

| Platz | M/W | Staffel | StNr. | Zeit | Schwimmer | Radfahrer | Läufer | Swim | (Pl.) | W1 | (Pl.) | Bike | (Pl.) | W2 | (Pl.) | Run | (Pl.) | Strafzeit |
|-------|-----|-----------------------------|-------|-------------|-------------------|-----------------|-----------------|-------------|-------|-------------|-------|-------------|-------|-------------|-------|-------------|-------|-----------|
| 1 | M | LICHER TRIATHLON VEREIN | 210 | 02:34:31.42 | Marco Koch | Sven Warremann | Robert Limberg | 00:12:58.88 | 1 | 00:01:25.91 | 1 | 01:41:40.69 | 4 | 00:01:25.87 | 1 | 00:37:00.07 | 1 | |
| 1 | X | ULRIG / MÖSCHEID / SCHULTE | 206 | 02:38:45.73 | Lilien Ulrig | Max Möscheid | Lennard Schulte | 00:23:30.44 | 5 | 00:01:38.22 | 7 | 01:28:34.69 | 1 | 00:01:32.33 | 3 | 00:43:30.05 | 4 | |
| 2 | X | SCHMIDT / MATTAY / HENRICH | 208 | 02:40:59.74 | Gundula Schmidt | Dinah Mattay | Björn Henrich | 00:20:07.17 | 2 | 00:01:50.46 | 10 | 01:37:28.75 | 2 | 00:01:55.41 | 7 | 00:39:37.95 | 2 | |
| 2 | M | TAG / ROCH / HIRMER | 205 | 02:52:47.56 | Fabian Tag | Sebastian Roch | Marco Hirmer | 00:24:18.17 | 6 | 00:01:38.88 | 9 | 01:40:38.14 | 3 | 00:01:35.39 | 4 | 00:44:36.98 | 6 | |
| 3 | X | MEINKE / NIEBERGALL / KRESS | 211 | 02:53:48.79 | Julia Meinke | Udo Niebergall | Johannes Kress | 00:22:10.71 | 4 | 00:01:30.70 | 4 | 01:47:17.81 | 6 | 00:01:39.12 | 6 | 00:41:10.45 | 3 | |
| 1 | F | LAUNHARDT / LINK / SCHMIDT | 207 | 03:09:55.82 | Kristin Launhardt | Susanne Link | Gaby Schmidt | 00:28:34.52 | 10 | 00:01:38.40 | 8 | 01:46:56.45 | 5 | 00:02:17.85 | 10 | 00:50:28.60 | 9 | |
| 4 | X | KRITZER / SCHARMANN / HÄNEL | 209 | 03:11:08.39 | Tom Kritzer | Lara Scharmann | Johann Hänel | 00:28:57.39 | 11 | 00:01:30.42 | 3 | 01:52:06.72 | 7 | 00:01:38.84 | 5 | 00:46:55.02 | 8 | |
| 5 | X | GOTH / SABALA / GOTH | 202 | 03:15:31.23 | Matthias Goth | Jaycie Sabala | Lennard Goth | 00:25:22.12 | 8 | 00:01:30.74 | 5 | 02:02:32.40 | 9 | 00:01:57.42 | 8 | 00:44:08.55 | 5 | |
| 6 | X | THOMAS / THOMAS / THOMAS | 204 | 03:19:20.21 | Roman Thomas | Levin Thomas | Elena Thomas | 00:24:19.34 | 7 | 00:01:27.00 | 2 | 02:06:26.71 | 10 | 00:01:27.44 | 2 | 00:45:39.72 | 7 | |
| 7 | X | GOTH / GOTH / SABALA | 201 | 03:19:32.64 | Katharina Goth | Lasse Goth | Josuha Sabala | 00:21:27.38 | 3 | 00:01:36.47 | 6 | 02:02:29.36 | 8 | 00:02:10.13 | 9 | 00:51:49.30 | 10 | |
| 2 | F | MÜCK / HEGER / BECKER | 200 | 03:32:15.67 | Emely Mück | Ida-Marie Heger | Laura Becker | 00:25:42.35 | 9 | 00:01:56.76 | 11 | 02:06:49.08 | 11 | 00:02:28.18 | 11 | 00:55:19.30 | 11 | |

