

| Platz | Nachname - Vorname | Nation | StNr. | Jg. | Pass. | Distanz | AK | Zeit | Verein |
|-------|---------------------|--------|-------|-----|-------|---------|-----|-------------|---------------------------------------|
| 1 | GERSTEMEIER Stefan | | 258 | 65 | 9 | 20.7 km | HKM | 00:48:28.67 | keine Angabe |
| 2 | SCHILLINGER Ralf | | 139 | 80 | 8 | 18.4 km | HKM | 00:48:50.16 | Lebenshilfe e.V. |
| 3 | BUS Frank | | 265 | 90 | 8 | 18.4 km | HKM | 00:49:22.83 | keine Angabe |
| 4 | TURKYILMAZ Volkan | | 131 | 80 | 8 | 18.4 km | HKM | 00:55:22.79 | keine Angabe |
| 5 | MÜLLER Michael | | 264 | 89 | 7 | 16.1 km | HKM | 00:50:06.57 | keine Angabe |
| 6 | GIEBLER Christopher | | 263 | 89 | 7 | 16.1 km | HKM | 00:50:30.93 | Lebenshilfe Langenfeld |
| 7 | KRÜGER Norbert | | 290 | 48 | 6 | 13.8 km | HKM | 00:53:43.97 | Haus Rheinblick |
| 8 | ZIMMERMANN Peter | | 257 | 64 | 6 | 13.8 km | HKM | 00:54:55.57 | keine Angabe |
| 9 | EIGENBRODT Tim | | 262 | 88 | 6 | 13.8 km | HKM | 00:55:15.88 | keine Angabe |
| 10 | MEYER Laurence | | 261 | 84 | 5 | 11.5 km | HKM | 00:49:29.44 | Lebenshilfe Langenfeld |
| 11 | ERBE Werner | | 255 | 63 | 5 | 11.5 km | HKM | 00:49:50.91 | keine Angabe |
| 12 | FELD Guido | | 252 | 52 | 4 | 9.2 km | HKM | 00:48:11.09 | AWO-Niederrhein gGmbH Seniorenzentrum |
| 13 | HERTING Volker | | 259 | 68 | 4 | 9.2 km | HKM | 00:50:25.00 | keine Angabe |
| 14 | WERMBTER Anja | | 260 | 72 | 4 | 9.2 km | HKF | 00:51:06.90 | Lebenshilfe Langenfeld |
| 15 | GEIS Nikola | | 291 | 65 | 3 | 6.9 km | HKF | 00:52:50.94 | keine Angabe |
| 16 | JÄCKEL Hans | | 253 | 53 | 2 | 4.6 km | HKM | 00:39:55.41 | HPZ |
| 17 | BARTEN Martina | | 254 | 61 | 2 | 4.6 km | HKF | 00:39:58.98 | HPZ |
| 18 | BARRIENTOS Jose | | 251 | 52 | 1 | 2.3 km | HKM | 00:20:06.63 | HPZ |