
10	F	FRECH Leonie	124	07	2 18-19	47	03:58:05.71	+ 55m39s	keine Angabe	00:27:48.09	46	00:03:01.86	33	02:08:22.40	40	00:03:31.05	33	01:15:22.31	50	
38	M	KEIL Karsten	156	71	2 AK55	48	04:08:59.68	+ 1h36m18s	TV Idstein	00:30:34.26	50	00:04:16.54	50	02:15:08.13	48	00:04:15.21	44	01:14:45.54	49	
11	F	HILDEBRAND Julia	113	95	2 AK30	49	04:10:15.15	+ 1h07m49s	keine Angabe	00:32:46.71	52	00:03:16.80	37	02:13:21.83	45	00:03:50.30	39	01:16:59.51	51	

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Platz	M/W	Nachname - Vorname	StNr.	Jg.	Platz AK	All	Zeit	Rückstand	Verein	Run 1	(Pl.)	W1	(Pl.)	Bike	(Pl.)	W2	(Pl.)	Run 2	(Pl.)	Strafzeit
39	M	WOSNITZA Till	135	87	9 AK35	50	04:12:04.20	+ 1h39m23s	keine Angabe	00:27:37.24	45	00:02:53.26	24	02:25:48.43	52	00:02:29.88	11	01:13:15.39	48	
40	M	HENZE Thorsten	107	75	6 AK50	51	04:16:16.42	+ 1h43m35s	TV Trais-Horloff	00:29:31.88	49	00:04:08.42	48	01:52:21.34	27	00:38:43.46	52	01:11:31.32	46	
41	M	STEIDL Andreas	155	69	3 AK55	52	04:20:31.21	+ 1h47m50s	Turbo schnelle Schnecke	00:32:19.38	51	00:02:53.43	25	01:36:09.85	10	00:32:43.95	51	01:36:24.60	52	
DNF	M	PERNAK Jens	125	73	DNF AK50	DNF	00:00:00.00		SSV C Lardenbach Klein-E	00:29:57.21	0	00:03:38.83	0	01:56:26.59	0	00:03:44.12	0		-	
DNF	M	KOPF Johann	161	07	DNF 18-19	DNF	00:00:00.00		Skiteam Bellersheim	00:24:56.22	0	00:02:20.94	0	02:20:06.69	0		-		-	
DNF	M	HASSENZAHL Luca	127	02	DNF AK20	DNF	00:00:00.00		KSV Eichen	00:25:45.12	0	00:04:16.38	0		-		-		-	

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